GET READY TO CELEBRATE!

THANK YOU FOR CELEBRATING MY BIRTHDAY WITH ME AT AEON FITNESS AND GYMNASTICS!

Here's Everything You Need to Know Before You Arrive!

LOCATION

Aeon Fitness and Gymnastics
Training Center #2
270 Knickerbocker Avenue
Hillsdale, NJ 07642

WHAT TO EXPECT

90 minute Birthday Party Featuring:

- Gymnastics
- Ninja Warrior
- Obstacles
- Trampolines
- Music
- Games

WAIVER

NEW TO AEON?
Scan the QR code or visit our website to create your account and complete all waivers before arriving.

RETURNING AEON FAMILY?
Simply check in using the phone number on your account when you arrive.

It only takes a few minutes!

DRESS CODE

- **Comfortable athletic clothing**
- **Children participate barefoot**
- **No socks or shoes on equipment**
- **Hair tied back**
- **Labeled water bottle**

PARENT INFORMATION

For the safety of all participants, the gym is a parent free zone during birthday parties
Children ages 18 months-3 years must be accompanied by a parent while participating

Our Lobby is available for viewing	**Watch from our outdoor viewing windows**	**Drop off and Pick up is optional**

Grab & Go Celebration

Our parties are designed as Grab-and-Go celebrations. Food is not served during the party. At the conclusion of the celebration, the birthday family may choose to provide individually wrapped treats or goodie bags for guests to take home.

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