



Medical and Dental Expense Checklist:

You Can Include:		You Cannot Include:	
<ul style="list-style-type: none"> • Bandages • Birth control pills prescribed by your doctor • Body scan • Braille books • Breast-pump and supplies • Capital expenses for equipment or improvements to your home needed for medical care • Diagnostic devices • Expenses of an organ donor • Eye surgery – to promote the correct function of the eye • Fertility enhancement, certain procedures • Guide dogs or other animals aiding the blind, deaf, and disabled • Hospital services fees • Lead-based paint removal • Legal abortion • Legal operation to prevent having children such as vasectomy or tubal ligation • Long-term care contracts, qualified • Meals and lodging provided by a hospital during medical treatment • Medical service fees • Medicare Part D premiums 	<ul style="list-style-type: none"> • Medical and hospital insurance premiums • Nursing services • Oxygen and equipment and oxygen • Part of life-care fee paid to retirement home designated for medical care • Physical examination • Pregnancy test kit • Prescription medicines and insulin • Psychiatric and psychological treatment • Social Security tax, Medicare tax, FUTA, and state employment tax for worker providing medical care • Special items (artificial limbs, false teeth, eye-glasses, contact lenses, hearing aids, crutches, wheelchair, etc.) • Special Education for mentally or physically disabled persons • Stop-smoking programs • Transportation for needed medical care • Treatment at a drug or alcohol center • Wages for nursing services • Weight-loss, certain expenses for obesity 	<ul style="list-style-type: none"> • Baby sitting and childcare • Bottled water • Contributions to Archer MSAs • Diaper service • Expenses for your general health such as household help, social activities such as dancing or swimming lessons, trip for general health improvement • Flexible spending account reimbursements for medical expenses • Funeral, burial, or cremation expenses • Health savings account payments for medical expenses • Illegal operation treatment or medicine • Life insurance or income protection policies providing payment for loss or life, limb, sight, etc. • Maternity clothes 	<ul style="list-style-type: none"> • Medical insurance included in a car insurance policy covering all persons injured in or by your car • Medicine you buy without a prescription • Nursing care for a healthy baby • Prescription drugs you bought in from another country, in most cases • Nutritional supplements, vitamins, herbal supplements, “natural medicines”, etc., unless recommended by a medical condition diagnosed by a physician • Surgery for purely cosmetic reasons • Toothpaste, toiletries, cosmetics, etc. • Teeth whitening • Weight-loss expenses not for the treatment of obesity or other disease