



# May 2026

Telephone Orders: (03) 420 0722

NAME:  
ADDRESS:  
  
TELEPHONE:

<input type="checkbox"/> REGULAR MEAL \$16.00	SOUPS \$7.00
<input type="checkbox"/> PETITE MEAL \$14.00	DESSERTS \$7.00
DELIVERY FEES: <i>SEE REVERSE</i>	CURRY \$16.00

Please place your order before Midday Monday for delivery Thursday

<b>WEEK 1</b>	DELIVERY Thursday 7 <sup>th</sup> May 26	<input type="checkbox"/> Beef & Red Wine Casserole	<input type="checkbox"/> Paprika Chicken with Sweetcorn Mash	<input type="checkbox"/> Roast Lamb with Mint Sauce	
		<input type="checkbox"/> Loaded Mexican Sweet Potato (V)	<input type="checkbox"/> Baked Fish with Lemon & Parsley Sauce	<input type="checkbox"/> Beef Bouma Curry (Mild) - <b>\$16.00</b>	
		<input type="checkbox"/> Lamb Rissoles with Sweet Peppers	<input type="checkbox"/> Braised Sausages & Onions	<input type="checkbox"/> <b>Self-Saucing Chocolate Pudding</b>	
		<input type="checkbox"/> Honey Soy Pork Belly & Rice	<input type="checkbox"/> Roast Chicken with Sage Stuffing	<input type="checkbox"/> <b>Rhubarb &amp; Apple Crumble</b>	
<b>WEEK 2</b>	DELIVERY Thursday 14 <sup>th</sup> May 26	<input type="checkbox"/> Cold Meats & Salad	<input type="checkbox"/> Spanish Chicken with Sherry & Rice	<input type="checkbox"/> Roast Beef with Yorkshire Pudding	
		<input type="checkbox"/> Vegetable Croquettes (V)	<input type="checkbox"/> Crumbed Fish with Tartare Sauce	<input type="checkbox"/> Chicken Massaman Curry (Mild) - <b>\$16.00</b>	
		<input type="checkbox"/> Spaghetti and Meatballs	<input type="checkbox"/> Lamb & Beetroot Pot Pie	<input type="checkbox"/> <b>Berry Tiramisu</b>	
		<input type="checkbox"/> Honey Maple Pork Steaks	<input type="checkbox"/> Roast Pork with Apple Sauce	<input type="checkbox"/> <b>Peach, Passionfruit &amp; Mango Shortcake</b>	
<b>WEEK 3</b>	DELIVERY Thursday 21 <sup>st</sup> May 26	<input type="checkbox"/> Herbed Beef Olives & Gravy	<input type="checkbox"/> Curried Sausages with Rice	<input type="checkbox"/> Roast Lamb with Mint Sauce	
		<input type="checkbox"/> Macaroni Cheese (V)	<input type="checkbox"/> Baked Fish with Cheese Sauce	<input type="checkbox"/> Malaysian Lamb Curry (Hot) - <b>\$16.00</b>	
		<input type="checkbox"/> Corned Silverside with Mustard Sauce	<input type="checkbox"/> Pork Cottage Pie	<input type="checkbox"/> <b>Mousse, Fruit Jelly &amp; Cream</b>	
		<input type="checkbox"/> Sundried Tomato & Spinach Chicken	<input type="checkbox"/> Roast Chicken with Sage Stuffing	<input type="checkbox"/> <b>Black Boy Peach &amp; Apple Crumble</b>	
<b>WEEK 4</b>	DELIVERY Thursday 28 <sup>th</sup> May 26	<input type="checkbox"/> Cold Meats & Salad	<input type="checkbox"/> Pork & Cider Casserole	<input type="checkbox"/> Roast Beef with Yorkshire Pudding	
		<input type="checkbox"/> Veggie Sausage Roll (V)	<input type="checkbox"/> Crumbed Fish with Tartare Sauce	<input type="checkbox"/> Chicken Tikka Curry (Medium) - <b>\$16.00</b>	
		<input type="checkbox"/> Beef Pie with Smoked Cheese Top	<input type="checkbox"/> Braised Steak & Vegetables	<input type="checkbox"/> <b>Sticky Date Pudding</b>	
		<input type="checkbox"/> Chicken & Tarragon Meatballs	<input type="checkbox"/> Roast Pork with Apple Sauce	<input type="checkbox"/> <b>Berry &amp; Apple Shortcake</b>	
<b>SOUP OPTIONS:</b>		<b>WEEK 1</b> <input type="checkbox"/> Pumpkin & Bacon Soup	<b>WEEK 2</b> <input type="checkbox"/> Vegetable & Lentil Soup	<b>WEEK 3</b> <input type="checkbox"/> Tomato Soup	<b>WEEK 4</b> <input type="checkbox"/> Spinach & Green Split Pea

### DELIVERY INFORMATION


**\$6 Delivery Fee within Christchurch City suburbs**

**\$11 Delivery Fee to outer Christchurch suburbs** (Kaiapoi, Rangiora, Rolleston, Prebbleton, West Melton, Lincoln)

**\$15 Delivery Fee to outer Regions** (Amberley, Darfield, Akaroa etc. Ashburton - *Friday Delivery*)

**\$25 Delivery Fee to Rest of South Island** via Courier

*Minimum order: 2 meals per delivery.*


 **If you won't be home at the time of delivery, please leave a chilly bin or insulated bag out. We cannot be responsible for meals left out after delivery.**


 **Delivery time:** Thursdays between 8:00am – 2:00pm  
*\*Deliveries to Ashburton are made on Friday*

### HOW TO ORDER

There are 3 options for ordering:

 **Go online** [www.eatl8r.co.nz](http://www.eatl8r.co.nz)

 Fill in a menu sheet a month in advance and hand to the driver upon delivery or email: **orders@eatl8r.co.nz**

 Call the office: **03 420 0722** – Leave a message with your name, address, phone number and which meals you would like to order (including meal size) before midday on Monday.

**We would encourage you to call and leave a message on our answer phone over the weekend to ensure your order is received on time.**

### PAYMENT OPTIONS

- **Online:** Order and pay directly on our website.
- **Bank Transfer:**  
**Food Solutions Christchurch Ltd – 020828 0064792 00**  
**Reference: Your name and delivery date**  
*(Please notify us if making a direct credit. Payments must be received by Monday for Thursday delivery.)*
- **Credit Card via Phone:** *A surcharge applies for manual credit card payments.*

**Cash or EFTPOS on Delivery:** Within Christchurch only.  
Deliveries via Courier must be prepaid.


### HEATING & STORAGE INSTRUCTIONS

**Microwave:** Lift the corner tab and heat on **HIGH** for approximately **3 minutes (Petite)** or **4 minutes (Regular)**, or until piping hot.

**Oven:** Transfer the meal onto an ovenproof plate, cover with foil, and reheat until piping hot. **Do not place the provided trays in the oven, as they are not oven-safe.**

**Storage:** Keep meals refrigerated at 4°C or below and consume within **7 days**.  
If not eaten within this time, simply pop them in the freezer to enjoy later.

All Eatl8r meals include a selection of fresh seasonal vegetables.

 **Please Note:** We do not cater to special dietary requirements such as gluten-free, dairy-free, or allergy-specific meals etc\*\*

Our Shop at 9 Raycroft Street, Christchurch is open: **Monday – Thursday from 9am – 2pm** (Closed Public Holidays)