



IMMACULATE CONCEPTION PARISH

*Inspired by the Holy Spirit, We Live the Good News of Christ
Through Worship, Community, and Stewardship*

820 18th Ave. Seattle, WA 98122

www.icseattle.org

Parish Family with: St. James Cathedral and Christ Our Hope

May 31, 2026

THE MOST HOLY TRINITY



Reading 1: Exodus 34:4b-6, 8-9

Responsorial Psalm: Daniel 3:52, 53, 54, 55 (52b)

“Glory and praise for ever!”

Reading 2: 2 Corinthians 13:11-13

Gospel: John 3:16-18

Pray for our Parishioners

For the Eternal repose of the soul of Adela Montealegre

Healing Prayers for Alice Davis and Rosalyn Fournier.

Please contact the parish office at 206-322-5970 or bulletin@icseattle.org to add a parishioner's name or your family's name to our weekly prayer's list.

From the Pastor's Desk | May 31, 2026

ST. JAMES CATHEDRAL | IMMACULATE CONCEPTION | CHRIST OUR HOPE

Dear Friends,
As we gather this weekend to celebrate the Solemnity of the Most Holy Trinity, the Pope's prayer intention for June is timely. It is timely because of what was celebrated in Rome last year on this feast day, and it is timely because of what we look forward to this summer, especially here in Seattle.

Here is the Pope's prayer intention for June: "Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth." This is a timely intention as we prepare to welcome people from all over the world to our city for the World Cup. In a world so divided, this world-wide sporting event offers a chance to build bridges across cultures and nations.

As athletes and fans gather in our city and fifteen other cities across Canada, the U.S., and Mexico, we have opportunities for promoting peace, encounter, dialogue, respect, and solidarity. Those values can counter the reality in so many places of our world of violence, division, polarization and disregard for human life.

One year ago on the Solemnity of the Most Holy Trinity, athletes and fans gathered in Rome for the Jubilee of Sport. This was one of many jubilees that was celebrated throughout the year. In his homily that day, Pope Leo XIV noted that "This combination of Trinity and Sport is somewhat unusual, yet the juxtaposition is not inappropriate. Every good and worthwhile human activity is in some way a reflection of God's infinite beauty, and sport is certainly one of these. For God is not immobile and closed in on himself, but activity, communion, a dynamic relationship between the Father, the Son and the Holy Spirit, which opens up to humanity and to the world. Theologians speak of perichoresis: the life of God is a kind of "dance": a dance of mutual love" (Pope Leo XIV, Homily, June 15, 2025).

Sport is so much a part of our daily lives that it is good to reflect on how it can interact with our faith. Families spend countless hours transporting children and young people to their various sports, watching and encouraging them to compete well, celebrating victories big and small and comforting when losses and defeats come along.

The Pope reflected last year that, "Sport can... help us to encounter the Triune God, because it challenges us to relate to others and with others, not only outwardly but also, and above all, interiorly. Otherwise, sport becomes nothing more than an empty competition of inflated egos."

The Pope went on to reflect on how sport has played an important role in the life of saints. "It is no coincidence that sport has played a significant role in the lives of many saints in our day, both as a personal discipline and as a means of evangelization. We can think of Blessed (now Saint) Pier Giorgio Frassati, the patron saint of athletes....His straightforward and luminous life reminds us that, just as no one is born a champion, no one is born a saint. It is daily training in love that brings us closer to final victory (cf. Rom 5:3-5) and enables us to contribute to the building of a new world."

On this Trinity Sunday, as we continue to enjoy sports in our families, among our friends, and in our city this summer, Pope Leo's words can encourage us to use this time well. He wrote last year, "Dear athletes, the Church entrusts you with a beautiful mission: to reflect in all your activities the love of the Triune God, for your own good and for that of your brothers and sisters. Carry out this mission with enthusiasm: as athletes, as trainers, as associations and groups, and within your families."

May we embrace this beautiful mission.

Peace,



Father Gary Lazzeroni
Pastor

Catechesis 101

The solemnity of the Most Holy Trinity

The Trinity is One. We do not confess three Gods, but one God in three persons. Catechism 254 explains that *“The divine persons are really distinct from one another. God is one but not solitary. Father, Son, and Holy Spirit are not simply names designating modalities of the divine being, for they are really distinct from one another: He is not the Father who is the Son, nor is the Son he who is the Father, nor is the Holy Spirit he who is the Father or the Son. They are distinct from one another in their relations of origin: It is the Father who generates, the Son who is begotten, and the Holy Spirit who proceeds.”*

~Fr Chanda

NEW Neighborhood Outreach Opportunity

1st Saturdays
of every month

The ‘1st Saturdays’ neighborhood outreach is a new event led by parishioners inviting our parish neighbors to visit our historic church. Volunteers will host the 1st Saturday of each month from 9:00am to 1:00pm opening the church doors to the community. **The first event will be on Saturday, June 6th!**

How you can get involved:

Volunteer one Saturday a year (or more) to welcome neighbors.

Hand out flyers in the neighborhood.

Do you live in the neighborhood? We need you!

Bring friends and family.

Spread the word through your social media.

Host a special event or activity on a ‘1st Saturday’.

As ‘1st Saturdays’ becomes established we hope that special events, open to the whole community, can be offered. One idea is to have a Christmas Sing-a-long in December. If you have ideas, can volunteer on a first Saturday, or are interested in being involved reach out to any member of our committee:

Fred Verzosa – fred_verzosa@yahoo.com

Sister Corky Muzzy – cmuzzy@csjp-olp.org

Linda Medley – maryjo@gmail.com

Jennifer Charles – jennifer.charles@univecta.com

Lori Chisholm-Cook – lori.chisholm@gmail.com



The Life of Our Community

Dear Friends,

It is with mixed emotions that I share with you that Alice Davis, our Pastoral Assistant for Administration and Facilities is retiring. While I am thrilled for Alice that she will now be able to let go of the heavy responsibilities she has carried and enjoy more leisure time with her family, I will miss her greatly as will our parish! She has had to step down a few weeks earlier than she had hoped, but we will make plans to thank her and celebrate her in the coming weeks. I know you will join me in wishing Alice God's richest blessings in her retirement!

~Fr. Gary Lazzeroni

SIGS MEALS—This gathering takes place on the last Tuesday of each month, and volunteers are always welcome. The event is named in honor of our beloved parishioner and donor, Sig Haugland. Next gathering—**May 26, 2026 3:00 PM Jean Moran Hall Kitchen**. For questions, contact Alex Soto at (206) 271-2463

YOUTH MASS - Calling all youth, we **NEED YOU** to help us make our youth mass awesome! Whether you're into reading (lectoring), helping with gifts, singing in the choir, ushering, or even altar serving, we want **YOU** to be part of the Mass. This is a great opportunity to get involved and serve God. If you want to join us, please complete the online form -<https://archseattle.ccbchurch.com/goto/forms/7459/responses/new> or scan the QR code *or* going to www.icseattle.org under parish life -> ministries to sign up and let us know how you'd like to help. **Youth masses - August 30 and November 29.**



YOUNG ADULTS - Come grow in faith and community! Are you looking to deepen your faith and connect with other young adults in our parish family? Join us for our next young adult gathering on Friday, June 5 at 6:30pm. For more information, please contact Blake Steller at bsteller@stjames-cathedral.org or (907) 244-6683.

JUNETEENTH—**Save the date, June 14, 2026** for the annual Juneteenth celebration hosted by Knights of Peter Claver at Immaculate Conception Parish, following the 11am mass. Please join us for food and fellowship.

LUAU—**Save the date!** 49th Annual Luau - **August 15, 2026 - 5:30 -9:30 pm** - More information and ticket sales coming soon. For more information, please contact Deneta Iglesias at denetaiglesias@yahoo.com

NAMI FAMILY SUPPORT GROUP - Open to anyone who has a family member with a mental illness, meets **online on 1st Sat of the month and in person on 3rd Sat of the month** at St James Pastoral Outreach Center, 1:30 3:00pm. *Registration:* helpline@namiseattle.org.

WALKING WEDNESDAYS—**St. James Mental Health and Wellness Ministry** - Join us every Wednesday beginning June 3rd through August 26 for a walk around first hill neighborhood. **Meet at the Pastoral Outreach Center—9007 Columbia Street. Walk starts at 11am.** All abilities are welcome. Dogs are welcome too.

BRAIN HEALTH BLOCK PARTY—**4th Annual First Hill** - Explore First Hill and Celebrate Brain Health. **Friday, June 26, 2026, 11 AM—2PM.** Fun and Free Event for All Ages. Special invite to folk age 50+! Learn more: <https://tinyurl.com/BHBP2026>

JOB OPENINGS

Pastoral Assistant for Faith Formation The parishes of Family 17 (St. James Cathedral, Immaculate Conception, and Christ Our Hope) have an opening for a Pastoral Assistant for Faith Formation to develop, implement, and direct Faith Formation Programs. This person will also plan and facilitate Sacramental Preparation programs in collaboration with appropriate groups and/or individuals in the parish family. Salary range is \$75,000-\$85,000 annually. This is a full-time position with an Archdiocesan Benefits package.

Custodian St. James Cathedral has an opening for a Custodian to perform basic janitorial and floor care responsibilities. This person will also work with the Cathedral Facilities staff in setting up for special events. Plumbing, electrical, and basic carpentry skills are a plus. Salary range is \$24-26 hourly. This is a full-time position with an Archdiocesan Benefits package.

To receive a job description and details, download and complete the application (<http://archseattle.org/wp-content/uploads/2020/12/HR1.2-EmploymentApp2019Parish.pdf>) and send it with a resume, via e-mail, to Larry Brouse, lbrouse@stjames-cathedral.org.



Annual Catholic Appeal

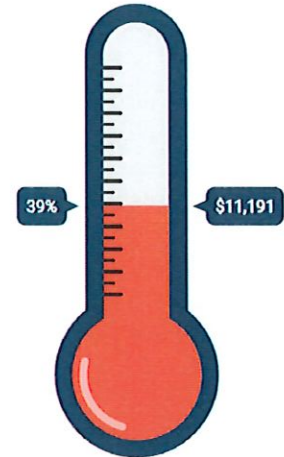


THE 2026 ANNUAL CATHOLIC APPEAL BEGINS

Together in faith is the theme of this year's Annual Catholic Appeal, and this weekend kicks off the 2026 campaign! The Annual Catholic Appeal funds ministries and services for your local Catholic community across Western Washington. This combined effort of parishes and the Archdiocese of Seattle ensures the availability of outreach ministries, Catholic education, faith formation, administrative services for parishes and much more!

This year, our parish's goal is **\$28,480**. All gifts received over our goal will be returned to the parish to complete the project we began last year of installing sec. Please prayerfully consider how you can participate in helping our parish be a light to others.

It's easy to give to the 2026 Annual Catholic Appeal. Scan the QR code or visit archseattle.org/GiveACA.



Message to our Fellow Parishioners from Joseph Fletcher, Maintenance Coordinator

As an update on the funds generously given to support the Annual Catholic Appeal in the previous two years, some of which were earmarked for specific purposes in our building, I would bring the following to your attention.

2023 Funding

Several microphones have been replaced for the choir and the priests. All microphones are matched in the choir, the uniformity easing sound management. The choir also now has dedicated monitor, rather than using the main speaker behind the choir, reducing opportunity for feedback.

Additionally,

- We ordered two additional wireless units to replace equipment banned by the FCC due to changes in national wireless spectrum usage.
- We discarded damaged music and microphone stands and ordered replacements.
- We are working to engage an audio tech to review and train our Media Services volunteers to better manage the system.

2024 Funding

With the understanding that these funds were intended to improve building security, we are seeking proposals for a building monitoring system. Though nothing has been completed at this point, the steps forwards are being carefully considered as the impact of the decision is large both in integration with other requirements, long-term cost, and maintenance.

Please be aware of **scam emails or text messages** falsely claiming to be from **any Priests** or other parish staff.

Scammers often:

- Ask for **gift cards, money transfers, or urgent help**
- Use fake emails that look similar to parish addresses (e.g., fr.john.icchurch@gmail.com instead of the real one)
- Claim they are "in a meeting" or "too busy to talk" and ask for help quickly



Important Reminders:

- **Parish staff will NEVER ask for gift cards, wire transfers, or personal banking info by email or text.**
- When in doubt, **call the parish office directly** at [Parish Phone Number].
- **Do not respond** to suspicious messages — delete and report them.

Stay safe and spread the word to others who may not be aware!

Upcoming Events

May 31 (Sun)	11AM	Youth Mass
June 5 (Fri)	6:30PM	Holy Hour for Vocations at St. James Cathedral
June 6 (Sat)	10AM	Mass of Priestly Ordination at St. James Cathedral
June 6 (Sat)	9A-1P	First "1st Saturdays" of each month—Tour of IC Church
June 11 (Thu)	6:30PM	Young Adult Women's Bible Study (Zoom (see Flyer))
June 13 (Sat)	1PM	Youth Ministry Summer BBQ at St. James Cathedral Pastoral Outreach Ctr
June 14 (Sun)	12PM	JUNETEENTH hosted by Knights of Peter Claver following 11AM mass

MASS SCHEDULE:

11:00 AM SUNDAYS (10:30 Holy Rosary)

Also live streamed at

<https://www.facebook.com/ImmaculateConceptionSeattle>

8:00 AM SUNDAYS – Eritrean Community

Pastor – The Very Reverend Gary F. Lazzeroni

Parochial Vicars – Rev. Francis Thumbi &
Rev. Sylvester Chanda

Pastor Emeritus - Very Reverend Michael G. Ryan

Deacon Joseph Connor

Pastoral Care Request - If you would like to request a house blessing, Communion, or the Anointing of the Sick, please contact Fr. Chanda directly at schanda@stjames-cathedral.org.

Mental Health, Grief and Resources

Anisa Ralls—Director of Mental Health and Wellness Ministry at St. James Cathedral (206) 382-4269
aralls@stjames-cathedral.org

PARISH OFFICE

Office Hours: M-F, 9 AM to 3 PM or

By Appt. - call (206) 322-5970, office@icseattle.org

Shanita Burrell-Stewart x603 shanitasb@icseattle.org
Volunteer Coordinator

Joseph Fletcher x604 maintenance@icseattle.org
Maintenance Coordinator

Grace Neri x601 office@icseattle.org
Administrative Assistant

Blake Steller bsteller@stjames-cathedral.org
Parish Family Director of Youth and Young Adult Ministry

CHOIR

Michaela Credo (Family) mjcredo08@yahoo.com
Sherrell Mitchell (Gospel) rell4christ@gmail.com

COUNCILS

Pastoral Council Maria Batayola (Chair), Connor Trapp, Deacon Joe Connor, Fred Verzosa, Marisa Harvey, and Sharon Pitre-Williams.

Finance Council Jane Powers (Chair), Lori Chisholm, and Toni Hall.

Please visit the church website at www.icseattle.org for other requests like Baptismal, Wedding, Bulletin Post, Giving and more.

Stewardship:

Caring for Our Church and Community

Year-to-Date Collection Stewardship of Treasure Report

As of 05.25.2025 - \$151,716.95

As of 05.24.2026 - \$163,219.13

Blessings and Thank you!

ARE YOU A REGISTERED PARISHIONER AT IMMACULATE CONCEPTION CHURCH?

Many who attend Immaculate Conception church regularly and consider the ICC their parish have never officially registered. We strongly encourage you to register. Registered parishioners receive important mailings from the church, are able to celebrate their wedding at ICC, and their children may attend any of the Catholic Rainbow Schools at Parishioner rates. To register, visit www.icseattle.org or use the QR code.



BULLETIN POST SUBMISSION

Please scan the QR code to submit any Immaculate Conception Church Seattle bulletin post request, including prayer requests.



For questions, please contact the parish office at office@icseattle.org or 206-322-5970.

REPORTING ABUSE

Helpline 800-446-7762 helpline@seattlarch.org
protectandheal.seattlarchdiocese.org. Report any suspicion of abuse by any church personnel to the local law enforcement. Call the Helpline if you know of sexual abuse or misconduct by a member of the clergy, an employee, or volunteer of the Archdiocese of Seattle. The Archdiocese of Seattle has a longstanding commitment to transparency, accountability, and assistance to persons sexually abused by clergy or anyone working on behalf of the church.

For children's safety and victim assistance see
<https://preventionusccb.org/resources>

ST. JAMES CATHEDRAL
IMMACULATE CONCEPTION | CHRIST OUR HOPE

YOUNG ADULT WOMEN'S BIBLE STUDY

Discerning Faith in the Modern World

Young adult women are invited to join a monthly Bible study and faith sharing group. Over the course of six months, we will dive into the lives of six saintly women, discovering the wonders God worked through them, recognizing our similarities with them, and asking for their prayers as we navigate today's world as Catholic women.

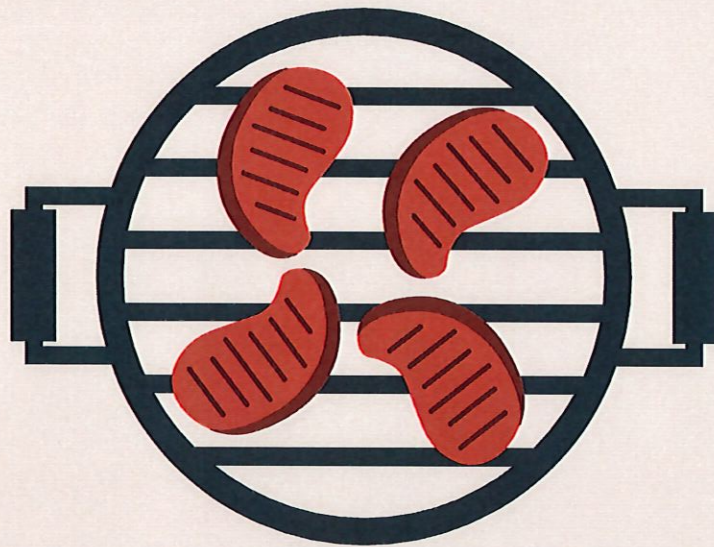
Thursday, June 11 at 6:30 PM
on Zoom

For more information and to RSVP, please reach out to Kemley Nieva at kemleynieva@gmail.com

YOUTH MINISTRY SUMMER BBQ

St. James Cathedral | Immaculate Conception | Christ Our Hope

All teens, parents, and families within our Parish Family are invited to come together, meet one another, enjoy food and fellowship, and continue dreaming about the future of youth ministry. Whether your family is already excited to be involved, still unsure, or simply curious, we would love to have you there!



Date

Saturday, June 13

Time

1 PM - 3 PM

Place

St. James Cathedral
Pastoral Outreach
Center

Reach out to Blake Steller to RSVP
bsteller@stjames-cathedral.org

ST. JAMES MENTAL HEALTH AND WELLNESS MINISTRY

Join us every Wednesday beginning June 3rd
through August 26th for a walk around our
neighborhood.

All
abilities
are
welcome

Walk starts
at
11 am

Dogs are
welcome
too!

Walking Wednesdays!



Take in the fresh air and soak up the scenery — a
great way to get exercise, clear your mind, and
explore the world around you.

We will meet at the Pastoral Outreach Center
907 Columbia Street

For more information Contact Anisa Ralls, MA LMHC, Director of
the Mental Health and Wellness Ministry at (206)382-4269 or
aralls@stjames-cathedral.org

You are Invited to a SPRING FOREST THERAPY WALK



JOIN US!

Being in nature and experiencing the forest through our senses offers a world of delight – and it's good for our health! It's about slowing down, opening our senses, and feeling the beauty, relaxation and healing that nature has to offer.

- Everyone is welcome
- No experience necessary
- Slow-paced and gentle

An easy walk with many rests, 2 hours in total. Led by Dan Stroh, with the nonprofit organization Ancient Earth Outings. Dan is a forest therapy guide certified by the Association for Nature and Forest Therapy.

ancienteearthoutings.org

Our new series of forest therapy walks launches this Spring!

Two sessions offered:

- Sat, May 2, 2026, 10 am - 12 noon
Seward Park, Seattle
- Weds, June 10, 2026, 10 am - 12 noon
Washington Park Arboretum, Seattle

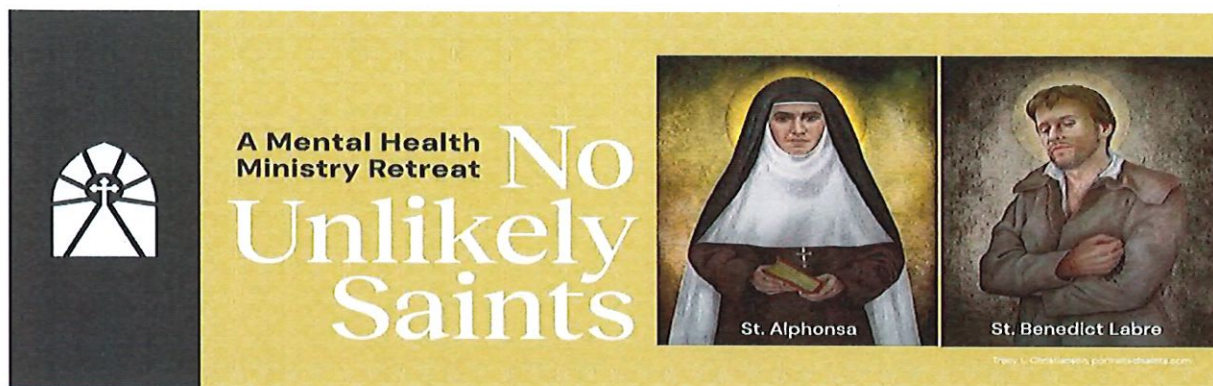
Space is limited; registration is required but there is no cost. To register or for additional information, please contact:

Anisa Ralls, (206)382-4269

aralls@stjames-cathedral.org

Sponsored by the Mental Health and Wellness Ministry, St. James Cathedral





Learn how mental illness can become a pathway to holiness by exploring the lives of saints who struggled with mental illness.

All those struggling with mental illnesses or those concerned with understanding and helping others in a faith-based context are invited to a Mental Health Ministry Retreat at the Peace & Spirituality Center in Bellevue on Sat. June 20th, 9:30am-4:30pm.

This retreat – “No Unlikely Saints” – will focus on the ties between saints and mental illness. With the guidance of our keynote speaker Cameron Bellm, we will journey with the saints, many of whom have journeyed with mental illness themselves, to show us how mental health struggles can be pathways to holiness.

All participants will receive a courtesy copy of Cameron’s book, a 6-week devotional that addresses a different mental illness each week and offers a saint who can accompany us.

There is no cost to attend; for registration please go to:

<https://archseattle.org/events/mental-health-ministry-retreat/>

For additional questions, contact Joe Cotton, Director of the Office for the Vicar General, at joe.cotton@seattlearch.org.

Sponsored by Archdiocese of Seattle [Mental Health Ministry](#), which strives to provide parishes and schools with resources and trainings that will aid them in creating welcoming communities of compassion, support and education to reduce the stigma of mental illness and prevent suicide.

4th Annual First Hill Brain Health Block Party

EXPLORE FIRST HILL AND CELEBRATE BRAIN HEALTH

Friday, June 26, 2026, 11am-2pm

Fun and Free Event For All Ages | Special invite to folks age 50+!

Healthy Snacks

1

Start at any participating location

2

Enjoy a fun brain-healthy activity

3

Get your passport map stamped*

4

Head to the next location of your choice



*Get 3 passport stamps for a chance to be entered into a prize drawing



SKYLINE



Learn more: <https://tinyurl.com/BHBP2026>





ROOTED
IN LOVE

SENT TO
SERVE



SUMMER 2026... | ARE YOU READY TO MAKE AN IMPACT?

Service-Immersion Week with

AGAPE SERVICE PROJECT

Encountering the farmworker community of Whatcom County

DISCOVER CHRIST IN COMMUNITY

...SUMMER 2026

Dates: August 2-6

For more information, contact Blake Steller

bsteller@stjames-cathedral.org



SAVE
the date!

AUGUST 15, 2026 - SATURDAY
5:30 - 9:30PM
IMMACULATE CONCEPTION

49th Annual
LUAU

