

# Nut Allergy Awareness Policy

St. Thomas More's Catholic Primary School



Approved by the Governing Body:

Summer 2025

Next Review:

Summer 2027

## **Our Mission Statement**

*As we walk together with Jesus we love, live and learn*

This policy is in place as we have children and staff in school with nut allergies.

### **Purpose**

The purpose of this policy is to

- Raise awareness about allergies to all our school community
- Ensure we provide a safe learning environment for all
- Give assurance to those children/families with severe allergies that we take the management of these seriously.

### **Aim**

We are not a nut-free school but we aim to be as nut-free as we can. It is impossible to provide an absolute guarantee that no nuts will be brought onto the premises but we will strive to minimise this as much as we can.

### **Management**

We ask that all members of the school community manage the day to day application of this policy in the following ways:

- Parents and carers are requested NOT to send food to school that contains nuts. This includes all types of nuts, peanut butter, nutella, cereal/chocolate bars and any other food containing nuts.
- Staff will be alert to any obvious signs of nuts being brought in, but they will not inspect all food brought into school.
- If a child DOES bring in food that contains nuts or nut products they will be asked not to eat that food. The food item will be sealed up and the child will be asked to wash their hands. If the food item is a main component of the lunch, suitable food will be provided to the child.
- If any actual nuts are found, they will be bagged up and sent home and this child will be asked to eat lunch away from other children and wash their hands before going out to play.
- Children will be asked NOT to share food.
- Children will be encouraged to wash hands before and after eating.
- Most staff are trained in understanding and dealing with Anaphylaxis (severe allergic reactions) and will use this training as the need arises.
- The school dinner providers will ensure all cooked food is nut-free.

### **Promotion**

The policy will be promoted by:

- A copy of this policy being made available to all parents and carers.
- Staff being informed and provided with training opportunities.
- Children being informed via teachers and support staff.
- Publication of this policy on the school website.
- Issue of the policy in the new admission packs.