# **Deborah Irby**

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### **Summary**

Reliable Youth Specialist bringing extensive experience helping empower youth and families. Familiar with providing both personal support and leading group sessions. Strong planning and problem-solving abilities developed over 7-year in mental health services.

Compassionate Youth Specialist excited to take on new professional challenges and assist motivating youth in awareness raising on social justice stressors and improving leadership skills abilities. Hardworking and responsible professional adept at crisis response and activity planning.

#### Skills & Abilities

- PowerPoint
- Trauma informed
- Implementing policy's
- Crisis intervention
- Skill building support
- Violence prevention
- Strategic planner
- Patient-centered care
- Attentive listener
- Community outreach

- CPR certified
- Educator
- First Aid
- Lesson plans
- Mediator
- Mental Health first aid
- Mentor
- Public speaker
- Mental Health
  First aid

### Experience

Children's Hospital of Philadelphia (CHOP) Peer Support Supervisor

Feb 2023 - Present

 Lead and mentor BRAVE Peer Leaders to amplify youth voices and promote healing. 06/2019 - Currently

Develop and implement long-term curriculum for Peer Leaders and Mentors.

12/2015 - 05/2019

Provide trauma-informed training and support for youth professional development.

**Consulting Specialist** 

09/2015 - 06/2017

Jun 2022 - Present

Revamp BRAVE curriculum to align with modern youth needs.

#### Education

**YESPhilly High School** — High School Diploma, Philadelphia, PA **Art Institute of Philadelphia** — Fashion Design, BSA Philadelphia, PA

June2016 July2016-March2017

## Accomplishments

- 2024: The Governor's Victim Service Pathfinder Award- Victim Activist of The Year
- Breakthrough Parent Curriculum Facilitator
- District 1199c training +Upgrading fund Behavioral Health Technician program
- Board of Directors for Community Behavioral Health Chair Member elected to act as, representatives of youth to establish corporate management related policies and to make decisions on major organizational issues.
- Crisis Intervention Training for the Philadelphia Police Department to emphasizes the principles of violence prevention, safe de-escalation and community collaboration.
- Community Service Served as faculty representative, spreading global awareness and introducing world issues such as youth voice at the table, childhood trauma affects and human trafficking to students.
- Material Development -
  - Co Created "Listen To Me" guidelines targeting clinicians to create an engaging environment for trauma impacted youth .
  - Creator of "Listen 2 Me, too: Normalizing Hard Conversation
  - ASATT(A Seat at The Table) Training on creating affective and sustainable Youth groups
  - o "Stepping into my Authentic Adulthood" Young Women workshop.
  - Peer Support training Curriculum
- Mental Health First Aid Trainer- Youth
- Self Publisher Author "The Truth in Part of My Healing"
- Founder of "Cozy Corner Talks"