

Autumn/Winter 2023/2024:

4/9, 25/9, 16/10, 6/11, 27/11, 18/12, 8/1, 29/01

LUNCH WEEK 1 MENU



MAIN EVENT



MEAT-FREE MAGIC Vegetarian Dish



KAINBOW ALLEY
Vegetables and Salads



BIG TOPPING Filled Jacket

Topped Pasta



DESSERT TROLLEY Pudding

PICK AND MIX

MONDAY

Chicken & Vegetable Meatballs in Tomato Sauce with Pasta Twirlers

Sweet Chilli Vegetable Stir Fry with Whole Grain Rice

Mixed Salad

TUESDAY

Mild Chicken Curry with Whole Grain Rice

Cheesy Broccoli Pasta Bake

Green Beans

WEDNESDAY

Sausages with Mashed Potatoes and Gravy

Homemade Cheese and Leek Sausages

with Mashed Potatoes and Gravy

Broccoli

Drizzlo

THURSDAY

BBQ Drizzle Pizza with Baked Potato Wedges

Tarka Dhal Curry (Veggie Lentil Curry) with Whole Grain Rice

Peas

Margherita with Chips

FRIDAY

Golden Fish Fingers or

Salmon Fingers

with Chips

Pizza

Baked Beans

Daily salad bowl and freshly baked bread available every day

Hot Pasta topped with Homemade Tomato Sauce

Crispy Skin Jacket Potatoes

with Cheese or Beans

Pick & Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake dessert & cut fruit

Toffee Sponge and Custard

Jelly & Fruit Slices

Tropical Pineapple Crumble and Custard

Orange Cookie Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day



Autumn/Winter 2023/2024:

11/9, 2/10, 23/10, 13/11, 4/12, 25/12, 15/1, 5/2

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MATN FVFNT



MEAT-FREE MAGIC

Vegetarian Dish



Vegetables and Salads



Filled Jacket

Topped Pasta



PICK AND MIX



Pudding

MONDAY

All Day Breakfast Brunch Sausage, Egg, Hash Brown and Beans

All Day Veggie Breakfast Brunch Veggie Sausage, Egg, Hash Brown and Beans

Baked Beans

TUESDAY

Pizza Margherita with Baked Potato Wedges

Golden Vegetable

Fingers with Baked Potato Wedges

Green Salad

WEDNESDAY

Minced Beef and Onion Pie with Mash

Super Veggie Pie Vegetable, Lentil and Onion Pie with Mash

THURSDAY

Chicken **Chow Mein** (Noodles)

Mexican Bean Wrap with Whole Grain Rice

FRIDAY

Golden Fish **Fingers** with Chips

Cheesy Sweetcorn Pizza with Chips

Baked Beans Sweetcorn

Daily salad bowl and freshly baked bread available every day **Hot Pasta topped with Homemade Tomato Sauce**

Carrots

Crispy Skin Jacket Potatoes

with Cheese or Beans

Pick & Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake dessert & cut fruit

Banana Sponge Cake and Custard

Jammy Crumble Bars

Apple Crumble and Custard

Orange Jelly

Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day



Autumn/Winter 2023/2024: 18/9, 9/10, 30/10, 20/11, 11/12, 01/01, 22/01,12/02

LUNCH WEEK 3 MFNU



MATN FVFNT



MEAT-FREE MAGIC



Vegetables and Salads







Vegetarian Dish

Topped Pasta

Filled Jacket

PICK AND MIX

Pudding

MONDAY

Hot Dog with Baked Potato Wedges

Vegetarian Shepherd's Pie

Green Beans

TUESDAY

Tomato & Roasted Vegetable Pasta Bake

Mixed Vegetable Korma with Whole Grain Rice

Broccoli

WEDNESDAY

Roast Gammon with Roast Potatoes and Gravy

> Baked Mac n Cheese

> > Carrots

THURSDAY

Pizza Day! Veggie Supreme Pizza with Baked Potato Wedges

> **BBO** Drizzle Pizza with Baked **Potato Wedges**

Peas

FRIDAY

Golden Fish **Fingers** with Chips

Golden Vegetable Fingers with Chips

Baked Beans

Daily salad bowl and freshly baked bread available every day **Hot Pasta topped with Homemade Tomato Sauce**

Crispy Skin Jacket Potatoes

with Cheese or Beans

Pick & Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake dessert & cut fruit

Watermelon Wedge

Chocolate Crunch and Custard

Oaty Apple Crunch Slice Strawberry Jelly

Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day