



# *Free Weekly* COMMUNITY CLASS

**Join us every Friday at 5:30 p.m. at Sage Yoga Bonsall**

Come move, breathe, and connect in this all-levels class led by our amazing teachers who volunteer their time as a gift to the community. Each week may offer a different theme, reflecting the unique gifts and passions of the teacher guiding the class. It's a welcoming space where anyone can show up, practice, and be part of something meaningful. These classes are completely free and open to all. In the spirit of giving back, optional donations are gratefully accepted and go directly to *The Heart of Sage*, our community care initiative that funds free classes and support for those in need. All are welcome!

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