



## **Mission Mt Somers 2021 – COVID OPERATING PLAN**

|                |                                                                    |
|----------------|--------------------------------------------------------------------|
| <b>Level 4</b> | <b>= No Event</b>                                                  |
| <b>Level 3</b> | <b>= No Event</b>                                                  |
| <b>Level 2</b> | <b>= Event can operate with precautionary measures implemented</b> |
| <b>Level 1</b> | <b>= Event operates as per normal</b>                              |

### **Level 2 Operating Plan**

#### ***General measures:***

- All athletes to supply their own mask for the event. The mask will be included into the compulsory gear list for all athletes.
- All athletes are to be self-sufficient in terms of nutrition throughout the event. EE will not be supplying nutrition at aid stations under L2 restrictions due to hygiene reasons. EE will supply water and electrolyte at designated aid stations, this will be mixed into large containers and all athletes need to carry some sort of water carrying device and fill these themselves during the event, i.e. gel flask. No cups will be provided by EE.
- Athletes are asked to exercise a degree of self management when it comes to social distancing etc. Mission Mt Somers start/finish area is a large space and we believe that we can achieve this although this requires personal social distancing from competitors
- All athletes to scan in via QR codes displayed at registration and finish line area - mandatory for contact tracing purposes.
- Please don't bring spectators/supporters to the finish line area will not be like it has been on previous years, athletes will finish and be encouraged to leave the event as soon as possible to prevent congregations.

#### ***Registration:***

- All event race briefings will be recorded and published via social media on Friday the 29<sup>th</sup> of October 2021 by 5pm. All athletes will be reminded via event email/social media post of this and to view it for up-to-date course information etc. There will be no on-site race briefings at the event.

- All events will have designated registration times for athletes to attend based off their predicted finishing times, as per below table.
- QR Codes are to be scanned upon entry to Staveley Hall registration area.
- Masks are to be worn when entering the Staveley Hall and throughout registration process.
- Athletes are to social distance within the hall, we may ask you to wait if there are too many people in the hall at any one time, please respect marshall directions.
- Once registered please return to vehicle and await call up by MC to race start area, avoid congregating.
- Please don't arrive at the start line area until 5 minutes prior to race start.

### ***Race Registration and Start Times***

| <b>Event</b>         | <b>Registration Time</b>                                                                                                                    | <b>Race Start Time</b>                                                                                                                                       |
|----------------------|---------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Marathon</b>      | 6:00am – 6:45am                                                                                                                             | 7:00am start                                                                                                                                                 |
| <b>½ Marathon</b>    | <2.5hrs – 6:45am-7:00am<br><3.00hrs – 7:00-7:15am<br><3.30hrs – 7:15am – 7:30am<br><4.00hrs – 7:35am – 7:50am<br><5.00hrs – 7:50am – 8:05am | 7:10am depart – 7:45am start<br>7:20am depart – 7:55am start<br>7:35am depart – 7:55am start<br>7:55am depart – 8:20am start<br>8:10am depart – 8:30am start |
| <b>Multi Mission</b> | 7:30am – 7:50am                                                                                                                             | 8:00 start                                                                                                                                                   |
| <b>10km</b>          | 9:00am – 9:45am                                                                                                                             | 10:00am start                                                                                                                                                |
| <b>5km</b>           | 9:45am – 10:15am                                                                                                                            | 10:20am depart – 10:30am start                                                                                                                               |

### ***Pre Race:***

- Masks are to be worn for bus travel and whilst waiting in start line area, you will be told when you can remove just prior to race start.
- Athletes must carry their mask the whole way through the event.

### ***Finish Line:***

- Athletes are to uplift their medal and beverage themselves as they cross the line. Athletes must leave the finish line shoot immediately after finishing.
- Athletes must avoid congregation.
- There will be no BBQ or massages at the finish line in Level 2.

### ***Prize Giving:***

- Will be recorded virtually for all events and published onto social media account by 5pm on Saturday the 30<sup>th</sup> of October 2021.
- Prize Winners will receive prizes on the finish line, or in the post after the event.