



BETTER LIVING FOR SENIORS MONTHLY MEETING

November 17, 2021

Board Members Present:

- Donna Kay Dinkins – Membership
- Kari Ann Gomez – Treasurer
- Jay Dee Hackney – Sergeant at Arms
- Nicole Ramer - President
- Tammy Rodgers – Directory
- Tasha Saca – Communications
- Michelle Shiver – Secretary
- Carol Hornsby - Education

Absent

Meeting Location and Sponsor:

Due to Covid-19 this meeting was held via the Zoom application.

Call to Order:

- The meeting was called to order by Nicole Ramer, President at 9:04 am

Meeting Minutes

- A motion was made to approve the October 2021 Monthly meeting was made by Jaydee Hackney and seconded by Tasha Saca. **Approved.**

Sponsor Recognition

Thank you to all our BLFS Sponsors!

Announcements

- Next Meeting – **Date Change** – Annual White Elephant Gift Exchange
 - Estates at Carpenters
 - December 8th – **Note Date**
 - \$25 limit

Treasurer's Report – Kari Gomez

- Balance October 31 - \$21,550.69
- Current Balance - \$17,240.86 (expenditure for Directory)

Committee Reports

Membership Report – Donna Kay Dinkins

New Members

- Tasha Saca - Florida Presbyterian Homes
- Dr Fran Morris with Dementia Whisper

Sponsorship Renewals/Rejoin – Silver

- Tracy Kelley with Comfort Keepers
- Jorge Giraldo with Senior Helpers

Upcoming Renewals

- Age Friendly
- Cigna
- Pro Ad Media/Polk Eldercare Guide
- All Generations Transportation
- Darby Law Group, P.A., Ben and Tim Darby, Attorneys

Directory – Tammy Rodgers

- Go to the BLFS website www.blfspolk.com and check your directory information for accuracy.
- You can request assistance with changes. Use the “Request Changes” button to submit changes.

Agency Introductions

- 20 second maximum.
- Send events prior or post in chat

Next Meeting – Holiday Party

December 8, 2021: 9:00 a.m. – 11:00 a.m. – Date change

Estates at Carpenters

1001 Carpenters Way *

Lakeland, FL 33809

*Carpenters Way will be closed from the north side of the I-4 overpass to the south side of the Wedgewood Golf and Country Club south parking lot.

- Meeting adjourned at 10:25 a.m.

Respectfully submitted by Michelle Shiver, Secretary, November 17, 2021.

Zoom Chat

09:10:11 From Georgiana Goodson to Everyone:

Good morning, everyone! Please follow Senior Helpers on Instagram and <3 our posts:

Seniorhelpers_polk_fl

We're having a contest and I'm trying to feature our Polk County Home Care vibe at the national level with Senior Helpers. Also, please spread the word: "Senior Helpers is hiring experienced caregivers!" We have new clients needing assistance and we must hire more caregivers to help them. Potential caregivers can visit SeniorHelpers.com.

Thank you, always, for your referrals. 863-670-8658

=D Georgiana Goodson, Senior Helpers Polk

09:11:15 From Nicole Ramer to Everyone:

Nicole Ramer

Certified Senior Move Manager

Organized Haven

Moving | Downsizing | Estates

www.OrganizedHaven.com

nicole@organizedhaven.com

863.268.4041

09:12:30 From Tasha Saca FPH to Everyone:

Tasha Saca- *new* Associate Executive Director at Florida Presbyterian Homes!!

My new email is tsaca@fphi.org and my personal cell is 863-206-0521! 🤗🏠

09:14:07 From Lori LeGrand to Everyone:

Lori LeGrand Oasis Senior Advisor. Personal one on one Free service to Seniors and Families when they need to transition into a senior living community. 863-333-2626
llegrand@youroasisadvisor.com

09:16:53 From Donna Kay Dinkins to Everyone:

Donna Kay Dinkins, Realtor®, SRES®

I'm Your Seniors Real Estate Specialist®

Guarantee Realty

1625 S Florida Ave

Lakeland, Florida 33803

Office: 863-937-4463

Mobile: 765-444-7744

www.DonnaKayRealty.com

09:18:16 From Sandie to Everyone:

Glory of Christmas Concert on Monday, December 6th, at 7PM in Sanctuary of First Presbyterian Church Lakeland. Concert is FREE.

09:19:31 From Liz Craven to Everyone:

Add your events to the calendar here: [www.PolkElderCare.com /events](http://www.PolkElderCare.com/events)

09:20:04 From Liz Craven to Everyone:

Www.PolkelderCare.com/events

09:24:48 From Kari Gomez to Everyone:

Kari Gomez- Home Instead Lakeland We are a non medical home health agency who offers Non-medical home care wherever the senior calls home. We are also seeking caregivers that want to come and be part of an amazing group of professional caregivers. Visit www.homeinstead.com/722 and click on the career tab or call us at 863-937-1500.

We are also so excited for the 2021 Season of Be A Santa to A Senior Program- we have 11 trees throughout the county and a goal of 1500 seniors! Message me for more details or visit

<https://www.facebook.com/BeASantaLakeland> for up to date details!

09:28:17 From Donna Kay Dinkins to Everyone:

Looks AWESOME Can't wait!!

09:28:20 From Nicole Ramer to Everyone:

Organized Haven would love to have some guest bloggers on our new blog and we are looking to offer this opportunity to BLFS members/sponsors only! Please take a look (www.organizedhaven.com/blog) and let me know if you'd like to share your knowledge related to the financial, real estate, senior living, moving, elder care, elder law, etc. industries related to downsizing, moving, and organizing. This will help you have an additional back-link for Search Engine Optimization and will provide my viewers with your research and expertise! Reach out to me directly at Nicole@organizedhaven.com. :)

09:41:50 From Georgiana Goodson to Everyone:

 Bonnet Springs! 

09:42:39 From Michelle Shiver, CVA to Everyone:

This is a fantastic project! Very impressive. Kudos.

09:43:23 From Michelle Shiver, CVA to Everyone:

RSVP Polk would love to partner with Bonnet Springs! michelleshiver@polk-county.net 863-534-5329

09:43:24 From Tasha Saca FPH to Everyone:

For the Parks and Rec show fans...Leslie Knope would be so proud to see a park like this!! What an incredible project!!  

09:44:28 From Liz Craven to Everyone:

So excited about all this will bring to the community. I am a founding friend and encourage you all to be one too!

09:46:09 From Lori LeGrand to Everyone:

Oasis Senior Advisor would love to be a partner! Please repeat how to join!

09:47:03 From Allie Bates to Everyone:

Heidi THANK YOU SO MUCH for another fantastic presentation! I love the awareness and excitement around the park!!!!!!

09:47:34 From Barbara Herrington to Everyone:

Great update thanks!

09:47:39 From Donna Kay Dinkins to Everyone:

<https://bonnetspringspark.com/friends-of-bsp/>

09:47:50 From Laura Gaida to Everyone:

Thank you Heidi - such a great project for the community.

09:48:21 From Sandie to Everyone:

Fantastic environmentally and in so many ways. Will entry to the park be free?

09:48:28 From Donna Kay Dinkins to Everyone:

<https://bonnetspringspark.com/brickcampaign/>

09:48:37 From heideevanswaldron to Everyone:

Heide Evans Waldron heide@bonnetspringspark.com

09:48:47 From Donna Kay Dinkins to Everyone:

<https://bonnetspringspark.com/benchcampaign/>

09:50:01 From Purrfection Computer/Randall Munsters to Everyone:

Can outside people do educational opportunities at the park?

09:51:18 From Barbara Herrington to Everyone:

All About Aging is your go-to group for helping families identify the cause of challenges they are experiencing with an older family member or friend and help

provide solutions leading to a more peaceful life for all. We have 6 Aging Life Care specialists, and also 2 nurse consultants in addition to a Daily Money Manager. Our work is varied and we can help you with any challenge - give us a call. 863-557-7604 <https://www.allaboutagingllc.com/>

09:52:42 From Sandie to Everyone:

Thank you for the great program. Look forward to seeing the park in 2022.

09:52:51 From Florida Presbyterian Homes - Skylar Harrison to Everyone:

Thank you

09:54:35 From Barbara Herrington to Everyone:

bye for now and thanks!

09:56:10 From Michelle Shiver, CVA to Kari Gomez(Direct Message):

We also have some Christmas cards this year. at least 200

09:56:29 From Patty Johnson to Everyone:

Kari:

09:56:48 From Patty Johnson to Everyone:

Hey Kari:

09:58:03 From Patty Johnson to Everyone:

Ok try that again.! Kari- we have some soft fleece blankets hand made to fill in , like 15 of them to contribute, and thank you for helping out VISTE clients with these gifts!!!

09:58:40 From Sharmalee Jones to Everyone:

I need to leave early today. Good to see everyone and looking forward to being in person in December. Sonshine Elder Advisors, Navigating the Aging Network. I can assist with any needs seniors and their families may have. Sharmalee Jones, 863-670-4443, caremanager@sonshineelderadvisors.com

09:59:49 From Laura Gaida Reverse Mortgage Specialist to Everyone:

I apologize that I have to leave for training.

10:00:05 From Kari Gomez to Michelle Shiver, CVA(Direct Message):

Yeah! Thank you !

10:02:56 From Patricia Henderson to Everyone:

Patricia Henderson, Senior Connection Center, patricia.henderson@sccmail.org
Medicare Open Enrollment Period ends December 7th. SHINE counselors are available to help with Medicare questions. Call 1-800-963-5337 to speak with a SHINE counselor.

10:06:04 From Tracey Bourdon to Everyone:

Tracey Bourdon Financial Advisor Edward Jones 290 Cypress Gardens Blvd
Winter Haven in the Coldwell Bank Building 863-259-4109. We work with people to not only get to retirement, but also help them throughout their retirement!

10:09:02 From Michelle Shiver, CVA to Everyone:

December 8, 2021: 9:30 a.m. – 11:00 a.m.

Estates at Carpenters

1001 Carpenters Way *

Lakeland, FL 33809

*Carpenters Way will be closed from the north side of the I-4 overpass to the south side of the Wedgewood Golf and Country Club south parking lot.

10:09:26 From Michelle Shiver, CVA to Everyone:

9:00 AM

10:09:31 From Donna Kay Dinkins to Everyone:
Thanks Michelle! That is good to know!

10:09:35 From Georgiana Goodson to Everyone:
Georgiana Goodson, Senior Helpers 863-670-8658

10:11:15 From Tasha Saca FPH to Everyone:
Remember the most popular gifts are gift cards and 🍷 !! 😊🎁

10:11:39 From Purrfection Computer/Randall Munsters to Everyone:
That and alcohol it seems...^[T T T T T]_[SEP]Wishing everyone an absolutely wonderful day!

10:11:45 From Florida Presbyterian Homes - Skylar Harrison to Everyone:
Hi everyone, please call Florida Presbyterian Homes sales team @ 863-577-6001 to discuss independent living apartments or assisted living needs.

10:12:07 From Florida Presbyterian Homes - Skylar Harrison to Everyone:
Also, please check out our new website www.fphi.org

10:13:19 From Liz Craven to Everyone:
Call Liz at 604-0690 to reserve your space in the 2022 issue of ElderCare Guide.
Have a great day!

10:15:00 From Purrfection Computer/Randall Munsters to Everyone:
Purrfection Computer Services, 813-685-5880,
Care@PurrfectionCSI.com^[T T T]_[SEP]Helping the elder community with IT, making it safe, fulfilling and fun environment to keep them in touch with the world and loved ones.

10:15:37 From TerresaLindstamer to Everyone:
Terre Anne, FL Ombudsman Program 863-413-2764

10:15:51 From Lori LeGrand to Everyone:
I am receiving blank Christmas cards w/ envelopes. Who needs them? Lori @ Oasis Senior Advisor 863-333-2626

10:16:02 From Allie Bates to Everyone:
Allie Bates with Age Friendly Lakeland. We are looking to have as many responses as possible to our consumer survey for caregivers and older adults in Lakeland. Please share! Here is the link:
<https://af12020.wufoo.com/forms/rra4yt00mbcfbd/>

10:16:19 From Patty Johnson to Everyone:
If you would like to deliver some Thanksgiving meals on Wed Nov 24 to seniors, please go to viste.org, click on events, click on thanksgiving, and submit to register!!
FUN community giving back event!

10:21:33 From Donna Kay Dinkins to Everyone:
Yes! Thanks Tracey!! I will make sure you are on my membership report for December!!! Sorry about that!

10:23:09 From Michelle Shiver, CVA to Patty Johnson(Direct Message):
If you send a flyer I will share it with our volunteers.

10:23:19 From Sandie to Everyone:
Anyone is invited to participate in any of our events.

10:25:07 From Michelle Shiver, CVA to Everyone:
RSVP Polk has cards for seniors for encouragement. Contact me to get cards

10:25:14 From Lori LeGrand to Everyone: Have to go...got a sick kiddo.