

June 2026

Dear Parent/Guardian,

The Department of Public Health requires that every school age student be administered a physical examination prior to entering a new school system. It is required that a health appraisal of your daughter be conducted by your family physician within the past 12 months. This will provide us with information and recommendations concerning your child so we can support their health needs while in school.

THIS EXAMINATION SHOULD BE COMPLETED AND SENT VIA EMAIL TO:
ckelly@fontbonneboston.org BY **MONDAY AUGUST 3, 2026**, ACCOMPANIED BY
DOCUMENTATION OF THE FOLLOWING:

- 2 doses of MMR
- 3 doses of Hepatitis B Vaccine
- 4 doses DTaP/DTP
- 1 dose Tdap
- 2 doses of Varicella Vaccine
- 4 doses of Polio Vaccine
- 1 dose of the meningococcal vaccine at age 11, second dose done by age 16
- Negative TB screening
- A copy of your child's health record from her previous school.

NO STUDENT WILL BE ALLOWED TO ATTEND SCHOOL IN SEPTEMBER, UNLESS SHE IS COMPLIANT WITH THE ABOVE REQUIREMENTS.

It is essential that we are aware of the specific health needs, physical limitations, and social or emotional concerns that may influence your daughter's wellness while attending Fontbonne. All information will remain confidential. Please make sure that your daughter's physician lists all relevant medical issues and medications on the physical exam form.

If your daughter is to receive prescription medication during school hours, please have your child's pediatrician provide a doctor's letter stating the child's name, medication, dosage and timing of administration. If your daughter has an emergency action plan for a medical condition, including food or medication allergies, please send the action plan in with her physical exam and vaccination record.

All storage and administration of medication is subject to Massachusetts Public Health Law 105 CMR 210:00.

Please share with us any information that you feel will be beneficial to school personnel as we work closely with your daughter to ensure a healthy and successful school experience. Health forms should be addressed to the attention of Christine Kelly, School Nurse.

Sincerely,
Christine Kelly, RN