



April 2026

Telephone Orders: (03) 420 0722

<input type="checkbox"/> REGULAR MEAL	\$16.00	SOUPS	\$7.00
<input type="checkbox"/> PETITE MEAL	\$14.00	DESSERTS	\$7.00
DELIVERY FEES: <i>SEE REVERSE</i>		CURRY	\$16.00

NAME: _____

ADDRESS: _____

TELEPHONE: _____

Please place your order before Midday Monday for delivery Thursday

WEEK 1	DELIVERY Thursday 2 nd Apr 26				
WEEK 1	DELIVERY Thursday 2 nd Apr 26	<input type="checkbox"/> Cold Meats & Salad	<input type="checkbox"/> Pork & Cider Casserole	<input type="checkbox"/> Roast Beef with Yorkshire Pudding	
		<input type="checkbox"/> Veggie Sausage Roll (V)	<input type="checkbox"/> Crumbed Fish with Tartare Sauce	<input type="checkbox"/> Chicken Tikka Curry (Medium) - \$16.00	
		<input type="checkbox"/> Beef Pie with Smoked Cheese Top	<input type="checkbox"/> Braised Steak & Vegetables	<input type="checkbox"/> Sticky Date Pudding	
		<input type="checkbox"/> Chicken & Tarragon Meatballs	<input type="checkbox"/> Roast Pork with Apple Sauce	<input type="checkbox"/> Berry & Apple Shortcake	
WEEK 2	DELIVERY Thursday 9 th Apr 26	<input type="checkbox"/> Beef & Red Wine Casserole	<input type="checkbox"/> Paprika Chicken with Sweetcorn Mash	<input type="checkbox"/> Roast Lamb with Mint Sauce	
		<input type="checkbox"/> Loaded Mexican Sweet Potato (V)	<input type="checkbox"/> Baked Fish with Lemon & Parsley Sauce	<input type="checkbox"/> Beef Bouma Curry (Mild) - \$16.00	
		<input type="checkbox"/> Lamb Rissoles with Sweet Peppers	<input type="checkbox"/> Braised Sausages & Onions	<input type="checkbox"/> Self Saucing Chocolate Pudding	
		<input type="checkbox"/> Honey Soy Pork Belly & Rice	<input type="checkbox"/> Roast Chicken with Sage Stuffing	<input type="checkbox"/> Rhubarb & Apple Crumble	
WEEK 3	DELIVERY Thursday 16 th Apr 26	<input type="checkbox"/> Cold Meats & Salad	<input type="checkbox"/> Spanish Chicken with Sherry & Rice	<input type="checkbox"/> Roast Beef with Yorkshire Pudding	
		<input type="checkbox"/> Vegetable Croquettes (V)	<input type="checkbox"/> Crumbed Fish with Tartare Sauce	<input type="checkbox"/> Chicken Massaman Curry (Mild) - \$16.00	
		<input type="checkbox"/> Spaghetti and Meatballs	<input type="checkbox"/> Lamb & Beetroot Pot Pie	<input type="checkbox"/> Berry Tiramisu	
		<input type="checkbox"/> Honey Maple Pork Steaks	<input type="checkbox"/> Roast Pork with Apple Sauce	<input type="checkbox"/> Peach, Passionfruit & Mango Shortcake	
WEEK 4	DELIVERY Thursday 23 rd Apr 26	<input type="checkbox"/> Herbed Beef Olives & Gravy	<input type="checkbox"/> Curried Sausages with Rice	<input type="checkbox"/> Roast Lamb with Mint Sauce	
		<input type="checkbox"/> Macaroni Cheese (V)	<input type="checkbox"/> Baked Fish with Cheese Sauce	<input type="checkbox"/> Malaysian Lamb Curry (Hot) - \$16.00	
		<input type="checkbox"/> Corned Silverside with Mustard Sauce	<input type="checkbox"/> Pork Cottage Pie	<input type="checkbox"/> Mousse, Fruit Jelly & Cream	
		<input type="checkbox"/> Sundried Tomato & Spinach Chicken	<input type="checkbox"/> Roast Chicken with Sage Stuffing	<input type="checkbox"/> Black Boy Peach & Apple Crumble	
WEEK 5	DELIVERY Thursday 30 th Apr 26	<input type="checkbox"/> Cold Meats & Salad	<input type="checkbox"/> Pork & Cider Casserole	<input type="checkbox"/> Roast Beef with Yorkshire Pudding	
		<input type="checkbox"/> Veggie Sausage Roll (V)	<input type="checkbox"/> Crumbed Fish with Tartare Sauce	<input type="checkbox"/> Chicken Tikka Curry (Medium) - \$16.00	
		<input type="checkbox"/> Beef Pie with Smoked Cheese Top	<input type="checkbox"/> Braised Steak & Vegetables	<input type="checkbox"/> Sticky Date Pudding	
		<input type="checkbox"/> Chicken & Tarragon Meatballs	<input type="checkbox"/> Roast Pork with Apple Sauce	<input type="checkbox"/> Berry & Apple Shortcake	
SOUP OPTIONS:		WEEK 1/5 <input type="checkbox"/> Spinach & Green Split Pea	WEEK 2 <input type="checkbox"/> Pumpkin & Bacon Soup	WEEK 3 <input type="checkbox"/> Vegetable & Lentil Soup	WEEK 4 <input type="checkbox"/> Tomato Soup

DELIVERY INFORMATION

\$6 Delivery Fee within Christchurch City suburbs

\$11 Delivery Fee to outer Christchurch suburbs (Kaiapoi, Rangiora, Rolleston, Prebbleton, West Melton, Lincoln)

\$15 Delivery Fee to outer Regions (Amberley, Darfield, Akaroa, Ashburton etc)

\$25 Delivery Fee to Rest of South Island via Courier

Minimum order: 2 meals per delivery.

 **If you won't be home at the time of delivery, please leave a chilly bin or insulated bag out. *We cannot be responsible for meals left out after delivery.***

 **Delivery time:** Thursdays between 8:00am – 2:00pm

HOW TO ORDER

There are 3 options for ordering:

 **Go online** www.eat18r.co.nz

 Fill in a menu sheet a month in advance and hand to the driver upon delivery or email: **orders@eat18r.co.nz**

 Call the office: **03 420 0722** – Leave a message with your name, address, phone number and which meals you would like to order (including meal size) before midday on Monday.

We would encourage you to call and leave a message on our answer phone over the weekend to ensure your order is received on time.

PAYMENT OPTIONS

• **Online:** Order and pay directly on our website.

• **Bank Transfer:**

Food Solutions Christchurch Ltd – 020828 0064792 00

Reference: Your name and delivery date

(Please notify us if making a direct credit. Payments must be received by Monday for Thursday delivery.)

• **Credit Card via Phone:** *A surcharge applies for manual credit card payments.*

Cash or EFTPOS on Delivery: Within Christchurch only.

Deliveries via Courier must be prepaid.

HEATING & STORAGE INSTRUCTIONS

Microwave: Lift the corner tab and heat on **HIGH** for approximately **3 minutes (Petite)** or **4 minutes (Regular)**, or until piping hot.

Oven: Transfer the meal onto an ovenproof plate, cover with foil, and reheat until piping hot. **Do not place the provided trays in the oven, as they are not oven-safe.**

Storage: Keep meals refrigerated at 4°C or below and consume within **7 days**. If not eaten within this time, simply pop them in the freezer to enjoy later.

All Eat18r meals include a selection of fresh seasonal vegetables.

 **Please Note:** We do not cater to special dietary requirements such as gluten-free, dairy-free, or allergy-specific meals etc**

Our Shop at 9 Raycroft Street, Christchurch is open: **Monday – Thursday from 9am – 2pm** (Closed Public Holidays)