



July 2026

Telephone Orders: (03) 420 0722

<input type="checkbox"/> REGULAR MEAL	\$16.00	SOUPS	\$7.00
<input type="checkbox"/> PETITE MEAL	\$14.00	DESSERTS	\$7.00
DELIVERY FEES: SEE REVERSE		CURRY	\$16.00

NAME: _____

ADDRESS: _____

TELEPHONE: _____

Please place your order before Midday Monday for delivery Thursday

WEEK 1	DELIVERY Thursday 2 nd July 26	<input type="checkbox"/> Spaghetti Bolognese <input type="checkbox"/> Vegetable Shepherd's Pie (V) <input type="checkbox"/> Steak & Vegetable Casserole <input type="checkbox"/> Pesto Chicken	<input type="checkbox"/> Citrus Pork Belly with Rice <input type="checkbox"/> Baked Fish with Cheese Sauce <input type="checkbox"/> Mixed Grill & Onions <input type="checkbox"/> Roast Chicken with Sage Stuffing	<input type="checkbox"/> Roast Lamb with Mint Sauce <input type="checkbox"/> Satay Beef Curry (Medium) <input type="checkbox"/> Chocolate Peanut Brownie with Cream <input type="checkbox"/> Apricot & Apple Crumble	
WEEK 2	DELIVERY Thursday 9 th July 26	<input type="checkbox"/> Cold Meats & Salad <input type="checkbox"/> Rosemary & Walnut Pesto Pasta (V) <input type="checkbox"/> Grilled Ham Steaks <input type="checkbox"/> Lamb & Rosemary Rissoles	<input type="checkbox"/> Smokey Chicken & Tomato Casserole <input type="checkbox"/> Crumbed Fish with Tartare Sauce <input type="checkbox"/> Beef & Stout Casserole <input type="checkbox"/> Roast Pork with Apple Sauce	<input type="checkbox"/> Roast Beef with Yorkshire Pudding <input type="checkbox"/> Butter Chicken Curry (Mild) <input type="checkbox"/> Creamed Rice Pudding with Apricot Puree <input type="checkbox"/> Mousse, Fruit Jelly & Cream	
WEEK 3	DELIVERY Thursday 16 th July 26	<input type="checkbox"/> Swiss Roll with Onion Gravy <input type="checkbox"/> Spinach Fetta & Red Pepper Quiche (V) <input type="checkbox"/> Chicken w Bacon, Tomato & Cheese <input type="checkbox"/> Braised Sausages & Onions	<input type="checkbox"/> Steak & Kidney Casserole <input type="checkbox"/> Smoked Fish Pie <input type="checkbox"/> Honey Chilli Pork Belly with Rice <input type="checkbox"/> Roast Chicken with Sage Stuffing	<input type="checkbox"/> Roast Lamb with Mint Sauce <input type="checkbox"/> Sweet Lamb Curry (Mild) <input type="checkbox"/> Bread & Butter Pudding <input type="checkbox"/> Mixed Berry & Apple Shortcake	
WEEK 4	DELIVERY Thursday 23 rd July 26	<input type="checkbox"/> Cottage Pie <input type="checkbox"/> Vegetable Lasagne (V) <input type="checkbox"/> Pickled Pork with Mustard Gravy <input type="checkbox"/> Eatl8r Irish Stew	<input type="checkbox"/> Chicken & Vegetable Casserole <input type="checkbox"/> Crumbed Fish with Tartare Sauce <input type="checkbox"/> Lamb & Mint Meatballs <input type="checkbox"/> Roast Pork with Apple Sauce	<input type="checkbox"/> Roast Beef with Yorkshire Pudding <input type="checkbox"/> Coconut Chicken Curry (Medium) <input type="checkbox"/> Feijoa & Apple Crumble <input type="checkbox"/> Caramel Dumplings with Cream	
WEEK 5	DELIVERY Thursday 30 th July 26	<input type="checkbox"/> Spaghetti Bolognese <input type="checkbox"/> Vegetable Shepherd's Pie (V) <input type="checkbox"/> Steak & Vegetable Casserole <input type="checkbox"/> Pesto Chicken	<input type="checkbox"/> Citrus Pork Belly with Rice <input type="checkbox"/> Baked Fish with Cheese Sauce <input type="checkbox"/> Mixed Grill & Onions <input type="checkbox"/> Roast Chicken with Sage Stuffing	<input type="checkbox"/> Roast Lamb with Mint Sauce <input type="checkbox"/> Satay Beef Curry (Medium) <input type="checkbox"/> Chocolate Peanut Brownie with Cream <input type="checkbox"/> Apricot & Apple Crumble	
SOUP OPTIONS:		WEEK 1/5 <input type="checkbox"/> Vegetable Soup	WEEK 2 <input type="checkbox"/> Pumpkin & Kumara Soup	WEEK 3 <input type="checkbox"/> Mushroom Soup	WEEK 4 <input type="checkbox"/> Cream of Tomato Soup

DELIVERY INFORMATION


\$6 Delivery Fee within Christchurch City suburbs


\$11 Delivery Fee to outer Christchurch suburbs (Kaiapoi, Rangiora, Rolleston, Prebbleton, West Melton, Lincoln)

\$15 Delivery Fee to outer Regions (Amberley, Darfield, Akaroa etc. Ashburton - *Friday Delivery*)

\$25 Delivery Fee to Rest of South Island via Courier

Minimum order: 2 meals per delivery.


 **If you won't be home at the time of delivery, please leave a chilly bin or insulated bag out. *We cannot be responsible for meals left out after delivery.***


 **Delivery time:** Thursdays between 8:00am – 2:00pm
**Deliveries to Ashburton are made on Friday*

HOW TO ORDER

There are 3 options for ordering:

 **Go online** www.eatl8r.co.nz

 Fill in a menu sheet a month in advance and hand to the driver upon delivery or email: **orders@eatl8r.co.nz**

 Call the office: **03 420 0722** – Leave a message with your name, address, phone number and which meals you would like to order (including meal size) before midday on Monday.

We would encourage you to call and leave a message on our answer phone over the weekend to ensure your order is received on time.

PAYMENT OPTIONS

- **Online:** Order and pay directly on our website.
- **Bank Transfer:**
Food Solutions Christchurch Ltd – 020828 0064792 00
Reference: Your name and delivery date
(Please notify us if making a direct credit. Payments must be received by Monday for Thursday delivery.)
- **Credit Card via Phone:** *A surcharge applies for manual credit card payments.*

Cash or EFTPOS on Delivery: Within Christchurch only.
Deliveries via Courier must be prepaid.

HEATING & STORAGE INSTRUCTIONS


Microwave: Lift the corner tab and heat on **HIGH** for approximately **3 minutes (Petite)** or **4 minutes (Regular)**, or until piping hot.

Oven: Transfer the meal onto an ovenproof plate, cover with foil, and reheat until piping hot. **Do not place the provided trays in the oven, as they are not oven-safe.**

Storage: Keep meals refrigerated at 4°C or below and consume within **7 days**.

If not eaten within this time, simply pop them in the freezer to enjoy later.

All Eatl8r meals include a selection of fresh seasonal vegetables.

 **Please Note:** We do not cater to special dietary requirements such as gluten-free, dairy-free, or allergy-specific meals etc**

Our Shop at 9 Raycroft Street, Christchurch is open: **Monday – Thursday from 9am – 2pm** (Closed Public Holidays)