



Organic Salads

*Large Salads,
Handmade to Order*

Abundant Veggie: Half an organic Avocado on Romaine Lettuce with Cherry Tomatoes, Apple Bits, Carrots, Raisins, Cucumbers, Cashews, and Sprouts (\$16.95)

Berry Lovers: A scoop of Organic Chicken Salad on crisp, Romaine Lettuce with mixed fresh Berries, Mandarin Oranges, Cucumber, and Sprouts (\$16.95)

Yalla Hummus Plate: A generous spread of local Yalla Hummus, Olives, Stuffed Grape Leaves, Massaged Kale Salad, Tomatoes and Artichokes served with a warm Pita (\$17.95)

Organic Grain Bowl: A healthy and gluten-free combination of Grains and Seeds, served with Roasted Vegetables, and Goddess Dressing (\$11.95)
+ **Avocado** (+\$2)
+ **Chicken Salad** (+\$4)

Dressing: Balsamic Vinaigrette, Creamy Poppyseed, Blush Vinaigrette



The Garden Market

Eat in or Take Away ☎ 802-856-7355

Routes 11 and 100, Londonderry, Vermont 05148

gardencafeandgallery.com

Wraps & Sandwiches

Wholesome and Organic, Made to Order

The Pammy Wrap: A Garden Market Favorite from the very beginnings — Avocado, Cucumbers, Tomatoes, Havarti Cheese, & Sprouts. Your choice of hummus or mayonnaise on a soft Spinach Wrap (\$12.95)

Mickey's Favorite: Lean, thinly sliced Roast Beef with organic Lettuce, Tomato, and fresh Horseradish Mayonnaise (\$15.95)

Vermont Brie & Basil: Vermont Brie layered with Roasted Tomatoes, Romaine Lettuce, and drizzled with our house made Pesto (\$13.95)

Greek Spinach Roll Up: Yalla Hummus with Feta, Sprouts, Seasoned Tomatoes, Artichoke Hearts, and Spinach in a Spinach Wrap (\$12.95)

Pawlet Smoked Ham and Honey: Black Forest Ham, Cheddar Cheese, Organic Apple Slices, Lettuce, and Honey Cup Mustard (\$13.95)

Smokin' Tempeh: Yalla Hummus layered with Red Onion, Swiss Cheese, Sprouts, Smoked Tempeh, Romaine Lettuce, and BBQ Sauce (\$13.95)

Cracked Pepper Turkey: Thinly Sliced Turkey, topped with freshly ground Black Pepper, Cranberry Sauce, Romaine Lettuce, and Tarragon Mayonnaise (\$12.95)

California Wrap: Turkey, Avocado, Bacon, Red Onion, Tomato, Lettuce, Havarti Cheese, and Chipotle Dressing in a Whole Wheat Wrap (\$13.95)

Turkey Reuben: Thinly Sliced Turkey (or Tempeh!) with Sauerkraut, Swiss Cheese, and Reuben Dressing, grilled to order (\$14.95)

Black Forest Ham & Cheese: Black Forest Ham, Havarti Cheese, Red Onion, Tomato, and Stone Ground Mustard, grilled to order (\$14.95)

Tempeh & Vegetable Flat Wrap: Smoked Tempeh, Red Onion, Roasted Tomatoes, Artichokes, Sprouts, and Avocado in a soft Spinach Wrap, grilled to order (\$13.95)

Sweet Liberty: Smoked Tempeh, Swiss Cheese, Tarragon Mayonnaise, Honey Cup Mustard & Roasted Tomatoes, grilled to order (\$13.95)

Stuffed Croissant Sandwich: Our Signature Chicken Salad, Romaine Lettuce, Tomato, and Red Onion on a freshly baked Croissant (\$13.95)

Pulled Pork: On a toasted Brioche Bun with Apples and Slaw (\$14.95)

Country Pate Sandwich: Organic Pate layered with Curry Cassis Dressing, Swiss Cheese, Roasted Tomatoes, and Sprouts (\$16.95)

Grab & Go Meals are available everyday at the deli

*Deli Salads & Hot Soup
are always available in
our deli case, with
weekly rotating options*



Pastries

Freshly Baked In House!

Croissants
Cookies
Berry Crumble Bars
Brownies
Cinnamon Buns
Gluten Free Cake



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Breakfast

Wholesome and Organic, Prepared to Order

Breakfast Flat Wrap: House made Egg Soufflé flat wrapped in a Whole Wheat Wrap with Cheddar Cheese and Bacon (\$9.95)

+ **Southwestern Style:** Add Salsa and Avocado (\$11.95) (+\$1 for on a Bagel)

Organic Sprouted Wheat Bagel: Toasted with Vegan Butter (\$2.95)

+ **Cream Cheese / Peanut Butter / Jam:** (+ \$1 each)

+ **Gravlax:** Housemade Cured Salmon, when available (MP)

Perry's Favorite Sunday Bagel: Whole "Everything" Bagel topped with ripe Avocado, Pomegranate Seeds, and drizzled with Curry Cassis Cream (\$10.95)

Gammelgården Skyr Yogurt Parfait: Local, small-batch Skyr layered with organic Granola and seasonal Berries (\$10.95)

Frittata Plate: A slice of house made Frittata served with a side salad (\$9.95)

Drinks

Mocha Joe's Coffee & Espresso ☺ Available HOT or ICED

Double Shot Espresso: (\$2.50)

Americano: Double shot of Espresso + hot water (\$3.00)

Macchiato: Double shot of Espresso + a dollop of foam (\$4.00)

Cappuccino: Double shot of Espresso + more foam than steamed milk (\$4.00)

Latte: Double shot of Espresso + more steamed milk than foam (\$5.00)

Breve: Double shot of Espresso + steamed and frothed half & half (\$4.50)

Drip Coffee: Organic + freshly brewed (\$2.50)

Iced Coffee: Freshly brewed and made with real coffee iced cubes! (\$4.99)

Lavender Latte: Latte + Housemade Lavender Syrup (\$6.00)

Pistachio Latte: Latte + Pistachio Butter Syrup (\$6.00)

Mocha: Latte + organic Chocolate Syrup (\$6.00)

Double Shot Dirty Chai: Latte + organic Chai mix (\$6.00)

Chai Latte: Like our Dirty Chai made without Espresso (\$4.50)

Matcha Latte: Matcha Tea mixed with steamed and frothed milk (\$6.00)

London Fog: Earl Gray Tea steeped in steamed and frothed milk (\$5.00)

Hot Chocolate: Organic and delicious! (\$4.50)

Parisian Hot Chocolate: With freshly grated Dark Chocolate (\$9.00)

Herbal Tea: Choose from a variety of flavors (\$3.50)

DAIRY ALTERNATIVES: Almond + Oat

*FLAVOR SHOTS (+\$1.00) : French Vanilla, Hazelnut, Caramel, Lavender
Pistachio, Raspberry-Cayenne, Real Maple Syrup, Pumpkin Spice*

DECAF ESPRESSO AVAILABLE UPON REQUEST