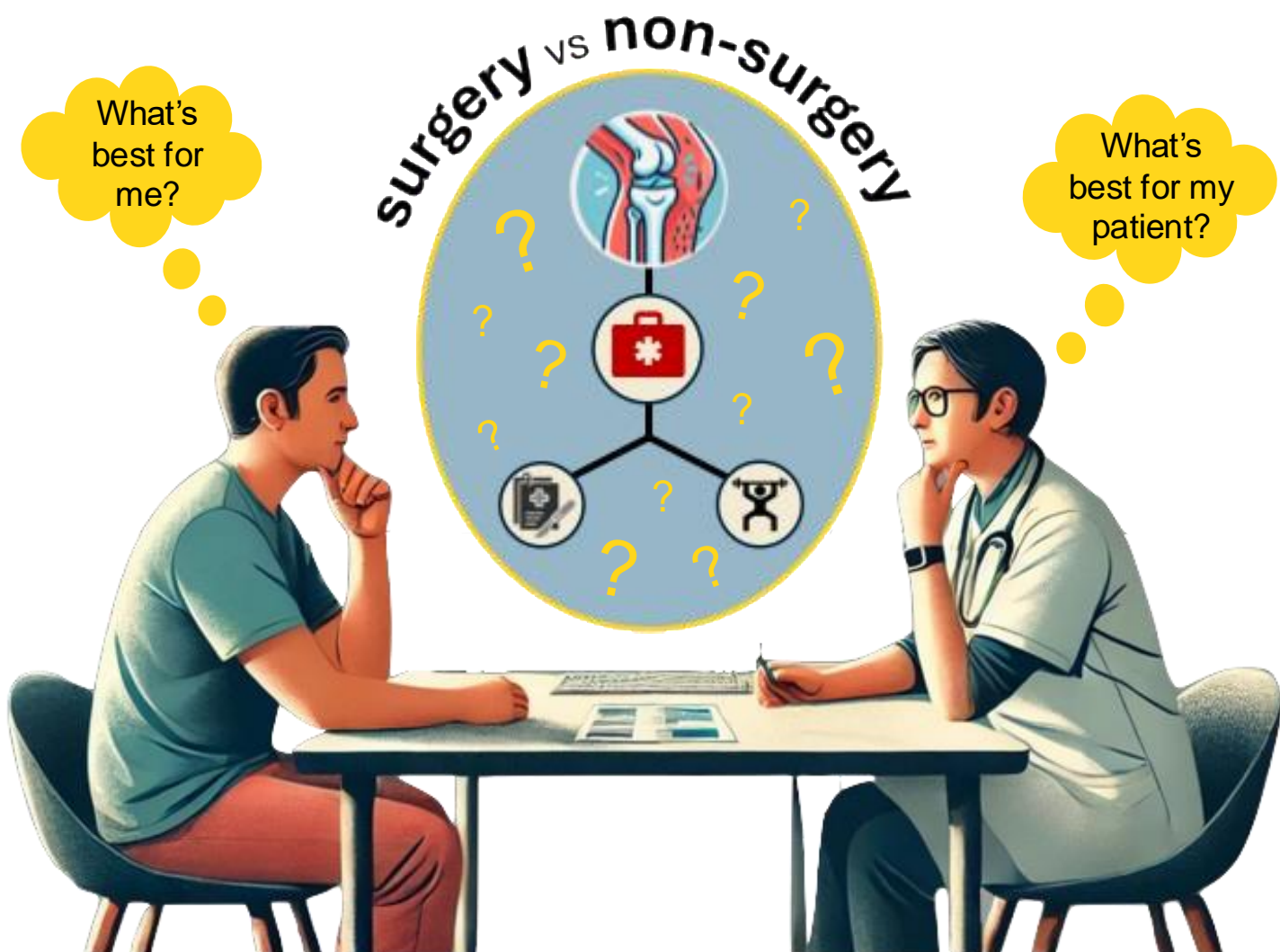


A newly developed shared decision-making tool was trialled in an NHS orthopaedic & physiotherapy pathway to support treatment decision making after an ACL rupture.



20 patients & 11 physiotherapists took part



Data were collected on acceptability and effectiveness of the new tool



5 patients & 5 physiotherapists were interviewed

## Results

The shared decision-making tool appeared to be...



**Acceptable**

to patients and physiotherapists



**Effective**

in supporting shared decision-making

Patients & physiotherapists said...

*"If I wasn't given the 'shared decision-making tool', I think I would be quite clueless as to what's happening... I feel like I'm in a position where I can make a decision"*



Patient

*"there are a lot of questions that patients ask you. We should have been able to answer before, but this gave **clarity and data** to those conversations, which was **useful for patients.**"*

Physiotherapist

*"It has given me a **better foundation to have a conversation** ... instead of just saying is the knee okay?"*



Patient