

# Re-Bonding, Restoring Relationship in the Web of Life

Saturday, October 10 9 AM – 2 PM

St. Thomas More Parish, 3000 12th Ave, Coralville. *Lunch will be provided.*

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## Keynote Speaker Connie Mutel



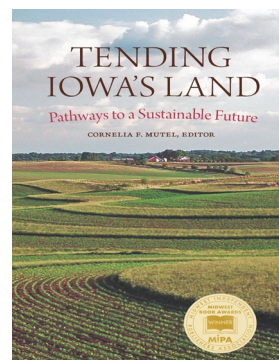
*Longtime Iowa prairie scientist, plant ecologist, and author of:*

Connie will share her spiritual journey as a biologist and conservationist, reflecting on the sweeping changes in our biome since the 1830s “sod busting.” She will weave environmental expertise and advocacy with spiritual reflection. Before retiring, Connie was Senior Science Writer at the U of Iowa Water Institute (IIHR – Hydrosience & Engineering). She has authored seven books on nature in Iowa, including *The Emerald Horizon* and *A Sugar Creek Chronicle*. She and her husband live north of Iowa City, where they actively restore an oak-hickory woodland to ecological health.

## ***Tending Iowa's Land: Pathways to a Sustainable Future***

*Edited By Connie Mutel*

This work examines agriculture's profound influence on our collective life and health. It offers actionable paths forward to improve our soil, water, air, and biodiversity. She will have copies to sell at the event.



## Interactive Sessions

- **Interpretive Walk:** Connect during a guided walk in the parish woodlot.
- **Workshop 1: "What Can I Do in My Yard?"** Led by parishioners Tom Novak and Mike Hagerty, offering practical steps for home stewardship.
- **Workshop 2: Local Conservation & Stormwater Management:** Arborist Virginia Hayes on woodlot management efforts and financial incentives available.

**Free Event - Join Us**

**To register, please email:** [roudabush.cecilia@gmail.com](mailto:roudabush.cecilia@gmail.com)