Pre-Concussion Screening
also-known-as
Baseline ImPACT Testing



We at PHA recommend that all student athletes age 12 and older take the ImPACT test every two years. The test is used to establish a baseline for future use, helping guide the best treatment if your child sustains a concussion.

This 25 minute computerized test evaluates multiple aspects of brain function.

Baseline ImPACT Test costs $30.00 which is due at the time of service.

Call our office (203) 452-8322 to schedule an appointment for your child.

PHA

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What is a Pre-Concussion Screening (Baseline ImPACT Test) & why is it important?

- The test is to establish a baseline for future use in helping to determine the best post concussion treatment if your child should be injured in a sporting or non-sporting event.
- ImPACT does not diagnose a concussion but informs the provider if there is a change in the way your child's brain functions after an injury.
- Baseline scores are valid for two years and should be repeated if two years has lapsed.

What is ImPACT testing?

- ImPACT testing is a computerized brain measurement tool for children and teens who have sustained a concussion.
- Through a series of computerized tests completed in our office, ImPACT identifies subtle changes in brain function, evaluates post-injury condition, and tracks recovery.
- By comparing pre-injury baseline and post-injury tests results, ImPACT can help track recovery following a concussion.

How does ImPACT testing work?

- An ImPACT test is a 25-minute computerized assessment test that evaulates multiple aspects of brain function including verbal memory, visual memory, processing speed, reaction time and post-concussive symptoms.
- By comparing pre-injury baseline and post-injury test results, it helps determine when brain function has returned to normal and if it is safe to return to sports and school activities.

Who can take the ImPACT test?

- We recommend that all student athletes age 12 and older (for example: football players, soccer players, hockey players, baseball players, rugby players, cheerleaders, softball players, skateboarders, gymnasts, lacrosse players, cyclists, and skiers) take the test.

How can my child get tested?

- Call PHA (203) 452-8322 for an appointment.
- The Baseline ImPACT Tests costs $30.00. The test is not covered by insurance and payment is due at time of service.