



Swimming With Your Baby

At Easyswim we aim to provide you and your child with a safe, happy, child centred learning environment. Please find below some guidelines to help make your swim with us an enjoyable experience for everyone.

General

- Baby change facilities are available poolside for added comfort and convenience.
- Suitable swimwear for adults includes togs or shorts with a sleeveless top or rash vest. Swimwear must be clean and not too large or baggy.
- Class flexibility is available to accommodate changing sleep patterns.
- We recommend visiting the Easyswim pool where your lessons are to be held at least once before you start. You and your child can then familiarise yourselves with the pool environment, facilities, parking etc.
- We fully encourage 'extra-curricular' practice in the bath or a pool as this will reinforce learning and increased water confidence.

Health & Hygiene

- Children not toilet trained must wear **tight fitting aquatic nappies** designed to be in a pool. Disposable nappies can be purchased at the pool or at your supermarket.
- Faecal matter in the swimming pool is a serious health risk to everyone using the pool. Anyone who has had vomiting, an upset tummy or diarrhoea in the last 2 weeks must not go into the pool.

Post Swim Comfort

- We recommend you bring a towel for you and your child plus a spare towel (hooded) for your child. A dressing gown for yourself while you dress your child is handy during winter terms.
- Having extra clothing including soft shoes and a hat is a good idea for your child after swimming to help keep them warm, all year!
- Children are usually hungry and thirsty after swimming. We suggest you come prepared for this.

Lesson Make-ups/ Policy

- By letting us know via the app, email or phone message that your child will be absent from your lesson 48hrs prior to the start of class or ASAP if they or you are sick, is the only way to get a makeup token.
- Makeup policies for the whole swim school remain the same for the EC programme, except for Shrimp Level (3-6 months). Shrimps can get and use makeup tokens only at a Shrimp level – when they move up, Shrimp tokens cannot be transferred.

Any questions? Call the office team on: 234-7946 or email book@easyswim.co.nz

