



## Medical and Dental Expense Checklist:

You Can Include:	You Cannot Include:
<ul style="list-style-type: none"><li>• Bandages</li><li>• Birth control pills prescribed by your doctor</li><li>• Body scan</li><li>• Braille books</li><li>• Breast-pump and supplies</li><li>• Capital expenses for equipment or improvements to your home needed for medical care</li><li>• Diagnostic devices</li><li>• Expenses of an organ donor</li><li>• Eye surgery – to promote the correct function of the eye</li><li>• Fertility enhancement, certain procedures</li><li>• Guide dogs or other animals aiding the blind, deaf, and disabled</li><li>• Hospital services fees</li><li>• Lead-based paint removal</li><li>• Legal abortion</li><li>• Legal operation to prevent having children such as vasectomy or tubal ligation</li><li>• Long-term care contracts, qualified</li><li>• Meals and lodging provided by a hospital during medical treatment</li><li>• Medical service fees</li><li>• Medicare Part D premiums</li></ul>	<ul style="list-style-type: none"><li>• Medical and hospital insurance premiums</li><li>• Nursing services</li><li>• Oxygen and equipment and oxygen</li><li>• Part of life-care fee paid to retirement home designated for medical care</li><li>• Physical examination</li><li>• Pregnancy test kit</li><li>• Prescription medicines and insulin</li><li>• Psychiatric and psychological treatment</li><li>• Social Security tax. Medicare tax, FUTA, and state employment tax for worker providing medical care</li><li>• Special items (artificial limbs, false teeth, eye-glasses, contact lenses, hearing aids, crutches, wheelchair, etc.)</li><li>• Special Education for mentally or physically disabled persons</li><li>• Stop-smoking programs</li><li>• Transportation for needed medical care</li><li>• Treatment at a drug or alcohol center</li><li>• Wages for nursing services</li><li>• Weight-loss, certain expenses for obesity</li></ul> <ul style="list-style-type: none"><li>• Baby sitting and childcare</li><li>• Bottled water</li><li>• Contributions to Archer MSAs</li><li>• Diaper service</li><li>• Expenses for your general health such as household help, social activities such as dancing or swimming lessons, trip for general health improvement</li><li>• Flexible spending account reimbursements for medical expenses</li><li>• Funeral, burial, or cremation expenses</li><li>• Health savings account payments for medical expenses</li><li>• Illegal operation treatment or medicine</li><li>• Life insurance or income protection policies providing payment for loss or life, limb, sight, etc.</li><li>• Maternity clothes</li></ul> <ul style="list-style-type: none"><li>• Medical insurance included in a car insurance policy covering all persons injured in or by your car</li><li>• Medicine you buy without a prescription</li><li>• Nursing care for a healthy baby</li><li>• Prescription drugs you bought in from another country, in most cases</li><li>• Nutritional supplements, vitamins, herbal supplements, "natural medicines", etc., unless recommended by a medical condition diagnosed by a physician</li><li>• Surgery for purely cosmetic reasons</li><li>• Toothpaste, toiletries, cosmetics, etc.</li><li>• Teeth whitening</li><li>• Weight-loss expenses not for the treatment of obesity or other disease</li></ul>