



MASSAGE MENU

A moment to pause, surrounded by
the natural calm of Holbox.

Relaxing Massage

A soothing massage with light pressure,
ideal for reducing stress.

60 min · MXN \$1,300

Swedish Massage

Long, flowing movements with moderate
pressure to ease tension and improve
circulation.

60 min · MXN \$1,300

Deep Tissue Massage

Firm pressure on deeper muscle layers to
help release knots and discomfort.

60 min · MXN \$1,500

Decontracting Massage

Targeted firm pressure to relieve muscle
tightness and accumulated tension.

60 min · MXN \$1,500

Maya Massage

Inspired by ancestral Mayan techniques,
with relaxing movements and energy point
pressure. Finished with a honey and sugar
mask.

60 min · MXN \$1,500

Sports Massage

Stretching and focused pressure to
support muscle preparation and recovery.

60 min · MXN \$1,300