



BELLA MENTE NEWSLETTER

Updated Weekly

November 3, 2025

Dear Bella Mente Parents and Guardians:

We all know how challenging it can be to manage screen time at home. Between schoolwork, social connections, and downtime, screens are part of daily life—and that's okay! The goal isn't to eliminate them, but to find a healthy balance that helps kids (and parents) feel their best.

A few gentle ideas: try keeping mealtimes and bedrooms screen-free, or set aside certain hours in the evening for offline time. Encourage activities that spark creativity and connection—reading together, playing outside, cooking, or simply talking about the day. These small shifts can create meaningful moments that help kids unwind and strengthen family bonds.

Remember, every family is different. Start small, see what works, and celebrate the effort—it's all about progress, not perfection.

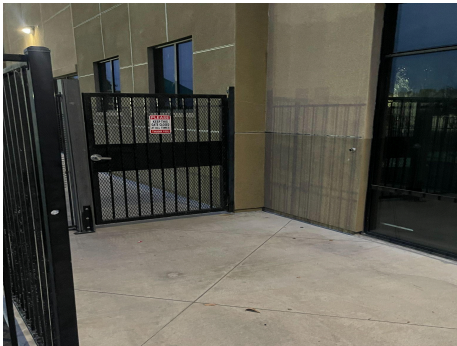
As we begin November, we are reminded that this is the month of gratitude. We are thankful to all of our families for their support and partnership in making Bella Mente a great place to be.

Parent/Student/Teacher Conferences:

Parent Conferences are scheduled for November 18th, 19th, and 20th. Students in grades 3-6 should be expected to attend with you, as they will be giving "student-led presentations" on their learning journey so far this year. Middle School Students will be creating their presentations and will share those presentations with parents at home. It is always a proud moment to listen to our students give their account of their accomplishments thus far and the goals they have set for themselves. Please be on the lookout for email communication from your teacher for sign-up slots. If you need a translator, please email Maca Davis, Community Liaison, at mdavis@bellamentecharter.org to submit your request.

Fall Break is on Monday, November 24, 2025 - Friday, November 28, 2025.

Please see reminders below about Drop Off locations:

Drop Off “Kiss/Hug and Go” Location is:	
HERE	NOT HERE
	

- Also, please:
- do not drop off students on Huff St. near the exit gate. The Huff St. exit is not a school entry point. With cars exiting, it is not safe for families to walk in front of moving cars.
 - Do not stop your car at the entry gate to campus. Move all the way forward. If you are late or not, when you stop your car, get out, and walk your child to the gate or the Front Office to sign your child in, you are stopping the flow of traffic and making cars go around an empty car, causing unnecessary frustration to other drivers.



Lost and Found is located in the Health Office.

Please check during school office hours 7:30 am-3:45 pm.

Items left for more than 2 weeks will be donated.

We highly recommend that you write your child’s name on the clothing tag so we can return the clothing to your child.

Upcoming Virtual Cooking Class with Mr. Wagner!

Do you enjoy cooking? Mr. Wagner will be hosting a Monthly Virtual Cooking Class! The cooking dates are below!

- 11/12/25
- 12/10/25

- 01/14/26
- 02/11/26
- 03/11/26
- 04/08/26
- 05/16/26

Upcoming Events:

Date	Event	Time
M, November 3, 2025		
T, November 4, 2025		
W, November 5, 2025		
Th, November 6, 2025	FUN RUN	FUN RUN
F, November 7, 2025	Crazy Sock Day for surpassing our Socktober goal (regular dress code compliant day, no jeans).	All Day
M, November 10, 2025	NO SCHOOL	NO SCHOOL
T, November 11, 2025	NO SCHOOL	NO SCHOOL
W, November 12, 2025		
Th, November 13, 2025	Grade 3: San Diego Fleet Science Center Field Trip	Departure: 9:00 a.m.

F, November 14, 2025	Grade 4: San Juan Capistrano Field Trip Fall Festival	Departure: 9:00 a.m. 4:00-7:00 p.m.
M, November 17, 2025		
T, November 18, 2025	Minimum Day Parent Conferences	Dismissal: Primary: 11:45; Grades 1-8: 12:10 Conferences: 1:00-4:00
W, November 19, 2025	Minimum Day Parent Conferences	Dismissal: Primary: 11:45; Grades 1-8: 12:10 Conferences: 1:00-4:00
Th, November 20, 2025	Minimum Day Coffee Mingle Parent Conferences	Dismissal: Primary: 11:45; Grades 1-8: 12:10 8:30-9:30 Conferences: 1:00-4:00
F, November 21, 2025	Spirit Day: Day at the Farm	All Day

After-School Enrichment Programs

If you have any questions, please contact Anthony Beaver, Community Outreach Director at abeaver@bellamentecharter.org or 760-621-8948 EXT. 310 regarding our updated and upcoming amazing after-school activities:

- **Mondays**
 - **Gymnastics 2:50-3:50 TK-2 MPR 10/13,10/20, 10/27,11/3**
 - **Lower Elementary YOGA, 3:10-3:50, in Room 221, October-January**
 - **Good News club, 3:15-4:15, in Room 206**
- **Tuesdays**
 - **Karate, 2:50-4:15 in the MPR: Year round**
- **Thursdays:**
 - **ART Adventures, 2:50-3:50 TK-3rd, in the MPR: 10/16,10/23, 10/30,11/6**
- **Fridays**
 - **STEAM Explorers, 2:50-3:50 for K-3rd, in the MPR: 10/17,10/24, 10/31, 11/7**

INDEPENDENT STUDY



Independent Study

When your child is absent from school, please complete an Independent Study Contract. The Bella team will help you enroll and provide students with the appropriate resources to keep up with class work.

Email: IS@bellamentecharter.org to learn more!

PARENT VOLUNTEERS



Parent Volunteers

Interested in volunteering on campus? Returning volunteers must complete all forms and online training to be an active volunteer during our school year. For more information, please contact Anthony Beaver at abeaver@bellamentecharter.org.

Brighter Bites

Distribution of Brighter Bites boxes will occur on the 2nd and 4th Thursdays of each month. Please sign up in the Front Office if you are interested in receiving free boxes of vegetables

and other food items.

Parent Teacher Association (PTA)

The FALL FESTIVAL is almost HERE!

Friday, November 14th, 4:00p - 7:00p

Get Your Tickets Early!

Tickets are on sale now! Buy your [tickets here](#) and skip the lines.

Support the Fun with Donations

We are still in need of donations and volunteers. Use this [donation link](#) to see what we need. From fall tablecloths to hay bales, to face painting and ticket sales, every little bit helps.

Pie Competition

Our Pie Competition is heating up! With Judges on the bench and prizes on the line you don't want to miss this chance to shine. Use the [Pie Link](#) to sign up now!

Harvest Mini-Showdown

We're hoping for growers of all ages to join. Bring a plant you've grown from a seed and add it to the Harvest Collection. Festival-goers will help pick the winners with their votes.

Questions are always welcome! Send to BellaMentePTA@gmail.com

With gratitude,
The Bella Mente PTA

Bella Mente Academies

PTA
Leopards