



February 2026

Summer Menu

Telephone Orders: (03) 420 0722

<input type="checkbox"/> REGULAR MEAL \$16.00	<input type="checkbox"/> SOUPS \$6.00
<input type="checkbox"/> PETITE MEAL \$14.00	<input type="checkbox"/> DESSERTS \$7.00
DELIVERY FEES – Please see reverse	
<input type="checkbox"/> CURRY \$16.00	

NAME:

ADDRESS:

TELEPHONE:

Please place your order before Midday Monday for delivery Thursday

WEEK 1	DELIVERY	Thursday	5 th Feb 26	<input type="checkbox"/> Cold Meats & Salad	<input type="checkbox"/> Satay Chicken with Rice	<input type="checkbox"/> Roast Beef with Yorkshire Pudding
WEEK 2	DELIVERY	Thursday	12 th Feb 26	<input type="checkbox"/> Grilled Vegetables with Feta & Nuts (V)	<input type="checkbox"/> Crumbed Fish with Tartare Sauce	<input type="checkbox"/> Lamb Jalfrezi Curry (Medium)
WEEK 3	DELIVERY	Thursday	19 th Feb 26	<input type="checkbox"/> Braised Sausages & Onion Gravy	<input type="checkbox"/> Lamb & Polenta Pie	<input type="checkbox"/> Sherry Trifle with Cream
WEEK 4	DELIVERY	Thursday	26 th Feb 26	<input type="checkbox"/> Mexican Chicken Casserole	<input type="checkbox"/> Roast Pork with Apple Sauce	<input type="checkbox"/> Peach, Apple & Mango Shortcake
				<input type="checkbox"/> Cold Meats & Salad	<input type="checkbox"/> Orange & Rosemary Chicken	<input type="checkbox"/> Roast Lamb with Mint Sauce
				<input type="checkbox"/> Pumpkin & Sage Risotto (V)	<input type="checkbox"/> Baked Fish with Lemon & Parsley Sauce	<input type="checkbox"/> Chicken Achari Curry (Mild)
				<input type="checkbox"/> Beef & Cheese Meatballs	<input type="checkbox"/> Ham off the Bone with Mustard Cream	<input type="checkbox"/> Meringues, Jelly, Fruit Salad & Cream
				<input type="checkbox"/> Italian Lamb Casserole	<input type="checkbox"/> Roast Chicken with Sage Stuffing	<input type="checkbox"/> Apple & Fruit Crumble
				<input type="checkbox"/> Cold Meats & Salad	<input type="checkbox"/> Mustard & Garlic Chicken	<input type="checkbox"/> Roast Beef with Yorkshire Pudding
				<input type="checkbox"/> Capsicum & Sweetcorn Fritters (V)	<input type="checkbox"/> Crumbed Fish with Tartare Sauce	<input type="checkbox"/> Beef Korma Curry (Sweet/Mild)
				<input type="checkbox"/> Spaghetti Bolognaise	<input type="checkbox"/> Lambs Fry & Bacon with Onions	<input type="checkbox"/> Melrose Cream with Mandarins
				<input type="checkbox"/> Minted Lamb Casserole	<input type="checkbox"/> Roast Pork with Apple Sauce	<input type="checkbox"/> Apple & Cinnamon Shortcake
				<input type="checkbox"/> Cold Meats & Salad	<input type="checkbox"/> Cajun Chicken with Rice (Mild)	<input type="checkbox"/> Roast Lamb with Mint Sauce
				<input type="checkbox"/> Summertime Frittata (V)	<input type="checkbox"/> Baked Fish with Cheese Sauce	<input type="checkbox"/> Butter Chicken Curry (Medium)
				<input type="checkbox"/> Corned Silverside with Mustard Gravy	<input type="checkbox"/> Pork Wellington	<input type="checkbox"/> Rice Pudding with Apricot Puree
				<input type="checkbox"/> Beef Rissoles with Gravy	<input type="checkbox"/> Roast Chicken with Sage Stuffing	<input type="checkbox"/> Apple & Berry Crumble

SOUP OPTIONS: WEEK 1 Pumpkin, Kumara & Peanut WEEK 2 Chicken & Tomato WEEK 3 Ham & Vegetable WEEK 4 Roasted Carrot & Ginger

DELIVERY INFORMATION

\$6 Delivery Fee within Christchurch City suburbs

\$11 Delivery Fee to outer Christchurch regions (Kaiapoi, Rangiora, Rolleston, Prebbleton, West Melton, Lincoln, Darfield, Akaroa)

For Independent Courier deliveries outside these areas, please contact us for a price (\$15 - \$25 South Island).

Minimum order: 2 meals per delivery.

 **If you won't be home at the time of delivery, please leave a chilly bin or insulated bag out. We cannot be responsible for meals left out after delivery.**

 **Delivery time:** Thursdays between 8:30am – 2:00pm

PAYMENT OPTIONS

- **Online:** Order and pay directly on our website.
- **Bank Transfer:**

Food Solutions Christchurch Ltd – 020828 0064792 00

Reference: Your name and delivery date

(Please notify us if making a direct credit. Payments must be received by Monday for Thursday delivery.)

- **Credit Card via Phone:** A surcharge applies for manual credit card payments.

Cash or EFTPOS on Delivery: Available only within Christchurch. Deliveries via Independent courier must be prepaid.

HOW TO ORDER

There are 3 options for ordering:

 Go online www.eatl8r.co.nz

 Fill in a menu sheet a month in advance and hand to the driver upon delivery or email: orders@eatl8r.co.nz

 Call the office: **03 420 0722** – Leave a message with your name, address, phone number and which meals you would like to order (including meal size) before midday on Monday.

We would encourage you to call and leave a message on our answer phone over the weekend to ensure your order is received on time.

HEATING & STORAGE INSTRUCTIONS

Microwave: Lift the corner tab and heat on **HIGH** for approximately **3 minutes (Petite)** or **4 minutes (Regular)**, or until piping hot.

Oven: Transfer the meal onto an ovenproof plate, cover with foil, and reheat until piping hot. **Do not place the provided trays in the oven, as they are not oven-safe.**

Storage: Keep meals refrigerated at 4°C or below and consume within **7 days**.

If not eaten within this time, simply pop them in the freezer to enjoy later.

All Eatl8r meals include a selection of fresh seasonal vegetables.

 **Please Note:** We do not cater to special dietary requirements such as gluten-free, dairy-free, or allergy-specific meals etc**