



September 2026

Telephone Orders: (03) 420 0722

NAME:

ADDRESS:

TELEPHONE:

☐ REGULAR MEAL \$16.00 SOUPS \$7.00
☐ PETITE MEAL \$14.00 DESSERTS \$7.00
 DELIVERY FEE *From* \$6.00 CURRY & RICE \$16.00

Please place your order before Midday Monday for delivery Thursday

WEEK 1	Delivery Thursday 3 rd Sept 26	☐ Lamb Rissoles with Thyme & Mint ☐ Baked Smashed Potato (V) ☐ Beef & Red Wine Casserole ☐ Chicken with Bacon & Tomatoes	☐ Pork Terrine (Meatloaf) ☐ Crumbed Fish with Tartare Sauce ☐ Chicken & Apricot Casserole ☐ Roast Pork with Apple Sauce	☐ Roast Beef with Yorkshire Pudding ☐ Lamb Rendang Curry (Medium) - \$16.00 ☐ Mango & Vanilla Cheesecake ☐ Apple & Berry Shortcake	
WEEK 2	Delivery Thursday 10 th Sept 26	☐ Cold Meats & Salad ☐ Macaroni Cheese (V) ☐ Beef Goulash ☐ BBQ Chicken	☐ Sweet & Sour Pork with Rice ☐ Baked Fish with Cheese Sauce ☐ Braised Beef Meatballs ☐ Roast Chicken with Sage Stuffing	☐ Roast Lamb with Mint Sauce ☐ Coconut Chicken Curry (Mild) - \$16.00 ☐ Eton Mess ☐ Apricot & Apple Crumble	
WEEK 3	Delivery Thursday 17 th Sept 26	☐ Lamb & Rosemary Meatballs ☐ Spinach & Mushroom Quiche (V) ☐ Greek Lamb Casserole ☐ Lemon & Herb Chicken with Rice	☐ Honey Maple Pork Steak ☐ Crumbed Fish with Tartare Sauce ☐ Corned Silverside with Mustard Gravy ☐ Roast Pork with Apple Sauce	☐ Roast Beef with Yorkshire Pudding ☐ Red Beef Curry (Medium) - \$16.00 ☐ Black Forest Trifle ☐ Apple & Peach Shortcake	
WEEK 4	Delivery Thursday 24 th Sept 26	☐ Cold Meats & Salad ☐ Mexican Tortillas (V) ☐ Curried Sausages & Rice ☐ Beef Stroganoff	☐ Chicken with Spinach & Cheese ☐ Baked Fish with Lemon & Parsley Sauce ☐ Swedish Pork Meatballs with Creamy Sauce ☐ Roast Chicken with Sage Stuffing	☐ Roast Lamb with Mint Sauce ☐ Butter Chicken Curry (Mild) - \$16.00 ☐ Blueberry Sponge Pudding with Cream ☐ Apple & Rhubarb Crumble	
SOUP OPTIONS:		WEEK 1 ☐ Creamy Mushroom Soup	WEEK 2 ☐ Pumpkin Soup	WEEK 3 ☐ Potato & Leek Soup	WEEK 4 ☐ Vegetable Soup

DELIVERY INFORMATION

\$6 Delivery Fee within Christchurch City suburbs

\$11 Delivery Fee to outer Christchurch suburbs (Kaiapoi, Rangiora, Rolleston, Prebbleton, West Melton, Lincoln)

\$15 Delivery Fee to outer Regions (Amberley, Darfield, Akaroa etc. Ashburton - *Friday Delivery*)

\$25 Delivery Fee to Rest of South Island via Courier

Minimum order: 2 meals per delivery.

 If you won't be home at the time of delivery, please leave a chilly bin or insulated bag out. ***We cannot be responsible for meals left out after delivery.***

 **Delivery time:** Thursdays between 8:00am – 2:00pm
**Deliveries to Ashburton are made on Friday*

PAYMENT OPTIONS

- **Online:** Order and pay directly on our website.
- **Bank Transfer:**
Food Solutions Christchurch Ltd – 020828 0064792 00
Reference: Your name and delivery date
(Please notify us if making a direct credit. Payments must be received by Monday for Thursday delivery.)
- **Credit Card via Phone:** *A surcharge applies for manual credit card payments.*

Cash or EFTPOS on Delivery: Within Christchurch only.
Deliveries via Courier must be prepaid.

HOW TO ORDER

There are 3 options for ordering:

 **Go online** www.eatl8r.co.nz

 Fill in a menu sheet a month in advance and hand to the driver upon delivery or email: **orders@eatl8r.co.nz**

 Call the office: **03 420 0722** – Leave a message with your name, address, phone number and which meals you would like to order (including meal size) before midday on Monday.

We would encourage you to call and leave a message on our answer phone over the weekend to ensure your order is received on time.

HEATING & STORAGE INSTRUCTIONS

Microwave: Lift the corner tab and heat on **HIGH** for approximately **3 minutes (Petite)** or **4 minutes (Regular)**, or until piping hot.

Oven: Transfer the meal onto an ovenproof plate, cover with foil, and reheat until piping hot. **Do not place the provided trays in the oven, as they are not oven-safe.**

Storage: Keep meals refrigerated at 4°C or below and consume within **7 days**.
If not eaten within this time, simply pop them in the freezer to enjoy later.
All Eatl8r meals include a selection of fresh seasonal vegetables.

 **Please Note:** We do not cater to special dietary requirements such as gluten-free, dairy-free, or allergy-specific meals etc**

Our Shop at 9 Raycroft Street, Christchurch is open: **Monday – Thursday from 9am – 2pm** (*Closed Public Holidays*)