



## BETTER LIVING FOR SENIORS MONTHLY MEETING

September 15, 2021

### Board Members Present:

- Donna Kay Dinkins – Membership
- Jay Dee Hackney – Sergeant at Arms
- Nicole Ramer - President
- Tammy Rodgers – Directory
- Tasha Saca – Communications
- Michelle Shiver – Secretary

### Absent

- Lacey Gardner – Speakers/Venues
- Kari Ann Gomez – Treasurer
- Carol Hornsby - Education

### Meeting Location and Sponsor:

Due to Covid-19 this meeting was held via the Zoom application.

### Call to Order:

- The meeting was called to order by Nicole Ramer, President at 9:02 am

### Meeting Minutes

- A motion was made to approve the August 2021 Monthly meeting was made by Jaydee Hackney and seconded by Tasha Saca. **Approved.**

### Sponsor Recognition

Thank you to all of our BLFS Sponsors!

### Board Nominations

- Board Election for 2022 will take place at the October meeting.
- If you wish to be nominated send private chat to Nicole or contact Nicole after the meeting.
- The following people have already been nominated: Amanda Porter, Brayan Atunez, Caron Radachy, Lori LeGrande, Latisa Faison, Jaydee Hackney and Donna Kay Dinkins.
- Jaydee Hackney and Donna Kay Dinkins are current board members who are rerunning.
- Lacey Gardner, Nicole Ramer, Tasha Saca and Michelle Shiver are board members whose terms are expiring and are not rerunning for 2022.
- Kari Gomez will be the President in 2022

### Speaker: Denise Tessier, The Tessier Law Firm, PA

Presentation: Estate Planning Journey

## Treasurer's Report – No Report

## Committee Reports

### Membership Report – Donna Kay Dinkins

- New Member Spotlights
  - Compass Mortgage
  - Platinum Benefit Guest
  - Shanquinetta Johnson - Sanergy

### Directory – Tammy Rodgers

- Directory submission is approaching at the end of October be sure your renewal is current
- Accounts that are not renewed will be taken down from the BLFS website and are not included in the 2022 Directory
- Go to the BLFS website [www.blfspolk.com](http://www.blfspolk.com) and check your directory information for accuracy.
- You can request assistance with changes. Use the “Request Changes” button to submit changes.

### Education Committee –No Report

## Agency Introductions

- 20 second maximum.
- Send events prior or post in chat

## Upcoming Events

## Next Meeting

October 13, 2021: 9 a.m. - 10:30 a.m.

Location - Zoom

- Meeting adjourned at 10:09 a.m.

*Respectfully submitted by Michelle Shiver, Secretary, September 15, 2021.*

## Zoom Chat

09:03:14 From Tasha Saca to Everyone:

Please make sure you are on mute if you aren't talking! Thank you!

09:10:32 From Georgiana Goodson to Everyone:

BLFS Friends, Senior Helpers has two tickets to the Meals on Wheels dinner and auction this Friday 9/17 at 6:00pm at Lake Ashton in Winter Haven. Message me if you'd like to come!

Georgiana Goodson, Senior Helpers 863-670-8658

09:12:56 From Nicole Ramer to Everyone:

Also, don't forget to leave your contact information here for your fellow BLFS members to be able to contact/refer your services! We will take time at the end for introductions, as per usual...

09:13:31 From Nicole Ramer to Everyone:

Nicole Ramer  
Certified Senior Move Manager  
Organized Haven  
Moving | Downsizing | Estates  
[www.OrganizedHaven.com](http://www.OrganizedHaven.com)  
[nicole@organizedhaven.com](mailto:nicole@organizedhaven.com)  
863.268.4041

09:17:07 From Lori LeGrand to Everyone:

Good Morning! I am honored to be nominated to the BLFS board. I am not a tech girl so vote carefully! Oasis Senior Advisor is a Free service to family members when living at home is no longer an option. I cover all of Central FL. I guide and walk with them through this difficult transition.

09:18:02 From Purrfection Computer/Randall Munsters to Everyone:

Purrfection Computer Services, 813-685-5880, [Randall@PurrfectionCSI.com](mailto:Randall@PurrfectionCSI.com) <sup>[11]</sup><sub>SEP</sub> Helping the elderly to stay in touch and connected, safely, easily and with fun. This includes individuals as well as Assisted Living and community centers.

09:18:47 From Florida Presbyterian Homes to Everyone:

Skylar Harrison  
Sales and Community Outreach Coordinator  
Florida Presbyterian Homes  
16 Lake Hunter Drive, Lakeland, FL 33803-6203  
Office: 863.577.6032  
[www.fphi.org](http://www.fphi.org)

09:20:25 From Amanda Porter to Everyone:

Join the Polk County Healthcare Marketing group on Facebook! Share your events, ask questions; let's keep our community updated!

09:21:03 From Sharmalee Jones to Everyone:

Sharmalee Jones, Geriatric Care Manager, Sonshine Elder Advisors. Electronic version of brochure available by e-mail or I would be happy to meet with you to explain services. [caremanager@sonshineelderadvisors.com](mailto:caremanager@sonshineelderadvisors.com); 863-670-4443.

09:26:57 From Sanquinitta Johnson to Everyone:

Sanquinitta Johnson, Sanergy Home Care Services. AHCA Licensed to provide Homemaker and Companion and Personal Support services to individuals in the comfort of their own home. Licensed by APD (Agency for Persons with Disabilities) to provide services to individuals with developmental disabilities who receive services through the home and community service waiver.

09:27:51 From Lori LeGrand to Everyone:

Welcome Sanquinitta!

09:28:13 From Sanquinitta Johnson to Everyone:

Thank you for the invite Lori.

09:28:54 From Tracey Bourdon to Everyone:  
Great info Denise!!

09:30:12 From Sanquinitta Johnson to Everyone:  
Sanquinitta Johnson 863-934-2926 sanergy606@yahoo.com

09:32:34 From Sandie to Everyone:  
Hello everyone. Great presentation Denise! This is Sandie, Older Adult Ministry (OAM) Coordinator at First Presbyterian Church Lakeland. If anyone would like to be added to our OAM email list that I send to keep people updated to happenings at our church and in the community and/or be added to the list to receive information when the website opens for exhibitors to register for the annual Community Senior Adult Health & Resource Fair (March 11, 2022), please email me at sandie@fpclakeland.org.

09:33:29 From Cindy Sharp to Everyone:  
Cindy Sharp, Lakeland Police Department

09:34:30 From Cindy Sharp to Everyone:  
I have no audio today, so I won't be able to introduce myself

09:34:35 From Denisse Rodriguez to Everyone:  
Good morning everyone! I'm Denisse, Program Manager with the Alzheimer's Association. We provide multiple services free of charge. Our services include training to professionals providing direct care to people living with dementia, educational programs to the general audience in the community, the Brain Bus, support groups, among others. Please reach out to me for more info 863.588.0510 or dmrodriguez@alz.org

09:34:45 From Michelle Shiver, CVA to Everyone:  
Michelle Shiver RSVP Polk [www.polk-county.net/VolunteerPolk/RSVP](http://www.polk-county.net/VolunteerPolk/RSVP)

09:35:36 From Denisse Rodriguez to Everyone:  
I have a program now and have to leave. Thank you and have a great day.

09:36:25 From Tracey Bourdon to Everyone:  
Tracey Bourdon Financial Advisor Edward Jones 863-259-4109  
[tracey.bourdon@edwardjones.com](mailto:tracey.bourdon@edwardjones.com). I would love to connect for coffee to get to know you and the services that you offer for my clients.

09:37:38 From Patricia Henderson to Everyone:  
Patricia Henderson, Senior Connection Center, Area Agency on Aging / Aging and Disability Resource Center, [patricia.henderson@sccmail.org](mailto:patricia.henderson@sccmail.org), 813.676.5609, Elder Helpline (1800-96-ELDER, 1-800-963-5337)

09:38:50 From Amanda Porter to Everyone:  
Amanda Porter, MSW

09:39:04 From Amanda Porter to Everyone:  
Marketing Liaison for Platinum Benefit Services

09:39:22 From Amanda Porter to Everyone:  
863-640-1161, [A.Porter@PlatBen.Com](mailto:A.Porter@PlatBen.Com)

09:43:56 From Laura Gaida to Everyone:  
Laura Gaida. Reverse Mortgage. Looking for info to put into my client packets.  
[Laura@compassmortgagellc.com](mailto:Laura@compassmortgagellc.com). 586-467-2100

09:47:52 From Donna Kay Dinkins to Everyone:

Keeping membership/directory current...Please use Request Change button on your online listing at [www.BLFSpolk.com](http://www.BLFSpolk.com). Or email me directly at [DonnaKay1122@gmail.com](mailto:DonnaKay1122@gmail.com).

09:47:53 From Caron Radachy to Everyone:

Good morning everyone! My name is Caron Radachy with Trilogy Home Health Care. Please let me know how I can help you with any of your home healthcare needs. My email is [Caron.radachy@thhc.xyz](mailto:Caron.radachy@thhc.xyz)

I'm having to get off for a meeting. Also thank you for the nomination to the Board. I appreciate it very much. Have fantastic day. 😊😊

09:49:47 From trodgers to Everyone:

Tammy Rodgers - Cornerstone Hospice, (863) 651-5302, I'm here to help educate families and patients about the benefits of hospice and keep them comfortable at end of life.

09:54:39 From Purrfection Computer/Randall Munsters to Everyone:

You can save the Chat information by clicking on the three dot (...), which may be different location depending on the device and sometimes not available) and choosing Save Chat. The file will be stored in a usual place, again depending on the device. You can search for chat.txt or try BLFS which may be name of the folder containing the saved Chat. [L]  
[SEP]The usual spots are in the Documents folder - Zoom folder - {Date and Event Name Title} folder - chat.txt

09:54:45 From Holly Smith to Everyone:

Holly Smith

Palm Garden Winter Haven

813-601-5224

Here to help with any needs or questions about skilled nursing.

09:55:38 From Donna Kay Dinkins to Everyone:

Michelle has done an awesome job for us as our BLFS treasurer!

09:56:27 From atery0721 to Everyone:

Good Morning - Tiffany and Amber are here from Highlands Lake Center! We are currently accepting customers for short term rehab, long term care and respite! We look forward to working with you all! Please call us with any questions! 863-646-8699

09:58:21 From Allie Bates to Everyone:

Allie Bates here! :) Age Friendly Lakeland Coordinator. We are happy to share events and activities and services that are available in Lakeland. Please send digital flyers to [allie@agefriendlylakeland.com](mailto:allie@agefriendlylakeland.com)

09:59:45 From Latesa Faison to Everyone:

Ok np would please text me at 8134840594 I will be glad to do so

10:00:18 From Tasha Saca to Everyone:

I have to log off- thank you all for coming today! It was so wonderful to see all of your smiling faces!! 😊 Remember to register for the Alzheimer's walk!!

[https://act.alz.org/site/TR/Walk2021/FL-FloridaGulfCoast?fr\\_id=14380&pg=entry](https://act.alz.org/site/TR/Walk2021/FL-FloridaGulfCoast?fr_id=14380&pg=entry) Feel free to reach out to me for any questions! [tsaca@reliancemedicalcenters.com](mailto:tsaca@reliancemedicalcenters.com)

10:04:54 From Donna Kay Dinkins to Everyone:

Donna Kay Dinkins,

Realtor(r) at

Guarantee Realty

p: 863-937-4463 m: 765-444-7744

a: 1625 S Florida Ave, Lakeland, Florida 33803