



Life. Love. Legacy.™
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LEGACY VILLAGE AT PARK REGENCY

NEWSLETTER | JUNE 2026



YOUR LEADERSHIP TEAM



Allen Chambers
Interim Executive Director; Regional Director of Operations

Kevin Jones
Sales & Marketing Director

Susan Bowen, LPN
Resident Services Director

Alicia Beltran
Business Office Manager

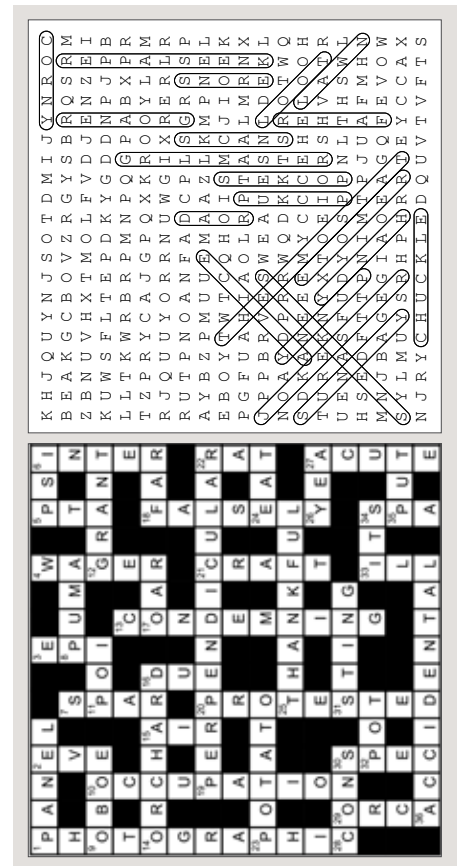


Debbie Pipkin
Life Enrichment Director

Leighann Altman
Dining Services Director

David Ostrander, III
Maintenance Director

Ricky McLaughlin
Chaplain



A MESSAGE FROM YOUR REGIONAL DIRECTOR

Dear Residents, Families, and Friends,
 June always seems to arrive as an invitation—a gentle nudge to step outside, savor the longer days, and find joy in simple things. Gardens burst with color, porches grow livelier, and there’s a quiet sense that something new might be waiting just around the corner.

Here’s a bit of trivia that surprised me recently: June is the only month in the year without a single federal holiday. It’s funny, isn’t it? For a month so often filled with weddings, reunions, and Father’s Day celebrations, June manages to feel festive all on its own. Maybe that’s the gift of this time of year—a little extra space to make our own traditions, whether that means a leisurely walk, sharing a favorite story, or just taking time for an extra-long conversation with someone you care about.

This month, I find myself reflecting on a quiet lesson once shared by my Dad: “You don’t have to have all the answers. Just be willing to listen, and show up when it matters.” That simple wisdom has stayed with me, a reminder that the most meaningful impact often comes from small

moments—patience, presence, encouragement—rather than grand gestures.

As Father’s Day approaches, it’s a chance to honor not just fathers, but all those who have offered guidance, support, and love along the way. Whether you’re remembering someone, celebrating a mentor or friend, or simply feeling grateful for the caring people in your life, I hope the day brings comfort and connection in whatever form feels right to you.

Across our community, June means more time for laughter, fresh air, and the feeling of truly belonging. Thank you for making this place so welcoming and warm. Here’s to a month of discovery, connection, and all the comforts of home.

With warmest wishes,

Allen W. Chambers
 Regional Director of Operations
 Legacy Senior Living



Celebrations & Milestones

Let's celebrate everyone marking a special moment this month!

RESIDENT BIRTHDAYS

- June 4: June Nation
- June 15: Patricia Horne
- June 29: Shirley Winders

TEAM MEMBER BIRTHDAYS

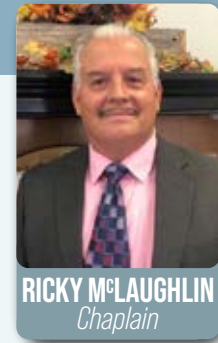
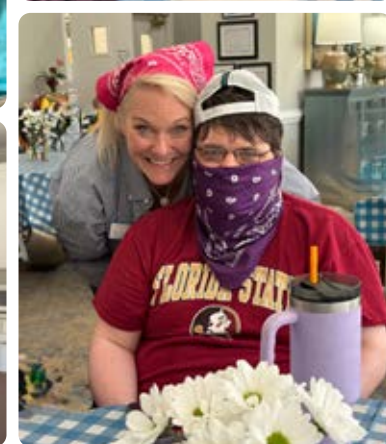
- June 5: David Ostrander III
- June 6: Chandra Cone
- June 11: Mykeria Harvey
- June 19: Tequlia Erving
- June 21: Alicia Beltran
- June 22: Gloria Roberts

RESIDENT ANNIVERSARIES

- Faye Holland – 6 years
- Kathy Parker – 5 years
- Gladys Reeves – 5 years
- Dr. Horace Chitty – 1 year
- Mary Lynn Chitty – 1 year

TEAM ANNIVERSARIES

- Lexi Haman – 2 years
- Jessica Sanchez – 2 years



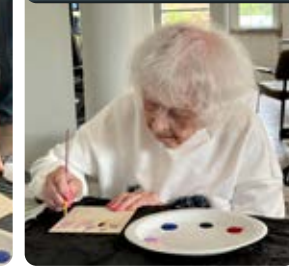
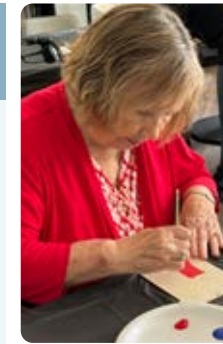
CHAPLAIN'S CORNER

Greetings, dear friends, in the name of our Lord Jesus Christ! My prayer is that our Lord Jesus would bless you with His goodness, grace, and mercy. For all our fathers, I pray you have a very special day! And may all those whose fathers have already gone to be with the Lord cherish those wonderful memories of them.

We have heard with our ears, O God, our fathers have told us what work Thou didst in their days, in times of old.
Ps. 44:1

Oh, thank God for all those fathers who have led us by example, trusting God for all things and teaching us so much about God and life. We have received treasure in earthen vessels — how God loved us, and how He would supply everything we need. They taught us also to be strong and yet humble in spirit. And yes, they may not have had wealth in this world's goods, but they possessed such great wealth in wisdom and knowledge. Yes, praise God for God-fearing fathers.

Art with ALYIAH of CRMC HOSPICE



NATIONAL NURSING ASSISTANTS WEEK



JUNE 11-17

Your dedication and compassion make all the difference each day. Your hard work, gentle hands and heart for service bring comfort, dignity and joy to our residents.

*We see you. ❤️
We appreciate you.*



ANTICS AND SHENANIGANS with the SELECT REHAB



A GATHERING OF GRACE AND GRATITUDE



WITH A Mother's Day Tea

ROOTS, THREAD AND WINGS: MEET Shirley Winders



Shirley Harvey Winders grew up in Cairo, Georgia, the fourth of five children born to Homer and Annie Sue Harvey. Her siblings scattered only so far – South Georgia and North Florida – which means the family has stayed close enough to gather for what has become one of Shirley's favorite weekly rituals: Friday lunch at Mr. Chick's with her brothers and sister. Some things don't need to change.

She met the love of her life in Robert Winders, and together they built a full and happy home. They raised three children – Angie, Liz, and Robin – and Shirley was exactly the kind of mother who showed up completely. When her kids were young, she was a homemaker by choice, not circumstance. When they started school, she went to work. And when the holidays rolled around or summer arrived and her children came home, she'd quit her job to be with them. Just like that. No hesitation. Family came first, always.

That devotion eventually extended to Robert as well. Shirley worked as a seamstress for more than 40 years, a career built on patience, precision, and craft. When Robert needed her in his later years, she set down her work and turned her full attention to caring for him. It was, in many ways, the same instinct she'd always had – to be present for the people she loved most.

Her faith was just as woven into her life as her family was. For many

years, Shirley served as a Sunday School teacher, sharing scripture with those who were eager to learn. The reach of that ministry is still felt today. Family members still come across note cards she gave them during hard times – a verse written in her hand, tucked away and rediscovered when it's needed most. That's the kind of quiet, lasting impact that speaks louder than any grand gesture.

Outside, Shirley found her peace in the garden. She tended her yard and flower beds with care and intention, cultivating spaces that welcomed migrating Monarch butterflies passing through Georgia on their long journey south. It was more than a hobby. It was a kind of communion with something bigger – the seasons, the cycles, the simple wonder of a butterfly choosing your yard to rest in.

That love of butterflies took her beyond her own garden, too. Some of her fondest memories are from visits to Butterfly Festivals at Callaway Gardens in Pine Mountain, Georgia, where the Cecil B. Day Butterfly Center – one of North America's largest glass-enclosed tropical conservatories – fills each September with the iridescent blue wings of Blue Morpho butterflies flying freely through the air. It's the sort of place that makes you slow down and look up.

Shirley also treasured time spent traveling with family and friends, chasing both mountains and coastlines. The peaks of Alabama, Georgia, North Carolina, and Tennessee called to her, as did the beaches of Florida and Georgia. Whether she

was breathing in cool mountain air or listening to waves, she brought the same appreciation for beauty that she carried into her garden and her faith.

Today, Shirley is a resident of Legacy Village at Park Regency, where she arrived in May 2024 and quickly found her footing. She's made new friends, embraced the daily devotions and gospel music, and enjoys outings around town. The staff, she'll tell you, feel like an extension of her family.

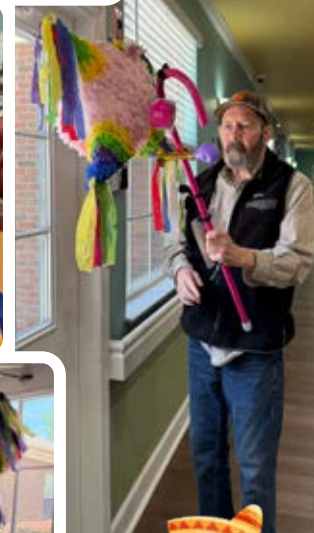
And as for the rest? Shirley says it best herself: "I don't have to make my bed, cook, or wash clothes anymore. The staff at Legacy help me with that. I'm retired. I get up when I want to, and I go to bed when I want to. This is my new home, and I like it here. Everyone is so nice to me."

Somewhere back home, a grandchild or great-grandchild – one of her seven grandchildren and eight great-grandchildren – is probably finding a scripture note card in a drawer right about now, written in Shirley's hand, for exactly the moment they needed it. That's Shirley. Still present. Still giving. Still full of grace.





CINCO DE MAYO



GOING THE EXTRA MILE SHATEDRA COTTON MARCH WINNER



"If anyone forces you to go one mile, go with them two miles." Matt 5:41

Submit your nominations in the lobby!

GOING THE EXTRA MILE CHRISTY TUCKER 2025 ANNUAL AWARD RECIPIENT Matt. 5:41



Congratulations to Christy Tucker!

Chosen from last year's monthly winners, Christy now advances as a candidate for the 2025 company-wide Legacy Champion award.

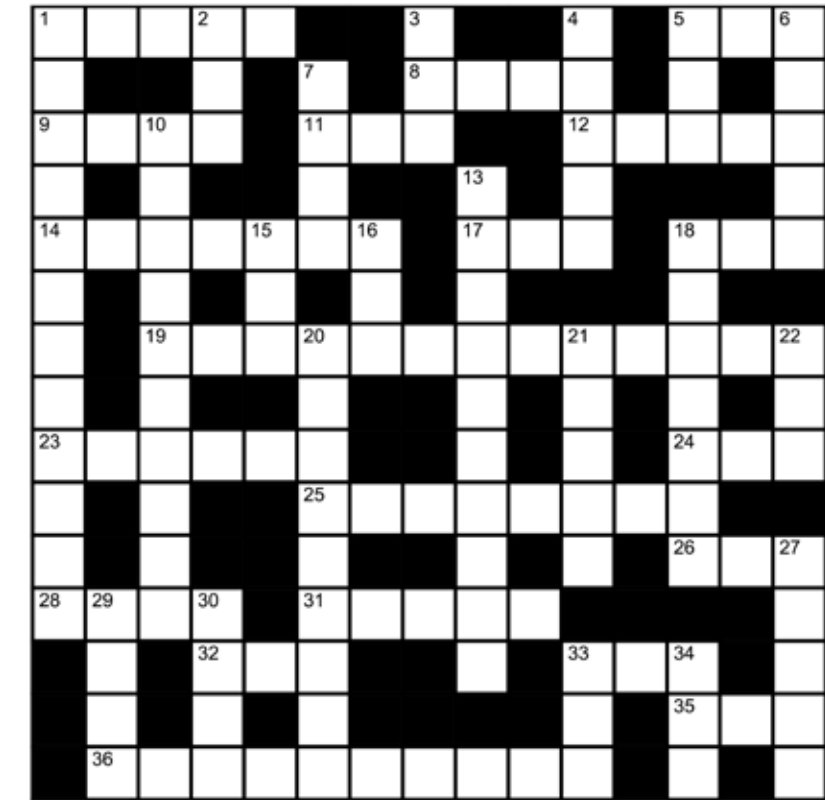
LEGACYSL.NET/ALZHEIMERS-SUPPORT

ACROSS

- 1. The entire ____ of judges gave the skater 10s
5. Greek alphabet's 23rd letter, psi; rhymes with sigh
8. Feline-inspired athletic shoe brand
9. Double-reeded instrument; clarinet's cousin?
11. Hawaiian dish; rhymes with soy
12. Ulysses S. ____; president on the \$50 bill
14. An area of fruit trees
17. Helpful tool when rowing a boat
18. "Long ago and ____ away..."
19. At a right angle; not horizontal
23. ____ pancakes; latkes
24. "It's a dog-____-dog world"
25. Feeling gratitude
26. ____ high: about that tall
28. Pros and ____ of an issue
31. A bee's defense
32. Before shot and after hot
33. "____ Now or Never" by Elvis Presley
35. ____ up with; tolerate
36. Not planned; unintentional

DOWN

- 1. Extremely keen kind of memory
2. The Three Faces of ____, starring Joanne Woodward
3. Prefix for dermis or pen
4. Racetrack bet
5. Parent Teacher Association, abbrev.
6. Lay to rest; entomb
7. Practice with a boxer
10. Job; profession
13. Ostracizing; punishing
15. "Love Is in the ____"
16. Preceded by past or over
18. Untruthfully
20. Complained; raised an objection
21. Embroidery or pottery for example
22. Mickey's larger cousin?
27. Severe; critical
29. Killer whale
30. Blueprint or plan
33. Not well
34. Hot tub or wellness retreat



K H J Q U Y N J S O T D M I J Y N R O C
B E A K G C B O V Z R G Y S B R Q S R M
Z B N U V H X T M O L F V D J E N Z E I
K U W S F L T E P D K Y G D D N P J P B
L L T K W R B R P M N P Q G P A B X P R
T Z P R Y C A J G P Q X K R O O Y L A M
R J Q U U Y O R R N U W G I X R E R L R
R U T P N O A N F A D C P L S G R S S P
A Y B Z P M U U E M A A Z L K M P N E L
E B O Y T W T C Q H O I S M C J I O E K
P G F U A H I A O L R P T A A L M R N X
J P P B R V E S W E A U E S N L D E K L
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M N J B A G E G I A O E A G Q F E V O W
S Y L M U Y S R H P H R R T E Y C C A X
N J R Y C H U C K L E D Q U V T V F T S

DAD-ISMS

The words listed can be found vertically, horizontally, diagonally, forward, and backward.

- ADVICE JOKESTER ROAD TRIP
CORN CORY KNEESLAPPER SNACKS
CHUCKLE LAWN SNEAKERS
FATHER PICKUP SNORE
GRILLMASTER POCKETS SUNDAY NAP
GROANER PUNNY THERMOSTAT
HANDY REMOTE TOOL BELT



MY FATHER DIDN'T TELL ME HOW TO LIVE; HE LIVED, AND LET ME WATCH HIM DO IT.

HAPPY FATHER'S DAY!



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|--|---|--|
|  | 10:30- Self-Reflection 10:45- Music 11:00- Devotion w/ Ms. Hortman 2:00- Bible Study w/ Myra 3:30- Bingo | 9:30- Self-Reflection 10:00- Exercise 10:30- Music 11:00- Devotion w/ Brother Ricky 2:00- Art w/ Art Center 3:30- Bingo | 10:00- Self-Reflection 10:30- Music 11:00- Devotion w/ Ms. Hortman 1:00- Balloon Ball 3:30- Bingo | 10:00- Exercise 10:30- Music 11:00- Devotion w/ Pastor Stanley 2:00- Table Top Games w/ Debbie 3:30- Bingo | 10:00- Self-Reflection 10:30- Devotion w/ Ms. Hortman 10:30- Donuts w/ Select Rehab 1:00- Movie 3:30- Bingo 4:15- Blackout | 10:00- Music 10:30- Devotion 11:00- Self-Reflection 1:00- Family Movie 3:30- Bingo |
| 9:30- PathFinders 10:30- Self-Reflection 11:00- Quiet Time 1:00- Board Games 2:00-Movie Time 3:30- Bingo | 10:30- Self-Reflection 10:45- Music 11:00- Devotion w/ Ms. Hortman 2:00- Bible Study w/ Myra 3:30- Bingo | 9:30- Self-Reflection 10:00- Exercise 10:30- Music 11:00- Devotion w/ Brother Ricky 2:00- Birthday Bash w/ Kristy 3:30- Bingo | 10:00- Self-Reflection 10:30- Music 11:00- Devotion w/ Ms. Hortman 1:00- Balloon Ball 3:30- Bingo | 10:00- Exercise 10:30- Music 11:00- Devotion w/ Keri & Michelle 1:00- Trip to Walmart 3:30- Bingo | 10:00- Self-Reflection 10:30- Devotion w/ Ms. Hortman 1:00- Movie & Snack 3:30- Bingo 4:15- Blackout | 10:00- Music 10:30- Devotion 11:00- Self-Reflection 1:00- Family Movie 3:30- Bingo |
| 9:30- PathFinders 10:30- Self-Reflection 11:00- Quiet Time 1:00- Board Games 2:00-Movie Time 3:30- Bingo | 10:30- Self-Reflection 10:45- Music 11:00- Devotion w/ Ms. Hortman 2:00- Bible Study w/ Myra 3:30- Bingo | 9:30- Self-Reflection 10:00- Exercise 10:30- Music 11:00- Devotion w/ Brother Ricky 2:00- Fudge Making 3:30- Bingo | 10:00- Self-Reflection 10:30- Music 11:00- Devotion w/ Ms. Hortman 1:00- Balloon Ball 3:30- Bingo | 10:00- Exercise 10:30- Music 11:00- Devotion w/ Pastor Carter 2:00- Table Top Games w/ Debbie 3:30- Bingo | 10:00- Self-Reflection 10:30- Devotion w/ Ms. Hortman 1:00-Father's Day Social 3:30- Bingo 4:15- Blackout | 10:00- Music 10:30- Devotion 11:00- Self-Reflection 1:00- Family Movie 3:30- Bingo |
| Flag Day (U.S.) | | | | | Juneteenth | |
| 9:30- PathFinders 10:30- Self-Reflection 11:00- Quiet Time 1:00- Board Games 2:00-Movie Time 3:30- Bingo | 10:30- Self-Reflection 10:45- Music 11:00- Devotion w/ Ms. Hortman 2:00- Bible Study w/ Myra 3:30- Bingo | 9:30- Self-Reflection 10:00- Exercise 10:30- Music 11:00- Devotion w/ Brother Ricky 2:00- Ice Cream Social 3:30- Bingo | 10:00- Self-Reflection 10:30- Music 11:00- Devotion w/ Ms. Hortman 1:00- Balloon Ball 3:30- Bingo | 10:00- Exercise 10:30- Music 11:00- Devotion w/ Pastor Carter 2:00- Table Top Games w/ Debbie 3:30- Bingo | 10:00- Self-Reflection 10:30- Devotion w/ Ms. Hortman 1:00- Movie & Snack 3:30- Bingo 4:15- Blackout | 10:00- Music 10:30- Devotion 11:00- Self-Reflection 1:00- Family Movie 3:30- Bingo |
| Father's Day Summer Begins | | | | | | |
| 9:30- PathFinders 10:30- Self-Reflection 11:00- Quiet Time 1:00- Board Games 2:00-Movie Time 3:30- Bingo | 10:30- Self-Reflection 10:45- Music 11:00- Devotion w/ Ms. Hortman 2:00- Bible Study w/ Myra 3:30- Bingo | 9:30- Self-Reflection 10:00- Exercise 10:30- Music 11:00- Devotion w/ Brother Ricky 2:00- Resident Council 3:30- Bingo |  | | | |
| | | | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|---|---|---|
|  | 9:30 Mindful Morning 1 10:00 Praise Break 10:30 Move & Groove 1:00 Music & Movement 1:30 Memory Lane 50's 2:00 Patio Walk 3:30 Bingo | 9:30 Get Up and Glow 2 10:00 Hymns & Hope 10:30 Balloon Ball 12:00 Brother Ricky Music 1:00 Guess that Sound 2:00 All about Lemons 3:30 Bingo | 9:30 Graceful Morning 3 10:00 Hymns & Hope 10:30 Art w/Green Oaks 12:00 Music 1:00 Story Time 2:00 Patio Games 3:30 Bingo | 9:30 Morning Meet Up 4 10:00 PathFinders 11:00 Seated Exercise 12:00 Music 1:00 Joyful Movement and Dance 2:00 Simple C Trivia 3:30 Bingo | 9:30 Moments of Praise 5 10:00 Daily Goodness 11:00 Sit & Stretch 12:00 Music 1:00 Fishing Game 2:00 Patio Games 3:30 Bingo | 9:30 Rise and Shine 6 10:00 Touch the Sky 10:30 Singing Hearts 11:00 Joyful Movers 2:00 Family Movie 3:30 Games 4:00 Puzzles and Trivia |
| 9:30 Graceful Mornings 7 10:00 Grace & Giggles 11:00 Move & Groove 12:00 Family Movie 1:00 Music 2:00 Tabletop Games 3:30 Patio Games | 9:30 Mindful Morning 8 10:00 Praise Break 10:30 Move & Groove 1:00 Music & Movement 1:30 Memory Lane 60's 2:00 Patio Walk 3:30 Bingo | 9:30 Get Up and Glow 9 10:00 Hymns & Hope 10:30 Balloon Ball 12:00 Brother Ricky Music 1:00 Guess that Sound 2:00 All about Cats 3:30 Bingo | 9:30 Graceful Morning 10 10:00 Hymns & Hope 10:30 Art w/Green Oaks 12:00 Music 1:00 Story Time 2:00 Patio Games 3:30 Bingo | 9:30 Morning Meet Up 11 10:00 PathFinders 11:00 Seated Exercise 12:00 Music 1:00 Joyful Movement and Dance 2:00 Simple C Trivia 3:30 Bingo | 9:30 Moments of Praise 12 10:00 Daily Goodness 11:00 Sit & Stretch 12:00 Music 1:00 Car Trivia 2:00 Art w/ Julie 3:30 Bingo | 9:30 Rise and Shine 13 10:00 Touch the Sky 10:30 Singing Hearts 11:00 Joyful Movers 2:00 Family Movie 3:30 Games 4:00 Puzzles and Trivia |
| 9:30 Graceful Mornings 14 10:00 Grace & Giggles 11:00 Move & Groove 12:00 Family Movie 1:00 Music 2:00 Tabletop Games 3:30 Patio Games <small>Flag Day (U.S.)</small> | 9:30 Mindful Morning 15 10:00 Praise Break 10:30 Move & Groove 1:00 Music & Movement 1:30 Memory Lane 70's 2:00 Patio Walk 3:30 Bingo | 9:30 Get Up and Glow 16 10:00 Hymns & Hope 10:30 Balloon Ball 12:00 Brother Ricky Music 1:00 Guess that Sound 2:00 All about Potatoes 3:30 Bingo | 9:30 Graceful Morning 17 10:00 Hymns & Hope 10:30 Art w/Green Oaks 12:00 Music 1:00 Story Time 2:00 Patio Games 3:30 Bingo | 9:30 Morning Meet Up 18 10:00 PathFinders 11:00 Seated Exercise 12:00 Music 1:00 Joyful Movement and Dance 2:00 Simple C Trivia 3:30 Bingo | 9:30 Moments of Praise 19 10:00 Daily Goodness 11:00 Sit & Stretch 12:00 Music 1:00 Classic "Dad" Movie 2:00 Father's Day Social 3:30 Bingo <small>Juneteenth</small> | 9:30 Rise and Shine 20 10:00 Touch the Sky 10:30 Singing Hearts 11:00 Joyful Movers 2:00 Family Movie 3:30 Games 4:00 Puzzles and Trivia |
| 9:30 Graceful Morning 21 10:00 Grace & Giggles 11:00 Move & Groove 12:00 Family Movie 1:00 Music 2:00 Tabletop Games 3:30 Patio Games <small>Father's Day Summer Begins</small> | 9:30 Mindful Morning 22 10:00 Praise Break 10:30 Move & Groove 1:00 Music & Movement 1:30 Memory Lane 80's 2:00 Patio Walk 3:30 Bingo | 9:30 Get Up and Glow 23 10:00 Hymns & Hope 10:30 Balloon Ball 12:00 Brother Ricky Music 1:00 Guess that Sound 2:00 Let's talk Strawberries 2:30 Strawberry Snack 3:30 Bingo | 9:30 Graceful Morning 24 10:00 Hymns & Hope 10:30 Art w/Green Oaks 12:00 Music 1:00 Story Time 2:00 Patio Games 3:30 Bingo | 9:30 Morning Meet Up 25 10:00 PathFinders 11:00 Seated Exercise 12:00 Music 1:00 Joyful Movement and Dance 2:00 Simple C Trivia 3:30 Bingo | 9:30 Moments of Praise 26 10:00 Daily Goodness 11:00 Sit & Stretch 12:00 Music 1:00 Remote control Car Racing 2:00 Patio Games 3:30 Bingo | 9:30 Rise and Shine 27 10:00 Touch the Sky 10:30 Singing Hearts 11:00 Joyful Movers 2:00 Family Movie 3:30 Games 4:00 Puzzles and Trivia |
| 9:30 Graceful Morning 28 10:00 Grace & Giggles 11:00 Move & Groove 12:00 Family Movie 1:00 Music 2:00 Tabletop Games 3:30 Patio Games | 9:30 Mindful Morning 29 10:00 Praise Break 10:30 Move & Groove 1:00 Music & Movement 1:30 Memory Lane 90's 2:00 Patio Walk 3:30 Bingo | 9:30 Get Up and Glow 30 10:00 Hymns & Hope 10:30 Balloon Ball 12:00 Brother Ricky Music 1:00 Guess that Sound 2:00 All about Bananas 2:30 Pudding snack 3:30 Bingo | <h1>June 2026</h1> <h2>The Harbor</h2> | | |  |