



Life. Love. Legacy.™
3000 Veterans Pkwy S
Moultrie, GA 31788
(229) 890-3342

YOUR LEADERSHIP TEAM



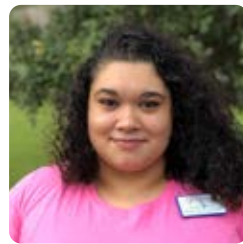
Chris Beckham
Executive Director



Kevin Jones
Sales & Marketing
Director



Susan Bowen, LPN
Resident Services
Director



Alicia Beltran
Business
Office Manager



Debbie Pipkin
Life Enrichment
Director



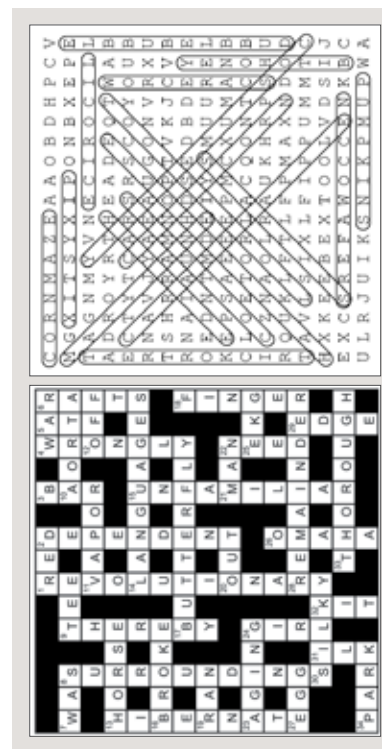
Leighann Altman
Dining Services
Director



Gary McPherson
Maintenance
Director



Ricky McLaughlin
Chaplain



LEGACY VILLAGE AT PARK REGENCY

NEWSLETTER | OCTOBER 2026



A MESSAGE FROM YOUR EXECUTIVE DIRECTOR



October arrives with its own quiet invitation to slow down and notice what matters. The air turns crisp, leaves begin their colorful descent, and familiar sweaters find their way back into our daily routines. It's a season of change—but also one of remembrance, gratitude and renewed appreciation for the people around us.

At the heart of our work is a simple but meaningful mission: "To serve the Greatest Generation with honor, respect, faith and integrity." Living out that mission means seeing more than a room number, a care plan, or a daily schedule. We see the mother who once kissed scraped knees, the carpenter whose hands built homes, the teacher who encouraged generations of children, and the friend who never failed to show up when someone needed them. We take the time to know each person—their story, preferences, faith, humor, wisdom and the experiences that shaped them into who they are today. Each life holds hard-earned perspective, deeply held values, wisdom gathered through a lifetime of experience, and memories worthy of being known, shared, and honored.

There is something powerful about being known. We seem to recognize familiar voices somewhere deep within us, connecting the sound almost instantly with memories, emotions, and a sense of identity. That may help explain why hearing someone say our name with warmth—or recognizing the voice of a person we trust—can make us feel more at ease. A familiar voice can bring comfort before the words themselves have even registered. Long before a conversation unfolds, something within us is already say-

ing, "I know this person, and this person knows me." It's a small reminder that familiarity is more than recognition; it is one of the ways we experience connection, reassurance and belonging.

That sense of familiarity is built through small moments, repeated with genuine care: remembering how someone takes their coffee, knowing which song makes them smile, asking about the work they once loved, or taking time to hear a favorite story again—even when we've been fortunate enough to hear it before. It grows through shared laughter, a gentle greeting in the hallway, and noticing when someone seems a little quieter than usual. These details may appear ordinary, but together they create something meaningful. They tell a person: You are seen. You are known. You matter here. And perhaps just as importantly, they remind all of us that the time we spend getting to know one another is never wasted.

Thank you for allowing us to continue serving you and those you love. We're grateful for the trust you place in our communities and for the many ways you help make them feel like home. Please drop in and join us whenever you can for anything scheduled during October. Your presence is always welcome, and it means more than you may know.

Sincerely,

Chris Beckham
Executive Director



Celebrations & Milestones

Welcome to our newest residents!

- Linda Johnson
- Nancy Horne

Let's celebrate everyone marking a special moment this month!

RESIDENT BIRTHDAYS

- Oct. 13: Alice Lee Levins Smith
- Oct. 24: Barbara Mercer

TEAM MEMBER BIRTHDAYS

- Oct. 3: Christy Tucker
- Oct. 5: Susan Bowen
- Oct. 13: Emma Herring
- Oct. 19: Gail Flowers

RESIDENT ANNIVERSARIES

- Joy Hannon—1 yr.
- Alice Lee Levin Smith—1 yr.
- Christine Lorraine—1 yr.



LEGACY SENIOR LIVING

2026 THANK YOU TOUR

THANK YOU TOUR

WED., OCT. 14 AT 2:00 PM

This fall, Legacy Senior Living, the management company of Legacy Village at Park Regency, is celebrating 20 years of service. We know this milestone wouldn't be possible without the residents and team members who make each of our communities so special. That's why we're hitting the road for a special Thank You Tour.

Members of our Support Center leadership team will be here to personally thank our residents for choosing to call our community home and celebrate the many years they've been part of the Legacy family. We'll also recognize our team members for their dedicated service and present each resident and team member with a special token of our appreciation.

We're grateful for everyone who has shaped our community over the past 20 years, and we hope you'll join us for this special celebration.



NATIONAL ASSISTED LIVING WEEK

WILD WEST



CHAPLAIN'S CORNER

HE WILL BRING YOU THROUGH THE STORM

Greetings in the name of our Lord Jesus Christ.

I would like to encourage you today concerning heaviness of heart and mind. First, as children of God, we are not exempt from afflictions, sorrow, grief, and other difficulties. The Bible declares, "Many are the afflictions of the righteous: but the Lord delivereth him out of them all" (Ps. 34:19 KJV).

We all face afflictions, trials, unpleasant situations, sickness, and other hardships. Yes, many of these things can cause us to experience a heavy heart. This is why Jesus said in the Gospel of Matthew, "Come unto me, all ye that labour and are heavy laden, and I will give you rest" (Matt. 11:28).

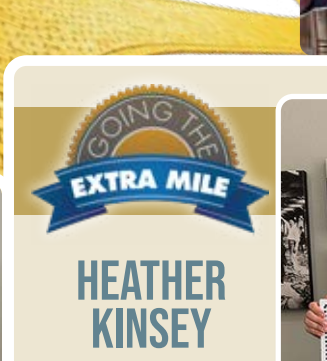
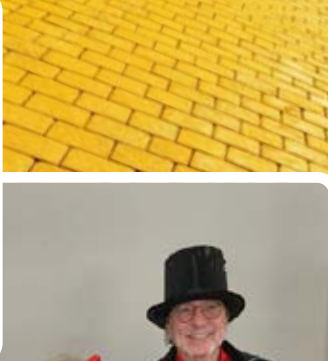
We are also encouraged to cast all our cares upon the Lord: "Casting all your care upon him; for he careth for you" (1 Pet. 5:7).

Please remember that you are never alone. Jesus said, "I will never leave thee, nor forsake thee" (Heb. 13:5).

As Paul told those aboard the ship with him to Rome, in the midst of the storm, "Be of good cheer" (Acts 27:22). If God brings us to the storm, He is able to bring us out of the storm!







GOING THE EXTRA MILE

HEATHER KINSEY

SEPTEMBER 2026

"If anyone forces you to go one mile, go with them two miles."
Matthew 5:41

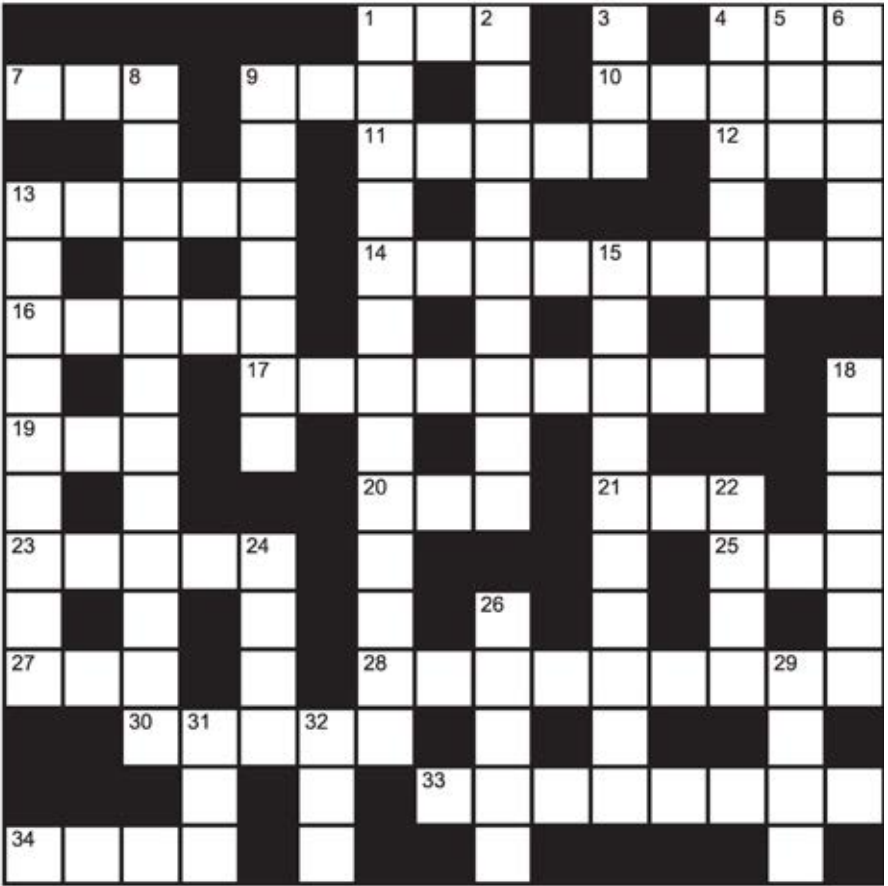


Submit your nominations in the lobby.

HAWAIIAN LUAU



- ACROSS**
- 1. Royal carpet color
 - 4. Huge conflict
 - 7. "Jeremiah _____ a bullfrog..."
 - 9. Driving range accessory
 - 10. Major artery in the body
 - 11. Fog or mist, for example
 - 12. Light switch setting
 - 13. Mr. Ed, for one
 - 14. French, English, and Spanish are some
 - 16. Without any money to spend
 - 17. Mothlike insect
 - 19. Sprinted, for example
 - 20. "Strike three; you're _____!"
 - 21. Male
 - 23. Getting older
 - 25. Cardiologist's test, abbrev.
 - 27. Grade A item
 - 28. What's left
 - 30. Like corn tassels
 - 33. In-depth
 - 34. Place for picnicking
- DOWN**
- 1. American ____ War; "shot heard round the world"
 - 2. Unable to do without
 - 3. Tavern
 - 4. Not in the right way
 - 5. Automotive Transmission Fluid, abbrev.
 - 6. Castaways' transports
 - 8. Environment
 - 9. Shakespeare: "And ____ hangs a tale"



- 13. Sleep through winter
- 15. Not known; strange
- 18. Can be used for pointing
- 22. A friend in _____
- 24. Lass
- 26. Mutual of ____'s Wild Kingdom
- 29. Sharp part of a sword
- 31. Kind, type
- 32. "Break me off a piece of that ____ Kat Bar!"



AN OLD-FASHIONED Halloween

The words listed can be found vertically, horizontally, diagonally, forward, and backward.



- BIT O HONEY
- CANDY CORN
- CARAMEL APPLE
- CORN MAZE
- COSTUME PARTY
- COSTUMES
- DUBBLE BUBBLE
- HAUNTED HOUSE
- HAYRIDE
- LICORICE
- MARY JANE
- NECCO WAFERS
- PIXY STIX
- PUMPKINS
- SCARECROW
- SMARTIES
- TOOTSIE ROLL
- TRICK OR TREAT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 Assisted Living				10:00- Self Reflection 10:30- Music 11:00- Devotion w/ Pastor Stanley 1:00- Alzheimer's Walk around Flagpole 3:30- Bingo 6:00-PathFinders Bible Study	10:00- Self Reflection 10:30- Music 11:00- Devotion w/ Ms. Hortman 3:30- Bingo 4:15- Black-out	10:00- Self-Reflection 10:30- Music 11:00- Quiet Time 3:30- Bingo ***There are board games, cards & art materials for self-led activities. Simchat Torah Begins
9:30- PathFinders 10:30- Music 11:00- Quiet Time 2:00- Self-led Activities ***There are board games, cards & art materials for self-led activities.	10:00- Self-Reflection 10:30- Music 11:00- Devotion w/ Ms. Hortman 2:00- Bible Study w/ Ms. Myra 3:30- Bingo	10:00- Self-Reflection 10:30- Music 11:00- Devotion w/ Brother Ricky 2:00- Art w/ Art Center 3:30- Bingo	10:00- Self- Reflection 10:30- Music 11:00- Devotion w/ Ms. Hortman 1:00- Balloon Ball 3:30- Bingo "Salon Day"	10:00- Self Reflection 10:30- Music 2:00- Games w/ Debbie 3:30- Bingo	10:00- Self Reflection 10:30- Music 11:00- Devotion w/ Ms. Hortman 3:30- Bingo 4:15- Black-out	10:00- Self-Reflection 10:30- Music 11:00- Quiet Time 3:30- Bingo ***There are board games, cards & art materials for self-led activities.
9:30- PathFinders 10:30- Music 11:00- Quiet Time 2:00- Self-led Activities ***There are board games, cards & art materials for self-led activities.	10:00- Self-Reflection 10:30- Music 11:00- Devotion w/ Ms. Hortman 2:00- Bible Study w/ Ms. Myra 3:30- Bingo Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	10:00- Self-Reflection 10:30- Music 11:00- Devotion w/ Brother Ricky 2:00- Birthday Bash 3:30- Bingo	10:00- Self- Reflection 10:30- Music 11:00- Devotion w/ Ms. Hortman 1:00- Balloon Ball 2:00 LEGACY SENIOR LIVING THANK YOU TOUR 3:30- Bingo "Salon Day"	10:00- Self Reflection 10:30- Music 2:00- Butter Bean Auction 3:30- Bingo 6:00- PathFinders Bible Study	10:00- Self Reflection 10:30- Music 11:00- Devotion w/ Ms. Hortman 3:30- Bingo 4:15- Black-out	10:00- Self-Reflection 10:30- Music 11:00- Quiet Time 3:30- Bingo ***There are board games, cards & art materials for self-led activities.
9:30- PathFinders 10:30- Music 11:00- Quiet Time 2:00- Self-led Activities ***There are board games, cards & art materials for self-led activities.	10:00- Self-Reflection 10:30- Music 11:00- Devotion w/ Ms. Hortman 2:00- Bible Study w/ Ms. Myra 3:30- Bingo	10:00- Self-Reflection 10:30- Music 11:00- Devotion w/ Brother Ricky 2:00-New Resident Ice Cream Social 3:30- Bingo	10:00- Self- Reflection 10:30- Music 11:00- Devotion w/ Ms. Hortman 1:00- Balloon Ball 3:30- Bingo "Salon Day"	10:00- Self Reflection 10:30- Music 11:00- Devotion w/ Pastor Carter 2:00- Penny Pitching 3:30- Bingo 6:00- PathFinders Bible Study	10:00- Self Reflection 10:30- Music 11:00- Devotion w/ Ms. Hortman 3:30- Bingo 4:15- Black-out	10:00- Self-Reflection 10:30- Music 11:00- Quiet Time 3:30- Bingo ***There are board games, cards & art materials for self-led activities.
9:30- PathFinders 10:30- Music 11:00- Quiet Time 2:00- Self-led Activities ***There are board games, cards & art materials for self-led activities.	10:00- Self-Reflection 10:30- Music 11:00- Devotion w/ Ms. Hortman 2:00- Bible Study w/ Ms. Myra 3:30- Bingo	10:00- Self-Reflection 10:30- Music 11:00- Devotion w/ Brother Ricky 2:00- Resident Council 3:30- Bingo	10:00- Self- Reflection 10:30- Music 11:00- Devotion w/ Ms. Hortman 1:00- Balloon Ball 3:30- Bingo "Salon Day"	10:00- Self Reflection 10:30- Music 11:00- Devotion w/ Pastor Carter 2:00- Games w/ Debbie 3:30- Bingo	10:00- Self Reflection 10:30- Music 11:00- Devotion w/ Ms. Hortman 3:30- Bingo 4:15- Black-out	10:00- Self-Reflection 10:30- Music 11:00- Quiet Time 3:30- Bingo ***There are board games, cards & art materials for self-led activities. Halloween

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 The Harbor				9:30- Graceful Morning 1 10:00- PathFinders 10:30- Music & Motion 11:00- Trivia 2:00- What time is it? 3:30-Sit & Chat on Porch/Popsicles 4:00- Guess the Face	9:30- Morning Meet Up 2 10:00- Praise Break 10:30- Move & Groove 11:00-Music Time 2:00- Art w/ Julie 3:30- Bingo 4:00- Simple C	9:30- Rise & Shine 3 10:00- Touch the Sky 10:30- Singing Hearts 11:00- Joyful Movers 2:30- Music w/Penny 3:30- Games 4:00- Puzzles Simchat Torah Begins
9:30- Mindful Morning 4 10:00- Grace & Gratitude 11:00- Joyful Movers 2:30- Movie w/ Friends 3:30- Music w/ Penny 4:00- Games	9:30- Happy Start Huddle 5 10:00- Sunshine Shakers 10:30- Good Ole Hymns 2:00- Simple C 3:30- Toss & Tell 4:00- Guess the Team	9:30- Moments of Praise 6 10:00- Daily Goodness/ Devotional Reading 10:30- Chair Exercise 11:00-Elvis Trivia 11:30- Music w/ Brother Ricky 2:00- Telephone 3:30- Art w/ Julie 4:00- Puzzles	9:30- Daily Goodness 7 10:30- Art w/ Green Oaks 11:00- I Spy 2:00- Neat & Tidy Station 3:30- Rhythm and Glow 4:00- Bingo “Salon Day”	9:30- Graceful Morning 8 10:00- PathFinders 10:30- Music & Motion 11:00- Career Day 3:30-Sit & Chat on Porch/Popsicles 4:00- Guess the Song	9:30- Morning Meet Up 9 10:00- Praise Break 10:30- Move & Groove 11:00-Music Time 2:00- Art w/ Julie 3:30- Bingo 4:00- Games	9:30- Rise & Shine 10 10:00- Touch the Sky 10:30- Singing Hearts 11:00- Joyful Movers 2:30- Music w/Penny 3:30- Games 4:00- Puzzles
9:30- Mindful Morning 11 10:00- Grace & Gratitude 11:00- Joyful Movers 2:30- Movie w/ Friends 3:30- Trivia 4:00- Games	9:30- Happy Start Huddle 12 10:00- Sunshine Shakers 10:30- 50’s Music 2:00- Puzzles 3:30- Kitchen Station 4:00- Guess that Team Indigenous Peoples’ Day Columbus Day (U.S.) Thanksgiving Day (Canada)	9:30- Moments of Praise 13 10:00- Daily Goodness/ Devotional Reading 10:30- Chair Exercise 11:30- Music w/ Brother Ricky 11:00-Dolly Trivia 2:00- Telephone 3:30- Art w/ Julie 4:00- Puzzles	9:30- Daily Goodness 14 10:30- Art w/ Green Oaks 11:00- I Spy 2:00- LEGACY SENIOR LIVING THANK YOU TOUR 3:30- Rhythm and Glow 4:00- Bingo “Salon Day”	9:30- Graceful Morning 15 10:00- PathFinders 10:30- Music & Motion 11:00- Elvis Trivia 2:00- What time is it? 3:30-Sit & Chat on Porch/Popsicles 4:00- Guess the Price	9:30- Morning Meet Up 16 10:00- Praise Break 10:30- Move & Groove 11:00-Music Time 2:00- Art w/ Julie 3:30- Bingo 4:00- Simple C	9:30- Rise & Shine 17 10:00- Touch the Sky 10:30- Singing Hearts 11:00- Joyful Movers 2:30- Music w/Penny 3:30- Games 4:00- Puzzles
9:30- Mindful Morning 18 10:00- Grace & Gratitude 11:00- Joyful Movers 2:30- Movie w/ Friends 3:30- Music w/ Penny 4:00- Games	9:30- Happy Start Huddle 19 10:00- Sunshine Shakers 10:30- 60’s & 70’s Music 2:00-Puzzles 3:30-Would you Rather? 4:00- Picture Bingo	9:30- Moments of Praise 20 10:00- Daily Goodness/ Devotional Reading 10:30- Chair Exercise 11:00- Guess that Oldies Show 11:30- Music w/ Brother Ricky 2:00- Telephone 3:30- Art w/ Julie 4:00- Puzzles	9:30- Daily Goodness 21 10:30- Art w/ Green Oaks 11:00- I Spy 2:00- Laugh w/ Me 3:30- Rhythm and Glow 4:00- Bingo “Salon Day”	9:30- Graceful Morning 22 10:00- PathFinders 10:30- Music & Motion 11:00- 50’s Trivia 3:30-Sit & Chat on Porch/Popsicles 4:00- Slogans/Name that Food	9:30- Morning Meet Up 23 10:00- Praise Break 10:30- Move & Groove 11:00-Music Time 2:00- Art w/ Julie 3:30- Bingo 4:00- Games	9:30- Rise & Shine 24 10:00- Touch the Sky 10:30- Singing Hearts 11:00- Joyful Movers 2:30- Music w/Penny 3:30- Games 4:00- Puzzles
9:30- Mindful Morning 25 10:00- Grace & Gratitude 11:00- Joyful Movers 2:30- Movie w/ Friends 3:30- Trivia 4:00- Games	9:30- Happy Start Huddle 26 10:00- Sunshine Shakers 10:30- Gospel Music 11:00- Story Time 2:00- Baby Daycare 3:30- Ring Toss 4:00- Memory Lane	9:30- Moments of Praise 27 10:00- Daily Goodness/ Devotional Reading 10:30- Chair Exercise 11:00-Country Music Time 11:30- Music w/ Brother Ricky 2:00- Telephone 3:30- Art w/ Julie 4:00- Puzzles	9:30- Daily Goodness 28 10:30- Art w/ Green Oaks 11:00- I Spy 2:00- Story Time 3:30- Rhythm and Glow 4:00- Bingo “Salon Day”	9:30- Graceful Morning 29 10:00- PathFinders 10:30- Music & Motion 11:00- 60’sTrivia 2:00- What time is it? 3:30-Sit & Chat on Porch/Popsicles 4:00- Guess the Year	9:30- Morning Meet Up 30 10:00- Praise Break 10:30- Move & Groove 11:00-Music Time 2:00- Art w/ Julie 3:30- Bingo 4:00- Simple C	9:30- Rise & Shine 31 10:00- Touch the Sky 10:30- Singing Hearts 11:00- Joyful Movers 2:30- Music w/Penny 3:30- Games 4:00- Puzzles Halloween