



Sunday

BRUNCH AVAILABLE

BRUNCH

SUNDAY
HOURS

9:00 AM

3:00 PM

WELCOME TO HOPE HEROES

FOR LIL HEROES

KIDS CHICKEN & WAFFLE

1/2 of a waffle topped with a fried chicken wing served with maple syrup. \$9.95

KIDS BISCUIT & GRAVY

1 freshly made biscuit topped with our specialty pork sausage gravy. \$7.95

KIDS FRENCH TOAST

3 French toast sticks served with maple syrup. \$7.95

1 SIDE AND DRINK ARE INCLUDED IN KIDS MEALS.

Sides:

Fruit, bacon, pork sausage patties (2), eggs, homestyle potatoes, or grits.

ADD-ONS

CHEESE

Extra cheese for \$1.95

SHRIMP

5 extra shrimp for \$6.95

GRILLED CHICKEN

4 oz of sliced grilled chicken for \$6.95

Biscuit 'N' Gravy

One buttermilk biscuit topped with black pepper and pork sausage gravy. \$3.95

BISCUITS

1 buttermilk biscuit for \$1.95

TOAST

2 pieces of toast for \$1.95

**Eat Good
FEEL GREAT
For Good**
Helping Other People Eat!



HOPE HEROES SOUTHERN KITCHEN

DELICIOUS EXTRAS

HOPE CAKES

Southern staple! Sweetened corn bread.

\$1.25 each

- 6 for \$5.95
- 12 for \$10.95

BANANA PUDDING

Southern banana cream pudding between layers of vanilla wafers and fresh bananas. \$6.95

ASK ABOUT OUR DESSERTS OF THE DAY!

SIDES

(2) Eggs Your Way	\$4.90
Fruit Salad	\$5.75
Thick-Cut Bacon (3 slices)	\$5.95
Grits	\$3.25
Homestyle Potatoes	\$6.95
Sausage Patties (2)	\$3.95

MAIN COURSE

BISCUITS 'N' GRAVY

Two buttermilk biscuits topped with our specialty creamy pork sausage gravy. \$13.95

THE HEROES BREAKFAST **NEW**

Two eggs, side of grits or homestyle potatoes, three slices of bacon or two pork sausage patties, fresh buttermilk biscuit or two hopecakes. \$13.95

CHICKEN 'N' WAFFLES

Two seasoned, fried chicken wings, over a Belgian waffle served with maple syrup. \$17.49

SHRIMP 'N' GRITS

Shrimp sautéed in Sherry Wine with andouille sausage, and southern mirepoix. \$18.95

AVOCADO TOAST

Grilled toast with an avocado salad topped with sliced cherry tomatoes. Served with a side of fruit. \$11.95

FISH 'N' GRITS **NEW**

Creamy southern style grits topped with crispy whiting fish \$11.95

CHOPS 'N' CAKES

Southern fried thin pork chops paired with three delicious hope cakes served with maple syrup. \$16.95

BELGIAN WAFFLE

A traditional flour batter waffle with extra-deep pockets. \$9.95

ASK ABOUT OUR MOCKTAIL OF THE DAY!

DRINKS

Coffee *	\$3.75
Iced Coffee	\$5.95
Apple Juice	\$3.95
Orange Juice	\$3.95
Fountain Drink*	\$2.95

*Free Refills

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

HOPE HEROES SOUTHERN KITCHEN located at 9677 PATRIOT HWY. FREDERICKSBURG, VA 22407

SOUTHERN COMBOS

All combos and (BYO) meals include a 3 oz sidekick and a drink.

Brisket Sandwich Combo

Braised brisket on a bun topped with our specialty honey bourbon sauce. Served with a sidekick of your choice. \$13.95

Pulled Pork Sandwich Combo

Pulled Pork on a bun topped with our specialty NC sauce and 1 oz of slaw, served with a sidekick of your choice. \$10.95

Grilled Chicken Sandwich Combo

Marinated grilled chicken on a bun with our specialty honey bourbon sauce. Served with a sidekick of your choice. \$12.95

Pork Chop Sandwich Combo

Bone-in Fried Pork Chop on a bun served with a sidekick of your choice. \$10.95

Loaded Baked Potato

Add (4 oz.) of any protein:

brisket (up-charge \$3.95), *grilled chicken* (up-charge \$2.95) or *pulled pork*.

All served with butter, cheese and specialty honey bourbon sauce. \$9.95

Wing Combos

- 3 fried whole wings with regular fries and 2 Hope Cakes. \$12.95
- 5 fried whole wings with large fries and 3 Hope Cakes. \$16.79

Fried Fish Combos

- 3 pieces of fried fish, regular fries and 2 Hope Cakes. \$13.95
- 5 pieces of fried fish, large fries and 4 Hope Cakes. \$21.95

DRINKS: PEPSI, DIET, STARRY, DR. PEPPER, CRUSH, ZERO, SWEET & UNSWEET TEA, LEMONADE.

HOPE HEROES

SOUTHERN KITCHEN

BUILD YOUR OWN (BYO)

Hero Bowl

One 4 oz protein, one 3 oz sidekick, and 1 hope cake. \$10.95

Hero Tray

Two 4 oz proteins, Two 3 oz sidekicks, and 2 hope cakes. \$18.95

Lil Hero Meal

One kid's protein (2oz), 1 kid's sidekick (2oz), and 1 hope cake, a kid's cup. \$8.95

Hero Bowl, Hero Tray and Lil' Hero Meals additional up-charge for selecting Grilled Chicken (\$2.95) or Braised Brisket (\$3.95)

EVERYDAY BRUNCH ITEMS

Chops-N-Cakes

Two Bone-in Fried Pork Chop served with (3) Hope Cakes. \$16.95

Chicken-N-Waffles

Two seasoned fried chicken wings, on top of a Belgian waffle served with maple syrup. \$17.49

HERO BUNDLES

Wing Bundles

- 10 fried whole wings. \$29.50
- 20 fried whole wings. \$49.95

Fried Fish Bundles

- 8 pcs of Fried Fish. \$29.50
- 16 pcs of Fried Fish. \$49.95

PEPSI PRODUCTS OFFERED

A LA Carte Beverage Pricing is \$3.95

To Order Online:
Order.HopeHeroesusa.com

SIDEKICKS

	A La Carte Price	
	Regular	Large
Potato Salad	5.95	10.95
Mac-N-Cheese	9.95	18.95
Collards <small>*contains Smoked Turkey</small>	7.95	14.95
Sautéed Green Beans	6.95	12.95
Street Corn	6.95	12.95
Seasoned Rice	5.95	10.95
Coleslaw	6.95	12.95
Hoppin' John <small>*contains Tasso Ham</small>	8.95	12.95
French Fries	5.95	10.95

All sides are vegetarian unless otherwise noted.

PROTEINS

Grilled Chicken (4 oz)

Marinated grilled chicken thighs \$7.95

Braised Brisket (4 oz)

Sweet tea braised brisket cooked to tender, juicy perfection. \$8.95

Pulled Pork (4 oz)

Dry rubbed and slowly braised pork shoulder \$6.95

Fried Shrimp (5 Shrimp)

Crispy fried Shrimp \$9.95

Fried Chicken Wings (1 piece)

Crispy whole wing \$3.25

Crispy Tofu (7 pieces)

Cajun-Style crispy tofu served with seasoned rice \$5.95

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