



## BETTER LIVING FOR SENIORS MONTHLY MEETING

February 15, 2023

### Board Members Present:

- Donna Kay Dinkins- President
- Destiny Crisman- Vice President
- JayDee Hackney- Sergeant at Arms
- Allie Bates- Treasurer
- Amanda Porter- Communications
- Grace Shelton- Speakers and Venues
- Tabitha Mattison- Directory
- Patty Johnson- Secretary

Absent

### Meeting Location and Sponsor:

Location- Lake Howard Heights Independent and Assisted Living Community

Food Sponsor- Lake Howard Heights

### Speaker:

Alicia Douglas, Program Manager for Trauma Center, Lakeland Regional Health

Courtney Simpson, Trauma Continuum Coordinator, Lakeland Regional Health

Brittany Pilcher, Development Director, Center for Independent Living

### Call to Order:

- The meeting was called to order by Donna Kay Dinkins at 8:52 am

### Meeting Minutes

- January 2023 minutes were approved. Motion for approval by Tracey Bourdon, seconded by Caron Radachy.

### Announcements

- Gold sponsors benefits include an extra 30 seconds to highlight their business on introduction. All members receive a listing in the Sage Aging ElderCare Guide of Polk County. Members' events may be posted on the ElderCare Calendar. There are also educational podcasts, and members can subscribe to the newsletter at [eldercareguide.com](http://eldercareguide.com).

### Treasurer's Report

Current Balance- \$23,546.03. Items paid were annual housekeeping dues such as State Regulations. There were also a couple of renewals.

## Membership Report

- We had 2 new members including Debbie Hatcher that joined in January.
- Please note that each membership can list a secondary contact.
- If we have guests that wish to become members, they can join today.
- New/updated members include Organized Haven- Silver Sponsor, and LPS Healthcare Solutions.
- First time guests included Kent Estes with Treasure Hunters Estate Sales, Nora Sewell with Burgos & Brien, Angel Reyes Social Work Intern at Reliance Medical Centers, Akshaya James with Dedicated Senior medical Centers, Tammy Erickson with Mortellaro Law, Gregory Edwards with Center for Independent Living, and Mark Arquitt with Home Instead Winter Haven.

## Communications Report

- Bring your flyers to put on the flyer table for upcoming events
- Please like and share BLFS posts on facebook
- Let Amanda Porter know if you are not receiving emails from BLFS
- Allie Bates with Age Friendly Lakeland asks that you complete the short survey titled "Would you like to see a senior Center in Lakeland". If all members asked 3 people to complete, that would give a great base for them to tabulate.

## Next Board Meeting

March 8, 2023, at Lake Gibson Village

## Next General Meeting

March 15, 2023, 8:45 at Kelly Recreation Center, with scheduled speaker Jillian Spangler, The topic is Boxing for Parkinson's.

## Adjournment

Meeting Adjourned 10:15 am