



September 2025

Telephone Orders: (03) 420 0722

NAME:

ADDRESS:

TELEPHONE:

☐ REGULAR MEAL \$15.00

SOUPS \$6.00

☐ PETITE MEAL \$13.00

DESSERTS \$6.00

DELIVERY FEE *From* \$6.00

CURRY & RICE \$15.00

Please place your order before Midday Monday for delivery Thursday

WEEK 1	Delivery Thursday 4 th Sept 25	<input type="checkbox"/> Lamb Rissoles with Thyme & Mint <input type="checkbox"/> Baked Smashed Potato with Salad (V) <input type="checkbox"/> Beef & Red Wine Casserole <input type="checkbox"/> Chicken with Bacon & Tomatoes	<input type="checkbox"/> Baked Pork Terrine <input type="checkbox"/> Crumbed Fish Tartare <input type="checkbox"/> Chicken & Apricot Casserole <input type="checkbox"/> Roast Pork with Apple Sauce	<input type="checkbox"/> Roast Beef with Yorkshire Pudding <input type="checkbox"/> Lamb Rendang Curry (A Little Spicy) - \$15.00 <input type="checkbox"/> Mango & Vanilla Cheesecake <input type="checkbox"/> Peach & Apple Shortcake	
WEEK 2	Delivery Thursday 11 th Sept 25	<input type="checkbox"/> Cold Meats & Salad <input type="checkbox"/> Macaroni Cheese (V) <input type="checkbox"/> Beef Goulash <input type="checkbox"/> BBQ Chicken	<input type="checkbox"/> Sweet & Sour Pork with Rice <input type="checkbox"/> Baked Fish with Cheese Sauce <input type="checkbox"/> Braised Beef Meatballs <input type="checkbox"/> Roast Chicken with Sage Stuffing	<input type="checkbox"/> Roast Lamb with Mint Sauce <input type="checkbox"/> Coconut Chicken Curry (Mild) - \$15.00 <input type="checkbox"/> Eton Mess <input type="checkbox"/> Apricot & Apple Crumble	
WEEK 3	Delivery Thursday 18 th Sept 25	<input type="checkbox"/> Lamb & Rosemary Meatballs <input type="checkbox"/> Spinach & Mushroom Quiche (V) <input type="checkbox"/> Greek Lamb Casserole <input type="checkbox"/> Lemon & Herb Chicken with Rice	<input type="checkbox"/> Honey Maple Pork Steak <input type="checkbox"/> Crumbed Fish Tartare <input type="checkbox"/> Corned Silverside with Mustard Gravy <input type="checkbox"/> Roast Pork with Apple Sauce	<input type="checkbox"/> Roast Beef with Yorkshire Pudding <input type="checkbox"/> Red Beef Curry (Medium) - \$15.00 <input type="checkbox"/> Black Forest Trifle <input type="checkbox"/> Apple & Berry Shortcake	
WEEK 4	Delivery Thursday 25 th Sept 25	<input type="checkbox"/> Cold Meats & Salad <input type="checkbox"/> Mexican Tortillas (V) <input type="checkbox"/> Curried Beef Sausages & Rice <input type="checkbox"/> Beef Stroganoff	<input type="checkbox"/> Chicken with Spinach & Cheese <input type="checkbox"/> Baked Fish with Lemon & Parsley Sauce <input type="checkbox"/> Swedish Pork Meatballs with Creamy Sauce <input type="checkbox"/> Roast Chicken with Sage Stuffing	<input type="checkbox"/> Roast Lamb with Mint Sauce <input type="checkbox"/> Butter Chicken Curry (Mild) - \$15.00 <input type="checkbox"/> Blueberry Sponge Pudding with Cream <input type="checkbox"/> Apple & Rhubarb Crumble	
SOUP OPTIONS:		WEEK 1 <input type="checkbox"/> Split Pea & Ham Soup	WEEK 2 <input type="checkbox"/> Pumpkin Soup	WEEK 3 <input type="checkbox"/> Potato & Leek Soup	WEEK 4 <input type="checkbox"/> Vegetable Soup


DELIVERY INFORMATION

\$6 Delivery Fee within Christchurch City suburbs

\$11 Delivery Fee to outer Christchurch regions (Kaiapoi, Rangiora, Rolleston, Prebbleton, West Melton, Lincoln, Darfield, Akaroa)

For Independent Courier deliveries outside these areas, please contact us for price.

Minimum order: 2 meals per delivery.

 **If you won't be home at the time of delivery, please leave a chilly bin or insulated bag out. We cannot be responsible for meals left out after delivery.**

 **Delivery time:** Thursdays between 8:30am – 2:00pm

PAYMENT OPTIONS

- **Online:** Order and pay directly on our website.
- **Bank Transfer:**
Food Solutions Christchurch Ltd – 020828 0064792 00
Reference: Your name and delivery date
(Please notify us if making a direct credit. Payments must be received by Monday for Thursday delivery.)
- **Credit Card via Phone:** A surcharge applies for manual credit card payments.

Cash or EFTPOS on Delivery: Available only within Christchurch. Deliveries via Independent courier must be prepaid.

HOW TO ORDER

There are 3 options for ordering:



Go online www.eatl8r.co.nz



Fill in a menu sheet a month in advance and hand to the driver upon delivery or email: **orders@eatl8r.co.nz**



Call the office: **03 420 0722** – Leave a message with your name, address, phone number and which meals you would like to order (including meal size) before midday on Monday.

We would encourage you to call and leave a message on our answer phone over the weekend to ensure your order is received on time.

HEATING & STORAGE INSTRUCTIONS

Microwave: Lift the corner tab and heat on **HIGH** for approximately **3 minutes (Petite)** or **4 minutes (Regular)**, or until piping hot.

Oven: Transfer the meal onto an ovenproof plate, cover with foil, and reheat until piping hot. **Do not place the provided trays in the oven, as they are not oven-safe.**

Storage: Keep meals refrigerated at 4°C or below and consume within **7 days**.

If not eaten within this time, simply pop them in the freezer to enjoy later.

All Eatl8r meals include a selection of fresh seasonal vegetables.



Please Note: We do not cater to special dietary requirements such as gluten-free, dairy-free, or allergy-specific meals etc**

Our Shop at 9 Raycroft Street, Christchurch is open: **Monday – Thursday from 9am – 2pm (Closed Public Holidays)**