

Spring 2026

THE MALTINGS DENTAL PRACTICE

Spring Newsletter



WELCOME

Spring Smiles Start Here!

As the days grow longer and the first signs of spring begin to bloom, it's the perfect time for a fresh start—and that could include your dream smile!

At our practice, we believe this season of renewal is a great opportunity to refocus on your oral health and brighten your confidence.

Whether it's scheduling your routine check-up, exploring aesthetic options, or simply refreshing your daily dental habits, our team is here to help you step into spring feeling your best.

During Easter, it's easy to indulge in chocolate eggs, sweets, and sugary treats, but it's important to take extra care of your dental health. Frequent snacking on sugary foods can increase the risk of tooth decay, especially if oral hygiene is neglected. Try to limit how often you consume sweets, rinse your mouth with water after eating, and maintain a good brushing routine—twice a day with fluoride toothpaste and daily flossing. If possible, choose chocolate over sticky or hard candies, as it's less likely to cling to teeth & a lot more soluble. Keeping these habits in mind can help you enjoy the celebrations while protecting your smile.



PRACTICE & TEAM NEWS

A Warm Welcome Back!

We are absolutely delighted to welcome Georgia back to the practice!

After completing her Foundation Year with us in 2023/2024, Georgia returns as an Associate Dentist—and we couldn't be happier to have her back with the team.

A Fond Farewell

It is with sadness that we announce our Dentist Laura Cook will be leaving us at the end of April.

Laura has been a valued member of our team, and we thank her for everything she has contributed. We wish her every success and happiness in the next chapter of her dental career.

Making Waves in the Community

Our amazing Maltings Smilers swimming team made us incredibly proud at the February Rotary Swimathon—completing an impressive 116 lengths!

This fantastic event has become a real highlight in our calendar, bringing the team together to support great causes while having plenty of fun.

Well done, Team Maltings!

A Season of New Arrivals

We've had a very special few months celebrating some adorable new additions to our Maltings family:

- Phoebe welcomed baby Florence in September
- Nadejda welcomed baby Samuel in October
- Amy welcomed baby Aoife on Christmas Eve
- Jodie welcomed baby Sofia on Christmas Day—truly the perfect Christmas gift!

We send all our love to our growing families and look forward to welcoming everyone back in due course.

Say Cheese!

Last month, we refreshed our team photos with the wonderful photographer

Nicola

<https://www.nicolaaucklandphotography.co.uk/>—and we couldn't be more thrilled with the results!

You may have already spotted some on our social media. Nicola did an incredible job capturing the team (even with a few very particular requests... we'll say no more!).

Sharing Knowledge & Expertise

On the professional front, Peter Butcher (Practice Owner & Dentist) recently hosted a hands-on endodontic training evening.

It was a great opportunity to share knowledge and collaborate with fellow dental professionals—and the event was very well received.

Service Update: NHS Oral Surgery (IMOS)

We're pleased to share that we will continue providing our NHS Oral Surgery Service (IMOS) until at least May 2027.

Having supported patients in the community since 2010, this means we can continue providing care for complex extractions locally for now. While future plans may see the service relocate, we're proud to keep supporting patients close to home in the meantime.

Safety First

Our team recently completed Fire Warden Training, combining practical exercises with classroom learning.

With our newly upgraded fire system, it was a great opportunity to refresh skills and confidence. A big thank you to Peter from B-Safe for his expert guidance!

Sustainability Success

We're proud to announce that we've once again been awarded Bronze status as a Green Impact Team for Sustainability in Dentistry.

This recognition reflects our ongoing commitment to environmentally friendly practices—well done to everyone involved!

Outstanding CQC Inspection

We are thrilled to share that our November CQC inspection resulted in fantastic feedback!

This achievement highlights the dedication, professionalism, and teamwork that make our practice so special. We are incredibly proud of every member of our team.

Looking Ahead

As we move into spring, we're excited for brighter days, new initiatives, and engaging events for both our team and our patients.

Upcoming Events & Training

· 6th May – Implant Evening hosted by Peter for referring dentists

- April – Simulated Medical Emergency Training
- 13th May – Basic Life Support Training
- 13th May – 13th June – National Smile Month

We'll be sharing tips, activities, and important oral health messages—keep an eye on our socials!

Stay Connected

We love keeping you updated—whether it's team news, community events, or ways to keep your smile healthy.

Here's to a fantastic spring ahead!





OUR SERVICES

The Maltings Dental Practice offer many treatments and are happy to receive referrals for the following areas;

- Endodontics – Peter Butcher BChD Leeds, PGDip(Endo), PGCert(MedEd), FCGDent, GDC 79283

Pete continues to accept referrals for endodontic services here at The Maltings Dental Practice. Assessment and treatment are undertaken by Pete; who uses a Global Dental Operating Microscope enabling the treatment of complex and challenging cases.

Pete has attained postgraduate qualifications in endodontics and continues to attend endodontic conferences and meetings to ensure his practice reflects the current trends and evidence base. He currently provides endodontic teaching for foundation dentists in the Midlands schemes. He also receives referrals for surgical and implant dentistry and provides mentoring within the practice for his colleagues.

- Invisalign treatment – Dr Fawad Ashraf, Dr Claire Simpson, Dr Sean Walmsley and Dr Oke Oteri all offer Invisalign treatment at the practice and are happy to receive referrals for this.

- Implants – Dr Jason Wong, Dr Fawad Ashraf and Dr Peter Butcher are our clinicians that can offer dental implants here at The Maltings.

- Periodontal (gum) management/ treatment – Dr Claire Simpson, BChd Leeds Eng 2010, GDC 192532, has a special interest and further education in Periodontics.

Periodontics is the branch of dentistry concerned with the structures surrounding and supporting the teeth e.g. our gums, our bone levels.

Claire can tailor oral hygiene plans, treatment plans and minor oral surgery options dependant on your individual needs - subject to assessment and consultation. Claire accepts in-house & external patients on a private basis - if you have any concerns about your periodontal health, please do not hesitate to book a visit to see Claire.

- Cosmetic treatments – Dr Sean Walmsley, BDS Kings College London 2012, GDC 228559, has a special interest in aesthetic dentistry involving composite bonding, minimal preparation veneers, tooth whitening and Invisalign.

Sean has attended courses to enhance his knowledge and skill in this field and very much enjoys improving a person's smile!

Check out several of Sean's cases on his Instagram page: @drseanwalmsley

- Tooth whitening – ask your dentist about professional tooth whitening! We stock several brands of whitening in the practice, including Opalescence, Boutique & Enlighten.

- Facial Aesthetics – Dr Oke Oteri, BDS Liverpool 2017, GDC 270824, has a keen interest in helping with those wrinkles and imperfections. Oke provides a range of skin care treatments at the practice, including Anti-Wrinkle and Dermal Filler Treatments. Oke has been trained in Foundation and Advanced Botox and Dermal Filler Treatments and completed her Level 7 Diploma in Clinical Aesthetic Injectables.

- Sedation – Dr Laura Hunter-Shaw, BDS (Hons), Sheffield Eng, 2019 GDC284386, Laura has undertaken further qualifications in Dental Sedation which means she is able to provide this on a private basis for both adults and children upon request and it is suitable for most patients (medically permitting) following consultation.

Have you seen our recent advertisements?

We have found that our Village Link articles are becoming very popular and reaching several patients, new & existing.

We have had a number of new patients bring in the articles that they've seen to discuss them further.

We are always happy to elaborate at a consultation & tailor a treatment plan individual to you.

Keep an eye out for these articles, as they may cover something that you've always considered!

Refer a friend is back!

We have brought back our refer a friend scheme!

This is where registered patients can gain themselves a £20 gift voucher for referring a friend, a family member, a colleague, or anyone to the practice.

However, please be aware this can only be redeemed if the new patient discloses the referrers name on booking.

**not applicable for children.*

Google review QR codes

Leaving us a Google review has never been easier!

You'll see that we have review plaques displayed in our waiting area.

Scanning the QR code will lead you straight to the web page suitable for leaving us Google reviews.

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Search us!

The Maltings Dental Practice