



WINNING WAYS



HOCKEY & ATHLETICS DEVELOPMENT PROGRAM

ABOUT US

We are an established Sports Development & High Performance Academy that operates from various schools, clubs and recreational centres.

We specialize in Hockey and Athletics with a dynamic team of expert coaches involved in delivering a high quality coaching experience.

Our purpose driven coaching has two phases leading into our long term athlete development approach – physical literacy and sports excellence.

WHAT WE OFFER

- Hockey and Athletics are both sports that benefit through early intervention.
- Our Grade R development program for boys and girls focus on the fundamental skills required to be a confident and competent athlete and/or hockey player.
- This is achieved through age appropriate activities which assists each child in the technical application of skills required.
- Our coaches are carefully selected and trained as we believe that the best coaching is required at this age to ensure quality athletes and hockey players for the future.
- We use a measurable outcomes based assessment to provide feedback to the parents of our students.

OUR LESSONS & FEES

The program is designed to ensure that every student is constantly busy for the entire lesson by using a 10:1 student to coach ratio.

Lessons will be held at your child's school and will be on the same day and time throughout the year.

A termly fee of R500 is payable via EFT only prior to the commencement of the first lesson.

OUR PROGRAMS



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