



*Confirmation
Booklet
For both
C1 and C2
Candidates*

What is the Sacrament of Confirmation?

Confirmation imparts the gifts of the Holy Spirit. The person who receives this sacrament has already received the Holy Spirit in the sacrament of baptism, and the Holy Spirit abides with that person from that time forward. The Holy Spirit comes when a person prays or reads scripture, or when a person asks the Holy Spirit for guidance, inspiration or courage. Confirmation is not the new arrival of the Holy Spirit, but rather an intensification of the presence of the Holy Spirit in that individual's life.

The Holy Spirit enlightens the mind and impassions the heart. It gives increased knowledge and understanding of Jesus, his Gospels and the mysteries of the faith. It also moves a person to love Jesus more dearly and strengthens the desire to please and obey him.

The gifts of the Holy Spirit in confirmation completes the sacraments of initiation and equips a person to live one's faith as an adult. A Christian teen has the support of parents and family, but when it is time to live independently at college or beyond, the Holy Spirit gives the interior strength to make good decisions and live a virtuous life.

The gifts of the Holy Spirit at Confirmation draws a person into a stronger bond with the body of Christ, the church. It encourages a person to receive the sacraments and pray with the community regularly; to make friends at church who are fellow pilgrims on a journey of faith. To share their belief and through prayer and action make those beliefs visible in the world.

St. Francis of Assisi (1186-1226) is attributed with this quote:

"Preach the Gospel; use words if necessary." This is meant to suppose the biblical ideal that Christians should not merely announce the Gospel but live the ethnics of the gospels out in their lives.

The History of the Sacrament of Confirmation

Confirmation, together with Baptism and Eucharist, form the Sacraments of Initiation that are all intimately connected. In the Sacrament of Confirmation, the baptized person is "sealed with the gift of the Holy Spirit" and is strengthened for service to the Body of Christ. The prophets of the Old Testament foretold that God's Spirit would rest upon the Messiah to sustain his mission. Their prophecy was fulfilled when Jesus the Messiah was conceived by the Spirit and born of the Virgin Mary. The Holy Spirit descended on Jesus on the occasion of his baptism by John. Jesus' entire mission occurred in communion with the Spirit. Before he died, Jesus promised that the Spirit would be given to the Apostles and to the entire Church. After his death, he was raised by the Father in the power of the Spirit.

Those who believed in the Apostles' preaching were baptized and received the Holy Spirit through the laying on of hands. The Apostles baptized believers in water and the Spirit. Then they imparted the special gift of the Spirit through the laying on of hands. "The imposition of hands is rightly recognized by the Catholic tradition as the origin of the sacrament of Confirmation, which in a certain way perpetuates the grace of Pentecost in the Church" (CCC, no. 1288, citing Pope Paul VI, *Divinae Consortium Naturae*, no. 659). By the second century, Confirmation was also conferred by anointing with holy oil, which came to be called sacred Chrism. "This anointing highlights the name 'Christian,' which means 'anointed' and derives from that of Christ himself whom God 'anointed with the Holy Spirit'" (CCC, no. 1289, citing Acts 10:38).

The gifts and fruits of the Holy Spirit

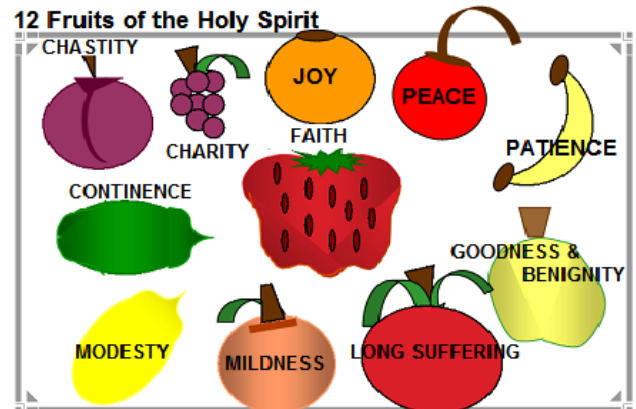
The Holy Spirit is associated with a number of sets of gifts and fruits. The sacrament of confirmation “increases the gifts of the Holy Spirit within us” (Catechism of the Catholic Church, No. 1303). When a confirmed person cooperates with the graces that the Holy Spirit provides, the person makes spiritual headway with regard to each of these qualities or traits, and is progressively more willing to listen to and obey the promptings of the Spirit.

The gifts of the Holy Spirit. There are seven gifts of the Spirit, six with a biblical basis, one without: “wisdom, understanding, counsel, strength, knowledge and fear of the Lord” (Isaiah 11:2); as well as piety, which was added to bring the list to seven.

The Bible’s fruits of the Holy Spirit. There are nine biblically-based fruits of the Holy Spirit as given by St. Paul in his letter to the Galatians: “love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self-control” (Galatians 5:22-23).

The traditional fruits of the Holy Spirit. There are 12 traditional fruits of the Holy Spirit, some which overlap the biblical list: charity, joy, peace, patience, kindness, goodness, long-suffering, humility or gentleness, fidelity or faithfulness, modesty, countenance or self-control and chastity.

Gifts to be used to bear fruit. All who are confirmed are equipped with the gifts of the Holy Spirit to live a virtuous and holy life, and sent forth to bear much fruit, something that is possible only when one stays firmly attached to Jesus, the vine (see John 15:1-8). The graces of the Spirit strengthen confirmed Christians to carry out their vocations for the good of others and the benefit of the Church and the world.



Role of the Candidate in the journey of Confirmation

First and foremost this is your journey and your decision to become an adult in the faith. That decision comes along with these expectations:

1. **Attendance at weekly Mass plus interacting with helping with the liturgy-See the Director if you have questions.**
2. Three service opportunities/exploration within the parish during both Confirmation 1 and Confirmation 2 years.
3. Mass notes are to be taken and reflected on and turned in once a quarter - dates will be assigned.
4. Attendance at the Confirmation retreat-On Wednesday, January 14th from 6:00-8:00 pm, for Confirmation 1. Dinner will be served and Fr. Brian will be hearing confessions during the retreat. The Confirmation 2 Retreat will be on Wednesday, March 25th from 4:00 pm to 8:00 pm. Net Ministries will be overseeing the retreat. Fr. Brian will be hearing confessions during the retreat. We will be serving dinner. **Please reserve the date of your retreat in your calendar NOW.**
5. Decide on a Confirmation name -either your chosen name or that of a saint or a person you admire.
6. Confirmation 1 candidates do a report giving information about a saint you attracted to or you are curious about. Instructions are given in the information packet. The Saint Name Report needs to be 3 pages long-double spaced and will be expected to be presented in your Confirmation 1 classroom at the end of the Faith Formation year on Wednesday, Apr. 8th.
7. Regular attendance at the Confirmation session times-All candidates will have one excused absence for illness or other schedule conflicts. Missed sessions will be made up with the Director of Faith Formation/ catechist.

8. Receive the Sacrament of Reconciliation during both preparation years.
9. Confirmation interview with the pastor scheduled before you are confirmed in the second year. We are scheduled for Confirmation to take place at the Cathedral on Monday, April 13th at 7:00 pm.
10. Pick a Date and Mass time to be the Hospitality Captain. We are requiring that this take place once in the Oct.-Nov. Dec.-time frame and once in the Jan.-Feb.-Mar. time frame. This is required for both years of Confirmation. The Sign Up Genius Link to pick your times is:

<https://www.signupgenius.com/go/10C0A4DABAC29A5FA7-59099589-confirmation>

Role of Parents, Sponsors and the Community (includes Catechists)

Parents/Guardians: are expected to help their teen focus on what is expected as a candidate, attend all parent meetings or make arrangements with the Director. Parents should support and pray for their child. Parents are expected to support their teen in regular Mass attendance. While parents should encourage their child to want to be a full member of the church, the teen should be allowed to make the final decision themselves about whether or not they are currently ready to fully commit to adult membership and participation to the church. During the two years of preparation, parents can help their teens make service choices that fit with their gifts and talents.

Sponsors: A sponsor will need to be selected at the beginning of the C1 year. Sponsors will help the candidates prepare for the Sacrament of Confirmation through discussion and their willingness to act as a role model.

Who can be a sponsor? Given the nature of the sacrament of Confirmation as a Sacrament of Initiation, and its close relationship with Baptism, sponsors will need to stay in close contact with the candidates as they move through the remainder of the preparation. **At the completion of the process the sponsor will be required to present the candidate to the Catholic Church community as fully prepared to enter into the community as an adult member. This can only be done through regular contact and dialogue.**

- Given the guidelines of Canon Law a sponsor cannot be a parent of the candidate.
- The sponsor must be an active practicing Catholic 16 years or older, and received the Sacraments of Baptism, Eucharist, and Confirmation.
- The sponsor must be an excellent model of adult Catholic living in the world.

Role of the Community

"The Confirmation candidates need the community's prayers, witness, and support throughout the preparation process. In offering catechesis to the parents and sponsors, the Church shows its love for and eagerness to support them as well as their teens." -National Catechetical Directory #117

SPONSOR INFORMATION FORM

Please print

CANDIDATE'S FULL NAME _____

ADDRESS _____

PHONE _____

E-MAIL _____

SPONSOR'S NAME _____

ADDRESS _____

CITY & STATE _____

PHONE _____

E-MAIL _____

PARISH _____

ANY QUESTIONS PLEASE CONTACT:

Teresa Neuman-Director of Faith Formation

tneuman@churchofstpatrik.com 651-621-1565

PLEASE PLACE THIS COMPLETED FORM IN YOUR FOLDER OUTSIDE OF ROOM 46 IN EMERALD HALL. FORMS SHOULD BE TURNED IN NO LATER THAN DEC. 1ST

Curriculum: Fireside Catholic Youth Bibles

Confirmation 1 topics and dates:

Oct. 8th-Anger

Oct. 22nd-the Protection of Youth lessons in Confirmation Classrooms by the catechist

Oct. 29th-All Candidates will help with the All Saints Day Retreat

Nov. 5th- Courage

Nov. 19th--Service

Dec. 3rd- Faith

Dec. 10th- Culture

Jan. 7th-Choices

Wednesday, JAN. 14TH 6:00-8:00 pm-Confirmation one retreat at church- parents and sponsors are welcome to attend. Confessions will be heard by Fr. Brian during the retreat. We will be serving dinner.

Jan. 21st -Love

Feb. 4th-Money

Feb. 18th-Ash Wednesday Mass at 7:00 p.m.-Reserved seating in the church for all of Faith Formation. Candidates helping with hospitality ministry.

Mar. 4th-Living Stations of the Cross for all grade levels. Pasta dinner serviced between the session times.

Mar. 18th-Sponsor Night-Special Night in the classroom for sponsors and catechists to answer questions from the candidates and pray together.

April 8th-Saint Reports are turned in and shared in the classroom.

April 22nd-Discouragement-Last night of classes

Curriculum: Fireside Catholic Youth Bibles

Confirmation 2 topics and dates:

Oct. 8th-Peer Pressure

Oct. 22nd-the Protection of Youth lessons in Confirmation Classrooms by the catechist

Oct. 29th- All Candidates will help with the All Saints Day Retreat

Nov. 5th- Responsibility

Nov. 19th- Relationships

Dec. 3rd- Respect

Dec. 10th- Intolerance

Jan. 7th- Prayer

Jan. 21st- Guilt

Feb. 4th-Temptation

Feb. 18th- Ash Wednesday Mass at 7:00 p.m.-Reserved seating in the church for all of Faith Formation. Candidates will be helping with hospitality

Mar. 4th-Living Stations of the Cross for all grade levels. Pizza dinner serviced between the session times.

Mar. 18th-Sponsor Night-Special Night in the classroom for sponsors and catechists to answer questions from the candidates and pray together.

Wednesday, March 29th 4:00 pm-8:00 pm-Confirmation two retreat at church-Confessions will happen during the retreat. Net Ministries will be overseeing the retreat. We will be serving dinner.

Apr. 8th -Confirmation Rehearsal for the first 25 minutes of class time in the church and then back to the classroom for the lesson on Winning & Losing

Confirmation at the Cathedral of St. Paul on Monday, April 13th at 7:00 pm

Church of St. Patrick C1 Service Form

Confirmation 1 learners are asked to engage in three forms of service within the parish of St. Patrick. Three forms are due and can be turned in anytime during the course of the year but must be completed by the last night of Classes-April 22nd

Name of Learner: _____

Parish Event or Program Name: _____

Name and **Signature** of Service Supervisor: _____

Service Supervisor's Phone Number: _____

Date of Service: _____

Please use complete sentences to answer the questions; one-word or short phrases are not acceptable ways to describe your service experience.

Questions:

Please provide a description of the service performed (what did you do?)...

How did the service you provided match up with the gifts and talents you feel you have acquired or be given by God?

What did you learn about yourself or the parish by participating in this activity?

Church of St. Patrick C2 Service Form

Confirmation 2 learners are asked to engage in three forms of service within the parish of St. Patrick. Three forms are due and can be turned in anytime during the course of the year but must be completed by the time of the candidate's confirmation interview with Fr. Brian.

Name of Learner: _____

Parish Event or Program Name: _____

Name and **Signature** of Service Supervisor: _____

Service Supervisor's Phone Number: _____

Date of Service: _____

Please use complete sentences to answer the questions; one-word or short phrases are not acceptable ways describe your service experience.

Questions:

Please provide a description of the service performed (what did you do?)...

How did the service you provided match up with the gifts and talents you feel you have acquired or be given by God?

What did you learn about yourself or the parish by participating in this activity?

Opportunities for Service at St. Patrick's

Here are some service opportunities for Confirmation Candidates

One-time

Mass of Remembrance Hospitality -Sunday, Nov. 2nd

Christmas environment set-up

Christmas environment take-down

Here are some Faith Formation service opportunities for Confirmation Candidates:

One-time

Help with All Saints Day set up-times to be determined

Help with Pre-Advent Retreat set up—times to be determined

Help with setup for the St. Nicholas Craft Fair-Sat., Nov. 22nd, 12 -2 pm

Help at the St. Nicholas Craft Fair -Sunday, Nov. 23rd anytime from 7 am to 3 pm-2 hour shift

Help with the Epiphany Performance on Sunday, Jan. 4th at 11:30 am

Help with the Pre-Lenten Retreat set up-times to be determined

Help distribute Butter Braid Breads in March

Help with the Easter Egg Hunt on Palm Sunday, March 29th from 12 noon to 2 pm

I will post all service opportunities in the Flocknote emails I send out on a regular basis.

Confirmation Mass Notes:

Questions should be answered using information observed during the Mass. The scripture reading list can be found online at the United States Council of Bishops website:

<https://bible.usccb.org/bible/readings/080520.cfm> or at the parish website where the readings are posted in the bulletin: www.churchofstpatrick.com

Please use coherent and complete sentences to answer questions.

Mass note due dates: #1 due – Nov. 5th, 2025, # 2 due – Jan..21st, 2026 #3 due – March 18th, 2026

Name: _____

Mass note # (please circle): 1 2 3

Date of Mass attended: _____

Presider/Priest: _____

Scripture readings for the day-What gospel reading was used-Print Gospel writer' name-chapter and verses:

Please describe the events in the Gospel reading. What was the Gospel reading about? What is the lesson to be learned from the Gospel?

CHOOSING A CONFIRMATION NAME

Traditions:

One family conversation can center around the choice of a Confirmation name. The custom of choosing a “**new name**” and, being called by that name during the Confirmation Liturgy, stems from the biblical tradition of a change of name indicating a **new or renewed commitment to God**. Abraham and Sarah, our parents in faith, were called Abram and Sarai before they made a covenant with God and Peter was called Simon before he became a follower of Christ.

In the same way, for many years men and women who entered religious life took a new name as they began their new lives in the monastery or convent. The taking of a Confirmation name is also part of that tradition. In some places it is still recommended or at least very popular to choose a new name for Confirmation. Candidates are often asked to research the lives of some saints; to discover men or women with **spiritual gifts** that they would like to have, and to choose a Confirmation name from among that group of saints. There are also young people who choose a name or are urged to take a name because it is the name of someone dear to them – an admired relative or close family friend. Sometimes a candidate will take the name of a sponsor.

In many locations today, the taking of a new name is discouraged. Candidates are urged to use their Baptismal name at Confirmation. It is easy to see why this has come about – as we have returned to an understanding of Confirmation’s intimate connection to Baptism, the use of the name given at Baptism seems most appropriate.

“*But is it a saint’s name?*” is a question often asked. “*Who is my patron saint?*” ask the Heathers, Chads, Drews, and other young people with names that are not of obvious Christian or saintly origin. It is true that the **name used at Confirmation needs to be a saint’s name**.

Sometimes the easiest solution is to find out what the candidate’s middle name is. A Heather Marie or Chad Joseph has immediate solutions to their patron saint problem. Sometimes a little research in a book of saints’ names or in a Catholic encyclopedia reveals that there actually was a saint with the young person’s name or that the name is a derivative of a saint’s name. Nancy, for example, is derived from Ann and so the patron saint for Nancy or Nan is Ann. With girls’ names, there is also often a connection with the Blessed Virgin Mary. When this is the case, either the derivative name or the original saint’s name can be used for Confirmation.

Biblical names are also fine just as they are. Although Joshua, Deborah, and Judith are not called “saints”, they were prominent figures in the Hebrew Scriptures and also prefigures of Jesus and Mary. It can be a lot of fun for a family to talk together and do a little research about names during this time of Confirmation preparation. Reminisce with your child about why you chose his or her original name in the first place. Find out what each family member’s name means and who each patron saint is. Decide which of several Thomases, Margarets, or Johns will be your patron saint as you learn about each one’s life and virtue.

Importance:

Why bother about all this? Why do the saints matter to us now? Why is the choice of a name important? Catholic Church teaching and tradition is strong about this – the saints who have gone before us are models in Christian living and can also be advocates for us in heaven. What we are called helps us claim our identity and sets expectations for us. Such concepts can seem very old-fashioned to young people of our time, but when presented in a positive, enthusiastic manner they find the ideas intriguing and the research interesting. And, just as for our ancestors in faith- Abraham and Sarah- **this time of naming can be a time of helping affirm our new relationship with God.**

Saint Report

Due in Confirmation 1 Classes in
on April 8th, 2026

Report details:

- ▶ 3 pages double spaced
- ▶ Answer these questions:
 - ▶ What drew you to this saint or person?
 - ▶ If you chose a person in your life-why did you decide to do that?
 - ▶ What are some of the accomplishments of this saint or person?
 - ▶ How did this person model their faith?

I do not want or need background information like birth and death dates. I want to know how you believe this saint or person has/will influence your faith journey.

CONFIRMATION SACRAMENTAL RECORD KEEPING FORM

Please fill out this form with your chosen Confirmation Name -it is needed before you receive the sacrament. Please return the form as soon as you know who your sponsor will be and you have chosen a name for Confirmation. We must have this information in advance for nametags at the Cathedral and for the sacramental recording keeping that has to be recorded once you receive the sacrament.

Please Print:

Candidate's Full Name:_____

Candidate's Confirmation Name:_____

Candidate's date of birth_____

Candidate's Parents Names_____
(please include mother's maiden name)

Candidate's Sponsor Name:_____

Church of Baptism_____

Thanks in advance for this vital information.

