



# FAITH & FAMILY CONNECTION



January 17th, 2023

V I R T U E   O F   T H E   W E E K

## PRAYERFULNESS

Disciples of Christ curriculum defines Prayerfulness as being still, listening, and being willing to talk to God as a friend. This virtue seems an easy one to 'check the box' but in reality prayerfulness is much more than just reciting prayers that have become so familiar to us. Being prayerful is about having a relationship with Christ Jesus so that you can not only cry out to him in times of joy and sorrow, but it also means taking time to listen to what God is saying to you. Imagine going to the doctor and telling him your ailments and then leaving before he can respond! Take time to be still and listen to the Holy Spirit. Prayerfulness should be intentional. The Bible is chalk-full of hundreds of examples of regular people like you and me calling out to God. Pick one or two stories you know, re-read them, and look for how they were prayerful in their lives. How can you live by their example?

### Ideas for Families:

- **Read & Discuss together:**  
**Matthew 6:5-8**
- **Pray:** Help us to cast all our cares to you and lay it all at your feet. Give us the desire to build a relationship with you that transcends our everyday life and actions.

"Jesus went up on a mountainside  
by himself to pray."

Matthew 14:23