





## FRIENDS & SOCCER

WE CREATE OUR OWN TEAMS. WE PLAY WITH OUR FRIENDS. WE CHOOSE OUR OWN SCHEDULE. WE FOLLOW OUR OWN PATH.

**Now Accepting New Teams for Fall** 

## 2025

Do you have a group of players ready for a new challenge? Classics Eagles are accepting new teams for Fall 2025!

Please complete our NEW Team Form by CLICKING HERE!

We are a parent-coached, professionally assisted, family of teams. Many of the CE teams come into the program as a group of friends, neighbors, and current teammates who want to play together at a competitive level with their coach. They can create a club soccer experience that works best for their team's and families' needs and goals.

Classics Eagles is your club, and we are looking forward to assisting you play the game with your friends in your community in a way that works best for you.

Contact Ross Brown, CE Director, to schedule a meeting to discuss your group or team's options, the process, and answer all of your questions.

rbrown@tocafootball.com (806)494-8087

CLICK HERE FOR MORE INFORMATION

## PLAYER ASSESSMENT DATES

## Trying to find your child a Classics Eagles team?

Player Assessment are coming up for individual players that are looking to join Classics Eagles in the Fall of 25. This is a great opportunity for your player to come out, have some fun, make some friends, and be seen by our coaches. This event is FREE!

Please note we do not guarantee placement for all player who are looking for a team.

## **GIRLS**

**Sunday April 27th** 

U8-U10 @ 4-5pm U11+ @ 5-6pm

Sunday May 18th

U8-U10 @ 4-5pm U11+ @ 5-6pm

**BOYS** 

Saturday April 19th

U8-U10 @ 4-5pm U11+ @ 5-6pm

## Sunday May 4th, 2025

U8-U10 @ 4-5pm U11+ @ 5-6pm

All sessions will be @ TOCA Columbus (409 Orangepoint Dr, Lewis Center, OH 43035)

Please register by <u>CLICKING HERE!</u>
+ complete our most recent "Looking for a Team" form by <u>CLICKING HERE!</u>

CLICK HERE FOR MORE INFORMATION

# Spring Footskills + Fundamentals / Goalkeeper Training

As part of the Classics Eagles program, CE players have the ability to sign up to one additional training session a week. The Footskills and Fundamentals program is lead by CE Director, Ross Brown. The Goalkeeper training program is lead by Abby Weller. Here are some pictures of our Classics Eagles players working on their skills in week 1.







In week one of the Footskills and FUNdamentals program we focused on dribbling skills. Our players

# **Upcoming Camps!**





Sign up now to receive the early bird 10% discount. This discount ends on April 30th!

CE Summer Camps (3 Day) - REGISTER HERE

CE Summer Camps (1 Day) - REGISTER HERE

CE Goalkeeper Camps Summer 2025 - REGISTER HERE



TOCA Columbus is a 62,500 square-foot climate-controlled indoor soccer, sports, and fitness center. We offer programs for individuals, teams, or organizations looking to train and play all year round.

## **Training Opportunities for all Players**

#### **Individual Training**

TOCA's 1-on-1 training takes you through a guided, tech-enhanced soccer experience designed to rapidly improve your skills. The key is TOCA's proprietary technology, including the Touch Trainer, Smart Targets, Studio Screens, and personalized data tracking, that take your game to the next level. Schedule Your FREE BASELINE Session by CLICKING HERE

#### **Group Training**

TOCA Group Training provides a group of up to five similarly-skilled players our tech-enhanced soccer experience at a reduced price. It is the perfect solution for players seeking an affordable and challenging training environment.

#### SIGN UP HERE

#### **Soccer Clinics**

Designed for players looking to improve their game and soccer IQ, emphasis is placed on fundamentals

like passing/receiving, shooting, offense/defense, and team play. Camps of various lengths run throughout spring, summer, and fall with instruction available to players of all abilities, from beginner to advanced.

#### February Clinics Cost is \$50 per Clinic

3/14 at 5-7pm = Game Awareness Clinic 3/19 at 5pm-7pm = Finishing Clinic

#### SIGN UP HERE

#### **Juniors/TOCA Classes**

The Juniors/TOCA Classes Program is a youth soccer training environment for players that are between the ages of 3-12. Within the program, we offer experiences based on player ages and abilities. The Juniors/TOCA Classes Program is the beginning of a very specific pathway for each individual soccer player. We want each player to feel that they have options to continue with their love for the game as they develop their skill and confidence by explaining their potential next level opportunities.

#### Click Here for more information

#### **Field Rentals**

Fields are available for usage throughout the entire year! Field Sizes are 30yds by 20yds

Rental Rates: Prime Season \$150 (1 hour), Non Prime \$120 (1 hour,) Birthday Parties \$250 (2 hours) More Details on scheduling a rental contact TOCA Columbus GM atbbishop@tocafootball.com

Contact Information TOCA Columbus 409 Orange Point Dr Lewis Center, OH 43035 columbus@tocafootball.com 740-657-8888

#### VISIT CLASSICS EAGLES WEBSITE TO LEARN MORE!



#### Sweat, Science, and the Love of the Game: Celebrating National Athletic Training Month

As the weather warms up and young athletes take to the field for spring sports, it's a great reminder that sports offer more than just physical exercise—they teach valuable life skills. In honor of National Athletic Training Month, we're focusing on how we can help kids stay strong, healthy, and injury-free all season long.

Sports serve as a "safe place to fail," giving kids the opportunity to work as a team, overcome adversity, and build resilience. But those lessons come with physical challenges, including injuries. From baseball to soccer, tennis and track, each sport places unique demands on the body, making injury prevention crucial.

In our latest blog, we dive into the biomechanics of spring sports, highlight common injury risks and share expert tips on how to prevent injuries. Training smarter, not harder, is key, and strategies like strength training, proper sleep hygiene, cross-training, and load management all play a role in keeping athletes safe and performing at their best.

The ultimate goal isn't just to get kids through the season—it's to set them up for a lifetime of healthy, active living.

Check out the full blog here.

#### [Read the full article here]





**Athletic Training Month** 





#### **Sports Medicine Hotline**

In addition to our comprehensive care services, we offer a <u>Sports Medicine Hotline</u> as a free resource to coaches, families, and athletes affiliated with our partner clubs and organizations. This hotline provides direct access to expert advice and guidance on sports-related injuries and concerns.

Orthopedic ONE is committed to keeping athletes in the game and off the bench. No matter your needs, you can trust our team to provide personalized care and support that will enable you to perform your best. So, play hard, play smart, and above all, stay safe!





## SPORTS MEDICINE HOTLINE





## SPORTSMED@ORTHOPEDICONE.COM

Orthopedic ONE certified athletic trainers receive and respond to messages 7 days a week.

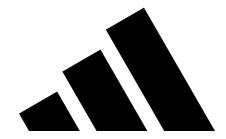
Messages are returned between the hours of 8:00 a.m. – 7:00 p.m.

If you have a life or limb-threatening situation, immediately call 911 or head to the nearest Emergency Department.

## **CLASSICS EAGLES PARTNERS**







## WE ARE A CREW NETWORK CLUB

The Crew Network is comprised of various local youth soccer organizations in the Columbus metropolitan area. The Crew Network gives youth players, coaches, parents and administrators access to unique experiences and opportunities.

Additionally, network clubs receive both technical



and commercial benefits from the Crew, such as player training opportunities, access to the Crew's coaching staff, and educational resources.

TOCA Columbus | 409 Orangepoint Drive | Lewis Center, OH 43035 US

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