2026 MEET SCHEDULE

All athletes must check in with clerk and be escorted to their event.

MS=Middle School - OM=Open/Master 19yrs-90yrs - HS=High School
Flights/Heats assigned randomly by division

Live results by ***Mentzer Timing***

A rolling, comfortable schedule will follow

Friday, December 11, 2026

- **3:00p - 7:30p No Spike Practice Warm-ups. A coach must be present during practice time**
- **530p – 8:00p Introduction to Track & Field Officiating Clinic "FREE"**
  - **Become a Track & Field Official**
  - ***Register Today: email: nntoaeamil@gmail.com***

NO OUTSIDE FOOD, DRINKS, or COOLERS ALLOWED RSCVA BUILDING RULE!

Saturday, December 12, 2026

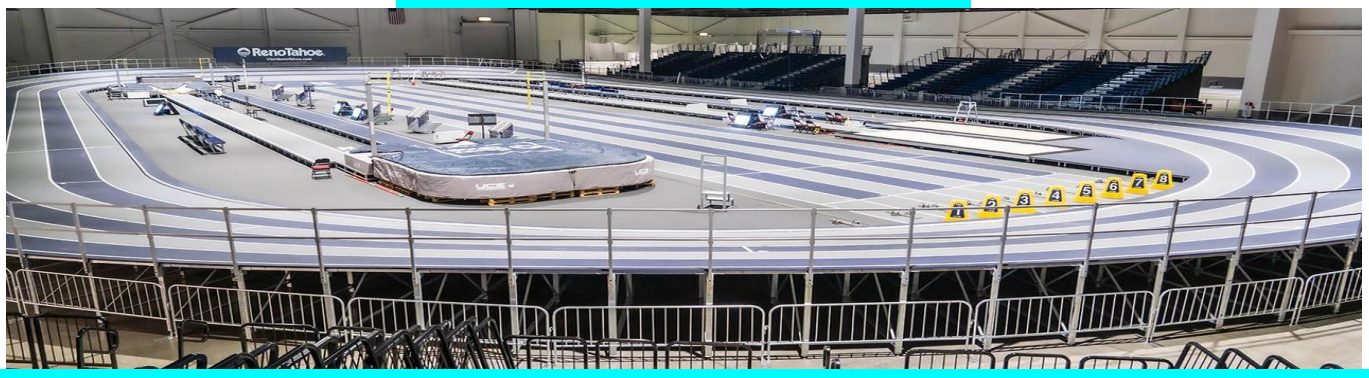
Packet Pickup:

- Open at 8:00 a.m. RenoTahoe Indoor Track (Hall #4)
- Club teams will receive 2 coach wristbands
- $10.00 Spectator Entry Fee
- $10.00 Parking Fee

Check-In

- Field Event Check-in opens at 9:00am
- Track Event Check-in opens at 10:00a
- Announcement will be made for
  - First Call
  - Second Call
  - Third/Final Call
- ***All athletes must check in with clerk and be escorted to event.***
- **Shoe spike check for 1/4 inch pyramid spikes only for all events**
- All athletes will be escorted to their event by an official.

RenoTahoe Indoor Track



Mondo Track Surface 1/4 inch pyramid spikes only all events

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Field Events begin at 10:00a

Field Event athletes must check in with the clerk and will be escorted to their event
Electronic Measurement equipment will be used in field events
Metric Distance will be recorded

SHOT PUT **4 attempts by flights
(15-min warm-up flight specific)

1. MS Girls = 4kg
2. MS Boys = 4kg
3. OM Women then = 4kg
4. HS Girls = 4kg
5. OM Men =16lb/7.26kg,
6. HS Boy =12lb

LONG JUMP **4 attempts by flights
(15-min warm-up flight specific)

Tahoe Pit (Silver)

- HS Girls
- OM Women
- MS Girls

Reno Pit (Blue)

- HS Boys
- OM Men
- MS Boys

POLE VAULT (30-min warm-up)

- 10:00a Men > All Divisions
- followed by
- Women > All Divisions
- Coaching Box Provided

HIGH JUMP (15-min warm-up flight specific)
Start after the 60-meter dash approximately 1:00

- Women > All Divisions
- followed by Men > All Divisions
- Coaching Box Provided

TRIPLE JUMP **4 attempts by flights
Start after the 4 X 200 relays approximately 1:00
(15-min warm-up flight specific)

Tahoe Pit (Silver)

- HS Boys
- OM Men
- MS Boys

Reno Pit (Blue)

- HS Girls
- OM Women
- MS Girls

Field athletes must check in with the clerk and will be escorted to their event.

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Track Events begin at 11:00a

1/4 inch pyramid spikes only for all events at RenoTahoe Indoor
Track Event athletes must check in with the clerk and will be escorted to their event

Heats are assigned randomly by division:
Middle School - Open/Master 19yrs-90yrs plus, - High School
(Women then Men)

Track athletes must check in with the clerk and will be escorted to their start

- 3000 meters **(Donnie Nelson's Race)**
  - (All Divisions Combined) **Start time: 10:00a**
  - ***Race with our RTI facility director Donnie Nelson;, help him achieve a PR!***
- 60m Hurdles (30",33",36",39",42") **Start time: 11:00a**
- 60 meters
- 1600 meters **(Tahoe Legends Mile)**
- 400 meters
- **4 x 200 meters Relay (Exhibition) FREE!**
  - All athletes with bibs may participate (mixed genders & multi-generational ok)
  - Sign-up at the Clerks table before race.
- 800 meters
- 200 meter

Thank you for choosing the RTA Winterfest to Begin your season.
We hope you enjoyed your experience at the RenoTahoe Indoor Track.

Mondo Track Surface 1/4 inch pyramid spikes only all events RenoTahoe Indoor Track

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RSCVA BUILDING RULE