

YOU ARE INVITED TO A

TECHNIQUE GYMNASTICS BIRTHDAY PARTY



TO: _____

FOR: _____

DATE: _____ TIME: _____

LOCATION: TECHNIQUE GYMNASTICS

11345 FOLSOM BLVD, RANCHO CORDOVA 95742

RSVP: _____

SEE REVERSE SIDE FOR MORE DETAILS

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GOOD TO KNOW...

- At Technique Gymnastics, a signed waiver is required for each child. Please complete the waiver as soon as possible, but at least 48 hrs prior to the event using the QR code or <https://www.techniquegym.com/party-waiver>



- ONLY the parents of the birthday child may go on the gymnastics floor to take pictures, and they need to sign a waiver prior. All other parents should stay in our lobby viewing area. (Exception: children under 3 yrs must have a parent supervising and assisting them on the gym floor.) No parents or adults may be on the equipment at any time.



- Participants should wear comfortable clothing. (Please no dresses, belts/strings, tights, zippers, or dangly jewelry. Children will be barefoot on the gymnastics floor.)



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