

Dedication Ritual

Light a white candle and light some incense. Place a chalice filled with pure water and a spiritually inspiring image on your altar. Sit comfortably and gaze at the candlelight, chalice, and spiritual image for several minutes.

Think of yourself as a chalice, filled with pure, clear liquid light. Close your eyes. Fill your body and aura with bright white light. Meditate a few minutes in this glow, thinking about the image of the chalice. When you feel vibrant and still, open your eyes.

Gaze at the altar again, focusing specifically upon the spiritual image. Think of what this image means to you and why it is inspiring.

Imagine the Spirit of this image as a fluidic light, which emanates from the picture. See it connecting with and flowing into the chalice on your altar.

Reverently speak the following words:

“O Universal Light that contains the Radiance of Love Divine, surround me now and hear my prayer. In this sacred space, I call upon my Highest Self to witness my vow. I do sincerely commit myself to the Path that leads unto Eternal Light. I hereby vow to dedicate all of the energy of my being to the studies and practices of Wisdom. I solemnly pledge that in this endeavor I will do all things needful to bring greater Radiance into the world. Thank you for your Presence with me this day, and for supporting me in this process of Self-Realization. Amen.”

Meditate upon your intention.

When you return to outer consciousness, raise the chalice as a sign of your offering. Drink the water.

Spend a few moments enjoying the peaceful energy.

When you are ready, extinguish the candle and record your thoughts and impressions in your journal.