



## BETTER LIVING FOR SENIORS MONTHLY MEETING

October 20, 2021

### Board Members Present:

- Donna Kay Dinkins – Membership
- Kari Ann Gomez – Treasurer
- Jay Dee Hackney – Sergeant at Arms
- Carol Hornsby - Education
- Nicole Ramer - President
- Tammy Rodgers – Directory
- Tasha Saca – Communications
- Michelle Shiver – Secretary

### Meeting Location and Sponsor:

Due to Covid-19 this meeting was held via the Zoom application.

### Call to Order:

- The meeting was called to order by Nicole Ramer, President at 9:04 am

### Meeting Minutes

- A motion was made to approve the September 2021 Monthly meeting was made by Jaydee Hackney and seconded by Tasha Saca. **Approved.**

### Sponsor Recognition

Thank you to all our BLFS Sponsors!

### Board Nominations

Brayan Antunez  
Caron Radachy  
Allison Bates  
Patty Johnson  
Latesa Faison  
JayDee Hackney

### Board Election Results for 2022

Brayan Antunez  
Caron Radachy  
Allison Bates  
Patty Johnson  
JayDee Hackney

## Announcements

- Age Friendly Lakeland Poll
- BLFS Gives Back - \$500 to Alzheimer's Association – Walk to End Alzheimer's
- Be A Santa to a Senior

## Treasurer's Report – Kari Gomez

No Report

## Committee Reports

### Membership Report – Donna Kay Dinkins

#### New Members

- Caring with Class Van Service
- Platinum Benefit
- Sherry's Cleaning Service
- Sunshine Homecare

#### Sponsorship Renewals - Gold

- Family Elder Law
- Helping Hand

#### Sponsorship Renewals – Silver

- Clark, Campbell, Lancaster, & Munson
- Lake Gibson Village
- Gray Robinson
- Lake Howard Heights

#### Sponsorship Renewals – Bronze

- Campbell's Landing
- Heath Funeral Chapel
- Focus Homes
- Gardens of Lake Alfred
- Oasis Senior Advisors

### Directory – Tammy Rodgers

- Directory submission is approaching at the end of October be sure your renewal is current
- Accounts that are not renewed will be taken down from the BLFS website and are not included in the 2022 Directory
- Go to the BLFS website [www.blfspolk.com](http://www.blfspolk.com) and check your directory information for accuracy.
- You can request assistance with changes. Use the "Request Changes" button to submit changes.

## Agency Introductions

- 20 second maximum.
- Send events prior or post in chat

## Next Meeting

November 17, 2021: 9 a.m. - 10:30 a.m.

Location - Zoom

- Meeting adjourned at 10:35 a.m.

*Respectfully submitted by Michelle Shiver, Secretary, October 21, 2021.*

## Meeting Chat

08:55:58 From Nicole Ramer to Everyone:

Hey, Lilia! We see "connecting to audio".

08:57:14 From Lilia M. Vega to Everyone:

Got it!

09:00:05 From Lilia M. Vega to Everyone:

Hi!

09:00:25 From Donna Kay to Everyone:

Hi Lilia

09:02:28 From Allie Bates to Everyone:

Hey Everyone! Allie from Age Friendly Lakeland here! :)

09:02:44 From Donna Kay to Everyone:

Hi Allie

09:02:54 From Kari Gomez to Everyone:

Good Morning- Kari Gomez-

09:03:11 From Kari Gomez to Everyone:

Kari- from Home Instead (Lakeland)

09:03:36 From Donna Kay to Everyone:

Good Morning Kari!

09:05:08 From Michelle Shiver to Tasha Saca(Direct Message):

I will probably leave early, can you get the adjourn time and chat for me

09:05:24 From Tasha Saca to Michelle Shiver(Direct Message):

yeah no problem!

09:06:37 From Tracey Bourdon to Everyone:

Good morning everyone!

09:08:01 From Sandie Gipson to Everyone:

Good morning

09:09:58 From Caron Radachy to Everyone:

Good morning everyone! 😊

09:11:17 From Sandie Gipson to Everyone:

So glad to be here on my first meeting as a member 😊

09:14:23 From Tracey Bourdon to Everyone:

Welcome Sandie!!

09:22:34 From Allie Bates, Age Friendly Lakeland to Everyone:

Welcome Sandie! SO HAPPY TO SEE YOU HERE :) :)

09:24:45 From Latesa Faison to Everyone:  
 Spirit Soul & Body Homeless Servies are assisting the homeless every 3rd Thursday in the Plant City area we are looking any donations with women products and products and laundry soap!

09:33:10 From Jared Weggeland to Everyone:  
 Link for survey?

09:33:29 From Donna Kay to Everyone:  
 Take the survey on this link:  
<https://afl2020.wufoo.com/forms/rra4yt00mbcfbd/>

09:34:11 From Michelle Shiver to Everyone:  
 Thanks Donna

09:34:42 From Allie Bates, Age Friendly Lakeland to Everyone:  
 THANK YOU DONNA! :)

09:35:00 From Liz Craven to Everyone:  
 Love that!

09:35:02 From Allie Bates, Age Friendly Lakeland to Everyone:  
 It's also on the AFL FB Page if anyone is up for sharing it on their socials

09:35:49 From Sandie Gipson to Everyone:  
 Sunshine is collecting gifts Items to support 200 seniors in the Winter Haven area for Christmas

09:36:22 From Jared Weggeland to Everyone:  
 Need volunteers for the walk table?

09:37:34 From Tasha Saca to Everyone:  
 We absolutely need volunteers for the walk!

09:37:40 From Tasha Saca to Everyone:  
 I will add the links:

09:38:00 From Tasha Saca to Michelle Shiver(Direct Message):  
[https://act.alz.org/site/TR?fr\\_id=14380&pg=entry](https://act.alz.org/site/TR?fr_id=14380&pg=entry)

09:38:36 From Tasha Saca to Everyone:  
 To volunteer at the walk:  
<https://timecounts.org/login?next=%2Falzsefl%2Fevents%2F36171>

09:38:38 From Donna Kay to Tasha Saca(Direct Message):  
 Let me know how I can help at the walk :)

09:39:19 From Tasha Saca to Everyone:  
 For more information or to register for the Walk:  
[https://act.alz.org/site/TR?fr\\_id=14380&pg=entry](https://act.alz.org/site/TR?fr_id=14380&pg=entry)

09:39:38 From Donna Kay to Tasha Saca(Direct Message):  
 Will use link unless you need me somewhere else :)

09:40:11 From Tasha Saca to Donna Kay(Direct Message):  
 Perfect- yes register as a volunteer and then on Walk Day they will have ways to help!

09:40:28 From Donna Kay to Tasha Saca(Direct Message):  
 Thx :)

09:42:56 From Allie Bates, Age Friendly Lakeland to Everyone:

Also, as always feel free to send me digital flyers for the Lakeland or Polk county community and I will share on the Age Friendly Lakeland social media pages. This can include events, educational, or informational :) Allie@AgeFriendlyLakeland.com

09:43:16 From Kari Gomez to Everyone:

kari.gomez@homeinstead.com 863-937-1500(Office) 813-659-6093 ( cell)

09:44:57 From Kari Gomez to Everyone:

Congrats All! Welcome to The BLFS Board!

09:45:00 From Liz Craven to Everyone:

Congratulations everyone and thank you for serving!

09:45:09 From crave to Everyone:

Congratulations new Board Members! Looking forward to working with you a...

09:45:17 From crave to Everyone:

all

09:45:19 From Patty to Everyone:

Thank you all. This is an honor.

09:45:20 From Sandie Gipson to Everyone:

Congratulations!

09:45:25 From Patricia Henderson to Everyone:

Congratulations to all!

09:45:36 From trodgers to Everyone:

Congratulations to all!

09:45:38 From Amanda Porter to Everyone:

Close race! Congrats everyone :)

09:45:38 From Lilia M. Vega to Everyone:

Congratulations everyone!!

09:45:45 From Donna Kay to Everyone:

Congratulations to everyone!

09:45:46 From Allie Bates, Age Friendly Lakeland to Everyone:

Congratulations Everyone! Honestly, I am so honored! I'm looking forward to the next year!! Thank you!

09:45:55 From Tasha Saca to Everyone:

 Congratulations new Board!!! 

09:46:28 From Michelle Shiver to Tasha Saca(Direct Message):

I'm off to my conference

09:46:29 From Caron Radachy to Everyone:

Thank you so very much everyone. I am so honored. 

09:47:13 From Caron Radachy to Everyone:

Congratulations to all!!!

09:47:16 From Lori LeGrand to Everyone:

Congrats! I know the board will do great things!

09:47:39 From Georgiana Goodson to Everyone:

'Love the new Polk ElderCare Guide look!

09:47:56 From Allie Bates, Age Friendly Lakeland to Everyone:

I LOVE IT LIZ!!

09:48:08 From Lori LeGrand to Everyone:

Love the new logo Liz!

09:48:16 From crave to Everyone:  
It looks great Liz!

09:48:25 From Donna Kay to Everyone:  
So exciting for new website and new look! Great job, Liz (and Wes)!!

09:48:46 From Caron Radachy to Everyone:  
Love this Liz! Great new look.

09:53:21 From crave to Everyone:  
Encompass Home Health is currently hiring for the positions of LPN, RN, ST and Area Manager. Call or text me for more info 863-660-6177

09:53:36 From Lori LeGrand to Everyone:  
Oasis Senior Advisor: FREE service to families who are looking for IL, AL or MC communities throughout Polk.

09:54:47 From Lilia M. Vega to Everyone:  
Crime Prevention needs a secretary! If you know anyone who you think would be a good choice, please let them know! Thank you!

09:54:51 From Lori LeGrand to Everyone:  
Oasis Senior Advisor Lori LeGrand 863-333-2626

09:55:21 From Liz Craven to Everyone:  
Thanks for the feedback everyone! I appreciate you 😊

09:57:39 From Patricia Henderson to Everyone:  
Patricia Henderson, Senior Connection Center 800-963-5337, SHINE is available to help during Medicare Open Enrollment Period! See the flyer for an upcoming Enrollment Event.

09:58:52 From Allie Bates, Age Friendly Lakeland to Everyone:  
Hey Amanda, Welcome!!!!—Also, I would love to be added to that!!

09:59:28 From Amanda Porter to Everyone:  
Of course! Search Polk County Healthcare Marketing Group on Facebook and I'll add you today!

10:00:14 From Tracey Bourdon to Everyone:  
Welcome Everyone!!.

10:01:23 From Amanda Porter to Everyone:  
Platinum Benefit Services, Inc for your LTC Medicaid Applications. We provide free consultations and travel the whole state of Florida! Feel free to reach out to myself (863-640-1161, A.Porter@PlatBen.com) or Ashley Bradley (863-944-0739) with any questions

10:02:57 From Sherry Temps to Everyone:  
Sherry's Cleaning Service - specializing in serving seniors with mobility issues. 863-640-8158

10:03:13 From Tasha Saca to trodgers(Direct Message):  
Can you let me know when Reliance is due to renew? We will renew the silver sponsorship.

10:03:54 From trodgers to Tasha Saca(Direct Message):  
sure :-)

10:03:58 From Liz Craven to Everyone:  
WooHoo!

10:04:07 From Liz Craven to Everyone:

Thank you Donna!

10:04:40 From Sharmalee Jones to Everyone:

Good Morning everyone. Sonshine Elder Advisors is available to help with a variety of issues that seniors and families deal with when navigating the aging network. This includes coordinating services for people living at home, transitioning to an ALF, communication with out-of-state families, taking clients to doctor appointments and making sure all follow-up is done, and anything else that a senior might need. Sharmalee Jones, [caremanager@sonshineelderadvisors.com](mailto:caremanager@sonshineelderadvisors.com), 863-670-4443

10:05:21 From Caron Radachy to Everyone:

Thank you Donna Kay!

10:05:22 From Liz Craven to Everyone:

For ElderCare Guide advertising information contact Liz at 604-0690, [liz@proadmedia.com](mailto:liz@proadmedia.com)

10:14:08 From Donna Kay to Everyone:

Pending renewals for October

10:14:12 From Donna Kay to Everyone:

Advent Home Care Alliance, Inc.  
Cornerstone Hospice & Palliative Care  
Senior Connection Center Inc.  
Spirit Soul & Body Home Care LLC.  
Elder Law Firm of Clements & Wallace, P.L.  
Spangler Cremation Service  
LegalShield & IDShield  
Home Instead Senior Care - Lakeland  
Purrfection Computer Svcs, Inc.  
Watson Realty Corp.

10:14:36 From Donna Kay to Everyone:

Sorry that I forgot to mention during membership report!

10:15:41 From Liz Craven to Everyone:

Always a great event. Happy to be a sponsor!

10:16:54 From Georgiana Goodson to Everyone:

Senior Helpers is super excited to bring Teepa Snow, MS, OTR/L, FAOTA back to Polk County on January 27, 2022. For many years, Senior Helpers has worked in partnership with other senior service providers like you, to bring Teepa Snow to town and speak with us on dementia care. Many of you are familiar with the Senior Helpers Senior GEMS dementia materials developed by Teepa Snow.

Please email Georgiana Goodson [ggoodson@seniorhelpers.com](mailto:ggoodson@seniorhelpers.com) if you are interested in sponsoring Teepa Snow 2022!

10:16:54 From Patty Johnson to Everyone:

Thank you Georgiana!! Such a great program!

10:17:27 From Caron Radachy to Everyone:

Thank you for the Teepa Snow information!

10:18:47 From Jared Weggeland to Everyone:

Real estate

Remodels  
New builds  
One stop shop for Seniors  
Jared Weggeland  
<http://FocusGroupFL.kw.com>  
863.640.2246

10:19:14 From Tracey Bourdon to Everyone:

Tracey Bourdon Edward Jones

10:22:56 From Patty Johnson to Everyone:

🍷 Sorry, I have volunteers waiting on me. Thank you everyone! I look forward to a great 2022!

10:23:07 From crave to Everyone:

You offer a great service Lori!!

10:23:12 From Liz Craven to Everyone:

Lori is amazing!

10:23:26 From Amanda Porter to Everyone:

Sorry, I have to run to an appointment. So nice to (virtually) see everyone today, can't wait to physically see you at all these fun upcoming events! Take care

10:23:32 From Destiny to Everyone:

Lori does a WONDERFUL job with our senior clients!! we love her!!

10:23:32 From Lori LeGrand to Everyone:

Thank you!!!

10:24:28 From Lilia M. Vega to Everyone:

Hello everyone, I'm Lilia with the Polk County Sheriff's Office Crime Prevention. I'm sorry about the technical difficulties I had today. You all know what we do: We help keep Polk County safe!! And if you know someone who could be our secretary, please, please give them our number: 863-298-6677. Thank you!

10:24:58 From Allie Bates, Age Friendly Lakeland to Everyone:

Allie@AgeFriendlyLakeland.com :) Follow us on FB and Instagram! I love sharing others posts on our "Stories" as well events! :)

10:28:49 From Nicole Ramer to Everyone:

Nicole Ramer | Organized Haven | Moving, Downsizing, Estate Clearing | NASMM A+ Accredited | Partnering with Senior Living Communities, Realtors, Estate Attorneys, Funeral Home, Care Managers, Caregivers, and Financial Advisors to Ensure their Residents/Clients and their Families have the Downsizing Support they need | [www.OrganizedHaven.com](http://www.OrganizedHaven.com) | [www.Facebook.com/OrganizedHaven](https://www.Facebook.com/OrganizedHaven) | Direct: 863.279.0827 | Office: 863.268.4041 | [Nicole@OrganizedHaven.com](mailto:Nicole@OrganizedHaven.com)

10:29:55 From Laura Gaida to Everyone:

Laura Gaida Mortgage Loan Originator specializing in Reverse Mortgage 586-467-2100 [laura@compassmortgagellc.com](mailto:laura@compassmortgagellc.com)

10:31:13 From Sharmalee Jones to Everyone:

There will be a SHINE open enrollment event at Auburndale Community Church on 10/28. Call SHINE at (1-800-336-2226, option 2) or Sharmalee Jones (863-670-4443) for an appointment.

10:32:05 From Donna Kay to Everyone:



My customers have special real estate needs based on major financial and lifestyle transitions including long-term care needs that involve retiring on the beach, downsizing the family home, or relocating into Independent or Assisted Living. | Donna Kay Dinkins, Seniors Real Estate Specialist at Guarantee Realty |

10:32:45 From Donna Kay to Everyone:

[https://l.facebook.com/l.php?u=https%3A%2F%2Fg.page%2Fr%2FCRSyved\\_5E\\_2EAo%3Ffbclid%3DIwAR2uTeaiPfpDtzu23tKCRqILDHawIC943Xy-5d0qvuXivBBh9RuUBplizcw&h=AT1ajxiPfsePk45ocYXDQQOuoLu7B1rbUZbGGmUIUYsgPwL2uZIPHi-GOs2SX0-KjAugDGsLz13z9vW0PR8DW9rRbtpgTZ\\_HqDMtGXLLUNstQoQTW3Jk9qmkKtzqBm0a\\_Tr\\_9ewvM5Fhn2A](https://l.facebook.com/l.php?u=https%3A%2F%2Fg.page%2Fr%2FCRSyved_5E_2EAo%3Ffbclid%3DIwAR2uTeaiPfpDtzu23tKCRqILDHawIC943Xy-5d0qvuXivBBh9RuUBplizcw&h=AT1ajxiPfsePk45ocYXDQQOuoLu7B1rbUZbGGmUIUYsgPwL2uZIPHi-GOs2SX0-KjAugDGsLz13z9vW0PR8DW9rRbtpgTZ_HqDMtGXLLUNstQoQTW3Jk9qmkKtzqBm0a_Tr_9ewvM5Fhn2A)

10:33:10 From Donna Kay to Everyone:

Check out Jared's remodels at above link