

For over 40 years, we have been trusted to deliver community services to keep people connected and living independently in their community.

Our dietetic services are funded by Commonwealth Home Support Program (CHSP)

Simply call us on **1300 646 444** to check eligibility and sign up for services. Let us help you to stay connected.



NEED TO GET IN CONTACT?

General Information

For more general information or to view and download our current events calendar you can visit our website
www.communityculture.org.au

Enquiries

hello@communityculture.org.au

Phone:

1300 646 444

Mon - Fri 8.00am - 4.00pm
(excl public holidays)

*In 2024 Active
Care Network and
Peppercorn
Services partnered
under Community
Culture to better
deliver services in
your area.*



1300 646 444
communityculture.org.au

COMMUNITY culture

ActiveCareNetwork

Peppercorn



DIETETICS & MEALS





MEALS PROGRAM

Our coordination team can assist you with ordering meals prepared and delivered to your home.

At the beginning of our meals program our Dietician will meet with you to understand your nutritional needs and meal preferences to tailor a meal plan that is suitable and of course - tasty!

ELIGIBILITY

You must be 65 years or older, or over the age of 50 if you identify as Aboriginal and Torres Strait Islander and have been assessed as eligible by My Aged Care.



Our Dietetic services are qualified Dieticians who hold registrations with Dieticians Australia. They are certified as an Accredited Practising Dietitian.

Our services aim to provide support that restores, improves or maintains the health of our clients

Our services are provided in your home, with support over the telephone, or in our health clinics.

Our Dietician will work with you to understand your health and nutrition needs and a support plan to assist to achieve your goals.

Our friendly Dieticians work alongside our meals program that mixes learning, with fun and social connection.

SIGN UP PROCESS

Getting started is easy. Just give us a call and our friendly team will talk you through your options, check your eligibility, and help you register for the services that are right for you.

1300 646 444

We're proud to serve residents of the following Local Government Areas:

- Hawkesbury
- Penrith
- Blue Mountains