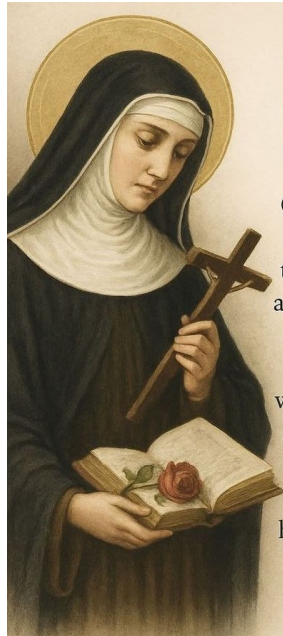




Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ,
wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Your wounds hide me.
Separated from You let me
never be.
From the evil one protect me.
At the hour of my death, call me;
and close to You bid me.
That with Your saints and angels,
I may be praising You forever
and ever. Amen.
- St. Ignatius of Loyola



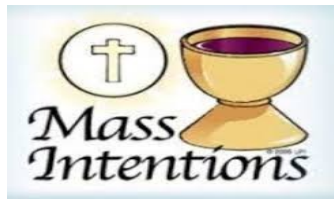
PRAYER TO ST. RITA OF CASCIA

O glorious St. Rita,
you endured life's
trials with patience
and unwavering faith.
Help us to trust in
God's plan, even
when the road seems
uncertain. Pray for
us, that we may
find peace in our
hearts and strength
to carry our crosses
with love. Amen.



DIVINE MERCY PRAYER

EVERY FRIDAY
AFTER
MORNING MASS



Mike & Violet Pszyk—7/04

Nathan Perreira—7/11

Johansen Ventura—7/14

Shane Ventura—7/15

Abel & Irene Gouveia—7/18

Mikie Pszyk—7/25

PLEASE PRAY FOR OUR SICK BROTHERS & SISTERS

James Gonzalez-Wesley
Debbie Faborito
Rachel Cravalho
Robert Robello
Melissa Prince
Stanley Lee
Fr. Chacko Muthoottil
Winona Martinez
Rachel Chong Kee
Clarita Pimentel
Felicia Gonzalez
Rosaline DeMello
Gosha Jasowicz
Annette Palamino
Bob Garza
Theresa Honokaupu
Sandy Silva
Cheryl Tabaco



Join Us to Pray the
*Litany of St. Rita, Holy Rosary
and Guardian Angel Prayer*
Tuesday thru Friday
after morning mass
*Saturday before Mass at
4:30pm
Sunday at 8:00am*



ST. RITA MINISTRIES

PASTORAL & FINANCE COUNCIL

FAITH FORMATION

STEWARDSHIP

ENVIROMENT & LITURGICAL

SACRISTANS & ALTAR SERVERS

LECTORS

EUCCHARISTIC MINISTERS

MUSIC CHOIR

BEREAVEMENT

USHERS / GREETERS

REPAIRS & YARD MAINTENANCE /
SAFETY

PLANNING & BUILDING

COLLECTION COUNTERS

THRIFT STORE VOLUNTEERS

CHURCH CLEANERS

HOSPITAL & HOMEBOUND

COMMUNITY OUTREACH

*You are created by God
to love Him, know Him
and to serve Him.*



ST. RITA CATHOLIC CHURCH
655 HAIKU RD., HAIKU, HAWAII 96708
ST. GABRIEL MISSION
WAILUANUI, KEANAE



Our Parish COMMUNITY

July 5, 2026

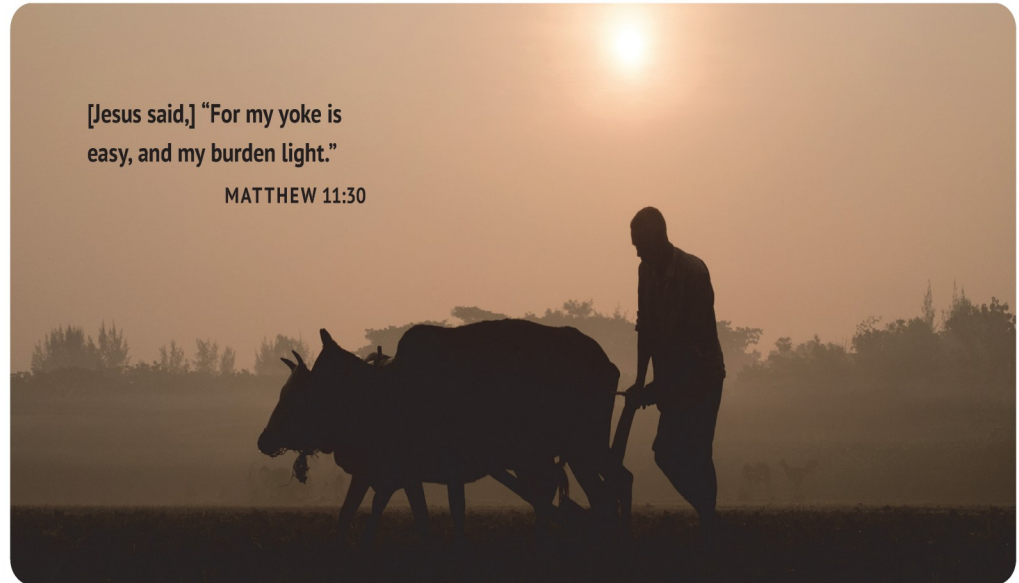
Fourteenth Sunday in Ordinary Time (A)

Zechariah 9:9-10 / Romans 8:9, 11-13 / Matthew 11:25-30



[Jesus said,] "For my yoke is
easy, and my burden light."

MATTHEW 11:30



Take Up the Yoke

ANN M. GARRIDO

The invention of the yoke 6,000 years ago marked one of the great advances in human history. The yoke—a wooden beam fitted across the neck—harnessed the energy of two cattle pulling in the same direction, hastening the tilling of soil and transport of goods.

It is easy to see why, among many ancient peoples, the yoke became a symbol of subjugation. When the Roman army won a battle, they forced defeated soldiers to walk beneath a "yoke" of spears to indicate they were now in a state of servitude. The prophet Jeremiah once walked through Jerusalem wearing a yoke to warn the people they were about to be conquered by Babylon.

In Judaism, however, the Torah was also sometimes referred to as a yoke. It was a law to be submitted to, but it also was a way of life that offered an alternative to the cruel "yokes" imposed by kings. The Book of Sirach encourages youth to "Take [Torah's] yoke upon your neck; that your mind may receive her teaching.... See for yourselves! I have labored only a little but have found much" (Sirach 51:26-27).

It is unclear exactly what Jesus meant when he invited us to accept *his* yoke, but it is likely that he was echoing the invitation of Sirach. He wanted us to know that following God's law makes it possible for us to work together, accomplishing much that we could not do on our own. And that God's law is a gentle law—one that enables rather than oppresses. Are you willing to receive Christ's gentle teaching and make it your own? ●

Reflect

Is there a teaching of Jesus you find challenging?



July is dedicated to the Most Precious Blood of Christ, a significant devotion in the Catholic Church.

This month serves as a time for reflection, gratitude, and adoration of the sacrifice made by Jesus on the cross for humanity's redemption.

St. Rita Healing Mass
Saturday, July 11, 2026
5:00pm



Sign up sheet for
Anointing of the Sick
is on the church bulletin board.



PUAALA KEKIWI
passed away peacefully on Thursday, June 25th. We offer our deepest sympathy to the Kekiwi & Kaauamo 'Ohana

Services: Christ the King Church, July 25th
Visitation 9am, Prayer Service 11am

Eternal rest grant unto her, O Lord, and let perpetual light shine upon her. May her soul through the mercy of God, rest in peace. Amen

CATHOLIC CHURCH IN HAWAII

200TH ANNIVERSARY

MAUI & LANAI VICARIATE
OPENING MASS

ST. THERESA KIHEI

THURSDAY, JULY 9TH 6PM

JULY 2026 - JULY 2027

200 YEARS



A big **MAHALO** for your generous donations of **\$2,000.00** to support the work of **Fr. Paul's congregation Missionaries of Faith India.** God bless you all !

MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly unto thee, O Virgin of virgins, my Mother; to thee do I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.



"Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil; May God rebuke him, we humbly pray; And do thou, O Prince of the Heavenly Host, by the power of God, thrust into hell Satan and all evil spirits who wander through the world for the ruin of souls. Amen."

MONDAY

July 6
Weekday
Hos 2:16, 17c-18, 21-22
Mt 9:18-26

TUESDAY

July 7
Weekday
Hos 8:4-7, 11-13
Mt 9:32-38

WEDNESDAY

July 8
Weekday
Hos 10:1-3, 7-8, 12
Mt 10:1-7

THURSDAY

July 9
Weekday
Hos 11:1-4, 8e-9
Mt 10:7-15

FRIDAY

July 10
Weekday
Hos 14:2-10
Mt 10:16-23

SATURDAY

July 11
St. Benedict, Abbot
Is 6:1-8
Mt 10:24-33

SUNDAY

July 12
Fifteenth Sunday in Ordinary Time
Is 55:10-11
Rom 8:18-23
Mt 13:1-23 or 13:1-9

14th Sunday in Ordinary Time

Stewards Gifts



"For my yoke is easy, and my burden light." - MATTHEW 11:30

When we think of being good stewards, we may think that God is asking too much of us when He calls us to generously share our time, talent and treasure. However, we must remember that we are not "owners" of anything, we are merely "stewards" of the gifts God has given us. All He is asking is that we give back a small portion, in gratitude, of what He has already given to us.

St. Rita	INCOME June 28, 2026	St. Gabriel
\$1,000.00 \$40.00	Collection Online	
\$47.00	Candles	
\$436.00 \$100.00	Seminarian Education Mass Intentions	
\$184.00	Missionaries of Faith	
\$100.00	Donations	
\$400.00	Container	
\$312.00	Thrift Store	
\$2,619.00	TOTAL Mahalo for your generosity!	



ST. RITA CHURCH
ONLINE GIVING AVAILABLE

SCAN QR CODE
Online giving powered by:
WESHARE

Please kindly consider online giving during your summer vacation. This will help with the operation expenses of the church. Mahalo!



Saint Rita and Divine Mercy
intentions and favors

Join us to pray
Novena to Saint Rita
Second Thursday
of each month after
morning mass.

Intentions and favors can be offered and dropped into the designated boxes.



This week's second collection:
Holy Father (Peter Pence)

Next week's second collection:
Shepherd's Care

St. Rita Thrift Store

Tuesday 8am—12pm
Sunday 9:45am—12pm



CLOTHES, HOME DÉCOR,
BEDDING, DISHES &
MORE



CONGRATULATIONS
FR. TERRY WATANABE
ON YOUR RETIREMENT!

YOU HAVE BEEN A BLESSING TO THE BODY OF CHRIST. MAY GOD BLESS YOU ABUNDANTLY FOR YOUR 49 YEARS OF SERVING THE PEOPLE OF GOD IN DIOCESE OF HONOLULU AND BEYOND!

Mahalo celebration 6/26/26

