

# **Make-Up Assignment: Self-Knowledge and Spiritual Growth**

**Introduction:** In this assignment, you'll reflect on who you are, your spiritual strengths, and how to grow closer to God. Just like improving in sports, music, or art requires practice, building a relationship with God takes effort and routine. Let's explore how you can do this in your daily life.

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## **Part 1: Self-Reflection**

- 1. Strengths and Challenges:**  
Think about your own life. List 3 strengths (like being a good listener, a leader, or creative) and 1 challenge (something you struggle with). Reflect on how these affect your relationships with others and with God.
- 2. Write a short reflection** (5-6 sentences) on how understanding your strengths and weaknesses can help you grow as a person and in your faith.

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## **Part 2: Discovering Your Spiritual Gifts**

Just like athletes and artists have different talents, God has given each of us unique spiritual gifts. Let's figure out what yours might be.

- 1. Read 1 Corinthians 12:4-11:**  
This Scripture talks about different spiritual gifts, like wisdom, faith, and healing.
- 2. Gift Discernment Questionnaire:** Follow the instructions and complete the following Worksheet. **(Attached at the end)**
- 3. Reflection: Once finished answer the following questions.**
  1. How did you feel while answering the questionnaire?
  2. How do your results fit with what you know about yourself? Were you surprised by anything?
  3. How are you currently living out these gifts?
  4. How could you deepen your understanding of these gifts?
  5. What are some new ways you could share your gifts with your family, friends, school, church, or other community?
  6. What might God be calling you to do through this activity?

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## Part 3: Spiritual Practice and Prayer Routine

Just like practicing for a sport or learning an instrument, creating a regular prayer routine helps you get better at connecting with God.

### 1. Different Types of Prayer:

Think about how you spend your time. Prayer can be as simple as saying thanks in the morning, or thinking about your day before bed. Try different types of prayer (silent, vocal, or meditative) to see what fits you best.

### 2. Create a Prayer Routine:

Make a plan for spending time with God each day, just like you'd schedule practice.

Include:

- A morning prayer (something quick, like gratitude or asking for strength for the day)
- An evening reflection (thinking about where you saw God in your day)
- Any personal prayer (a favorite Scripture, praying for others, etc.)

Write down your routine and submit it.

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## Part 4: Putting It All Together

### 1. Living Your Spiritual Life:

Think about how daily habits (like practice or study) help you grow. What does a spiritual life mean to you? Write 2-3 sentences about how you can make God part of your everyday routine (like before games, school, or hanging out with friends).

### 2. Write a letter to God:

Talk to God about where you are in your spiritual life, what you want to improve, and ask for guidance. Be honest, just like talking to a coach or mentor.

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**Submit your responses** to your Confirmation leader. This assignment is about helping you grow in your faith by understanding yourself, creating a spiritual routine, and using your gifts to serve others.