VERMONT
Consultation & Psychiatry Access PROGRAM

Supporting Pediatric and Perinatal Providers

QUICK. SUPPORTIVE. FREE.

PERINATAL CONSULTATION

VTCPAP provides *free, real-time, peer-to-peer psychiatric consultation, resource and referral support, and education* for pediatric and **perinatal providers** across Vermont.

Our goal is to help providers feel supported and confident in caring for children, adolescents, and **perinatal patients** experiencing mental health concerns.

We are here to support you with:

- Clinical guidance on screening and assessment, diagnosis, treatment planning, and medication management
- Resource navigation and referrals, including **perinatal-focused community and mental health services**



Providers may consult directly with **Sarah Guth, MD**, VTCPAP's **Perinatal Psychiatrist**, for clinical questions related specifically to **perinatal mental health care**.

Our licensed clinical social work team can also assist in identifying therapists and supports for **perinatal patients**, helping ensure timely access to appropriate care and resources.

Who is eligible? Pediatric and **perinatal providers**, including those caring for pregnant, postpartum, and chest/breastfeeding individuals, as well as those providing preconception support. VTCPAP welcomes pediatric provider consultation and resource requests related to perinatal concerns (e.g., a pregnant youth or the parent of an infant patient).

PLEASE NOTE: VTCPAP provides peer-to-peer consultation only and does not work directly with patients or families.

WE'RE HERE TO HELP.

(802) 488-5342

You don't have to navigate perinatal mental health concerns alone.

SCAN TO REGISTER TODAY!

LEARN MORE AT WWW.VTCPAP.COM