



## BETTER LIVING FOR SENIORS MONTHLY MEETING

March 17, 2021

### Board Members Present:

- Donna Kay Dinkins – Membership
- Lacey Gardner – Speakers/Venues
- Jay Dee Hackney – Sergeant at Arms
- Tammy Rodgers – Directory
- Tasha Saca – Communications Kari
- Ann Gomez – Treasurer
- Carol Hornsby - Education

#### Absent:

- Nicole Ramer - President
- Michelle Shiver – Secretary

### Meeting Location and Sponsor:

Due to Covid-19 this meeting was held via the Zoom application.

### Call to Order:

- The meeting was called to order by Tasha Saca, Past-President at 9:04 am

### Meeting Minutes

- A motion was made to approve the February 2021 Monthly meeting. The minutes were motioned by Lacey Gardner and seconded by Tammy Rodgers. **Approved.**

### Sponsor Recognition

Thank you to all of our BLFS Sponsors!

- Gold Sponsor – Helping Hand, ElderCare Guide

### Speaker: Leslyn Diaz-Polk Health and Human Services

Presentation: Polk Healthcare Plan

### Treasurer's Report – Nicole Ramer

- Incoming: \$ 993.87 (Membership)
- Outgoing: \$ 667.92 (Storage Unit Rental; Zoom membership, Ligon for Website, Polk Senior Games, Board headshots for website, PO Box annual renewal)
- Available Balance: \$15,385.91
- Available Balance: \$15,385.91

## Committee Reports

### Directory – Tammy Rodgers

- Go to the BLFS website [www.blfspolk.com](http://www.blfspolk.com) and check your directory information for accuracy.
- Two was to make changes. 1. Login and make changes 2. Use the request changes button to have an administrator make the changes for you.

### Education Committee –No Report

### Membership Report – Donna Kay Dinkins

- New Member Spotlights
  - Astoria Assisted Living
  - Optum
  - Holley Financial Services LLC
- Thank you to members who renewed/rejoined
- Renewal Reminder for March:  
CarePlus Health Plans, Savannah Cottage of Lakeland,
- Renewal Reminder for April:  
CaptionCall
- Renewal Reminder for May:  
Healthy Transitions Massage Therapy for Seniors & Those Living with Cancer, Relive Sports Medicine, Mulberry Pharmacy
- Agency Introductions
- Poll Result: 63% (23 votes total) chose to have a hybrid model for meetings (assuming we find somewhere appropriate)

## Events:

- Calendar is now live on BLFS, ElderCare Guide and Age Friendly Lakeland
- Senior Helpers – Tapa Snow *save the date*: January 27, 2022, Highland Park Church, Lakeland
- Walk to End ALZ- October 30<sup>th</sup> in Lakeland. Register your team and for those that want to sponsor- contact Tasha.

## Next Meeting

- April 21, 2021 – Via Zoom.
- Meeting adjourned at 10: 25 a.m.

*Respectfully submitted by Tasha Saca, Past-President, March 17, 2020.*