



Peppercorn Children and Families

WHAT'S ON

Term 1 2026

What's New:

This year we are excited to share that we have made some changes to our playgroups. We have introduced new groups and modified some age ranges. We look forward to seeing the positive impact this will have on our families.

Important Dates:

International Women's Day Event: Tuesday 3rd March 2026

Harmony Day Event: Wednesday 18th March 2026

Dad's Event: Saturday 14th March 2026



Parenting Programs:

Circle of Security: Circle Of Security (COS) is an 8 week attachment-based program for parents/carers with children 0-8 years. COS gives you the tools to support your child's ability to manage their emotions, enhance the development of your child's self-esteem, and support you to learn how to read their emotional needs.

Triple P: This is a 5 week parenting program for parents/carers with children 0-10 years of age. Using engaging videos and real-life examples, the sessions give practical, simple strategies to help build strong, healthy relationships. It focuses on promoting positive behaviours, teaching new skills and managing challenging behaviours in calm and consistent ways.

Reminders:

All groups at Peppercorn Children and Families require a booking. Please be aware spaces are limited.

Bookings can be made via the following methods:

Email: dropin@peppercorn.org.au

Phone: 1300 646 444

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Monday	Tuesday	Wednesday	Thursday	Friday
Social Playgroup 9:30am-11am 0-6 years	Family Rhyme & Rhythm 9:30am-11am 0-2 years	Small Talk 9:30am-11am 2-4 years	Social Playgroup 9:30am-11am 3-5 years	Social Playgroup 9:30am-11am 2-4 years
Circle of Security 10am-12pm (8 week course) Starts 9 th feb	Small Talk 12pm-1:30pm 1-2 years	Dads and Families 4pm-5:30pm 0-8 years	Young Parents Playgroup 10am-11:30am 0-6 years	Family Rhyme & Rhythm 12pm-1:30pm 3-9 months
		Triple P Parenting 5pm-7pm (5 week course) Starts 25 th feb	New Parents Group 1pm-2:30pm 0-4 months	

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Family Support:

Family support is a free service available to families in the Hawkesbury region. Family Workers can provide you with information on attachment and bonding with your child, managing challenging behaviour, and child development.

We have information on current parenting advice, parenting programs and links to specialist services and other community networks.



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2026 Groups:

Small Talk: Small talk is a fun, engaging supported playgroup where children can be creative, socialise and learn through play, while parents can chat with a qualified facilitator about evidence-based strategies and tips to support their parenting journey.

Family Rhyme & Rhythm: Parents, carers, and grandparents are all welcome to explore the power of sharing songs, stories and rhymes together. The Mother Goose program strengthens attachment, language development and parent/carer-child interaction in a nurturing and supportive environment.

Social Playgroup: Social playgroups are all about encouraging children and their families to connect with others through fun interactive experiences in a safe and secure environment.

Dad's & Families Playgroup: Dads, Stepdads, Grandads, and all father figures are invited to come along with their children and families for an afternoon playgroup. Afternoon tea is provided. Pack your hat and play clothes for messy garden fun!

Peppercorn Children's and Families:

Located at: South Windsor Family Centre, 6 Greenhills Way SOUTH WINDSOR, 2756

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