

Life. Love. Legacy.™ 3000 Veterans Pkwy S Moultrie, GA 31788 (229) 890-3342

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Message From Your Executive Director



Welcome to July! I hope this month brings you more smiles than mosquito bites and plenty of chances to connect with friends and neighbors.

Did you know July is peak season for fireflies in many parts of the countr

and scientists still can't agree on exactly how fireflie synchronize their blinking lights? In some places, entire fields of fireflies will flash in perfect unison, putting on a light show that even the world's best choreographers couldn't organize. Researchers have studied this mystery for decades, and while they understand the "how" (a mix of biology and environmental cues), the "why" is still up for debate Some say it's about attracting mates, while others think it might help them avoid predators. Either way it's a reminder that there's still a bit of magic left in nature-and sometimes, the best moments are the ones science hasn't quite figured out (kind of like why our socks disappear in the laundry).

Of course, July is also the month we celebrate Independence Day—a time to gather, reflect on freedom, and appreciate the spirit of community that brings us all together. Here's a little-known fact: the Continental Congress actually voted for (

d or ⁻ y, es	independence on July 2nd, 1776, not the 4th! John Adams, one of our Founding Fathers, was so certain July 2nd would be the day we'd always remember that he refused to celebrate the Fourth for the rest of his life. The Declaration of Independence was adopted on July 4th, but most delegates didn't even sign it until August. Just goes to show, even history likes to keep us on our toes!
	Whether you're watching fireworks, enjoying a favorite summer meal, or simply spending time with loved ones, I hope you find moments this month that remind you of the strength and resilience we share.
е. У,	Our calendar is packed with activities and opportunities to learn, laugh, and make memories. Please take a look inside, keep the calendar handy, and join us whenever you can.
	Thank you for another month of letting us be a part of your lives and for trusting us with your care—or the care of your loved ones. We're grateful, every single day.
	Here's to a July full of wonder, connection, and maybe a little firefly delight.
C	Sincerely, Justia R Mchiglet



A Life of Grit and Grace: Spotlight on Faye Holland



If you've ever met Faye Holland, you know she's a force of nature outgoing, determined, and always ready with a smile or a story. Born in Huntsville, Alabama on July 15, 1932, and raised in Nashville, Tennessee, Faye's life has been one of resilience, service, and to those around her

deep connection to those around her.

Faye spent many years as a property manager for the Jordan Company in Columbus, Georgia, but her proudest roles have always been those centered on family and service. Both of her husbands were combat veterans, and Faye has called herself blessed to serve as an Army wife. She often found strength and camaraderie among other military families, building friendships that became family and learning to cherish every moment together.

Faye is known for her can-do spirit—if something needed doing, she did it. She never shied away from rolling up her sleeves, whether it was handling the challenges of daily life or tackling a job herself when others kept her waiting. That determination and resourcefulness have guided her through every chapter of her life.

In 1969, Faye married Colonel Hoyt Holland, and in 1984, the couple made their home in Moultrie, Georgia. Faye and Hoyt shared a devoted marriage for 46 years, until his passing in July of 2015. Together, they were instrumental in fundraising for the Veterans bus that traveled to Lake City from the Fort Benning area—a project close to Faye's heart. She fondly recalls volunteering with fellow supporters, feeding and offering cold drinks to everyone who boarded the bus, creating countless memories she still treasures.

Family remains at the core of Faye's life. Her late daughter, Katheryn Lynn Marsh, was a well-known artist in St. Augustine, Florida—her creative spirit is remembered with love. Faye's son, Robert Lee Marsh, is her devoted caregiver and a lifetime member of the Professional Golf Association of America. Her grandson, Donovan Jacob Marsh, graduated from Jacksonville State University in Alabama and now coordinates events at the Perry, Georgia, fairgrounds.

Here at Legacy Village, Faye is known for her warmth and her love of socializing. She thrives in

the Christian atmosphere, enjoys the company of friends, and is always grateful for the staff who help make Legacy a welcoming home. Faye is quick to share her appreciation for the good food and the sense of community that fills her days.

Through every chapter of her life whether managing properties, supsupporting veterans, or bringing a smile to those around her—Faye has found her greatest joy in serving others. Her faith, and unwavering spirit inspire everyone lucky enough to know her.

We are honored to celebrate Faye living with purpose, grace, and heart.

Celebrating the 8th Birthday of our Youngest Volunteer, Tiara!





GRILLING, GAMES, & GREAT COMPANY: FATHER'S DAY IN PHOTOS



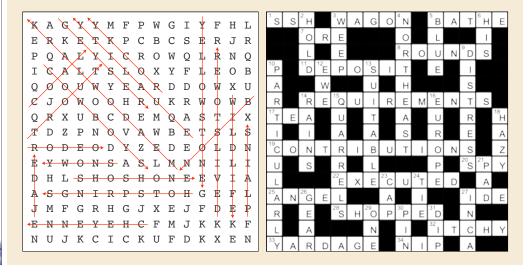








legacysl.net/ Alzheimers-support



NEWSLETTER | JULY 2025







Chaplain's Corner



Greetings once again in the name of our Lord Jesus Christ.

It's that time of year when we celebrate our Declaration of Independence and

the liberties we are privileged to enjoy. Throughout history, sacrifices have been made by others so that we can share these same freedoms.

As we celebrate the freedom we have here in America, let us also remember the sacrifice our Lord Jesus Christ made for us on Calvary. He was despised and rejected by his own, falsely accused, and beaten with many stripes—for you and me. At any moment, He could have called on ten thousand angels to deliver Him, but because of love, He endured it all to purchase our freedom.

Thank God for His Son Jesus, who redeemed us back to our Father God and cleansed us from all our sins. Yes, whom the Son (Jesus) sets free is free indeed. Always give God the glory, honor, and praise for our freedoms—both spiritual and natural!

Chaplain Ricky McLaughlin

LEGACY VILLAGE AT PARK REGENCY



Host a Red, white & Blue Social



Gather friends and neighbors for an indoor or shaded outdoor social featuring light snacks and patriotic music. Decorate with American flags, table centerpieces with mini sparklers (unlit for safety!), and red, white, and blue tableware. Add in a game or two like 4th of July trivia or bingo for extra laughs.

Host a Classic Cook-out Senior-Style

If the weather allows, host a traditional barbecue with senior-friendly options: grilled chicken, veggie kabobs, watermelon slices, and sugar-free lemonade. Set up tables under umbrellas or a shaded area to keep cool, and be sure to offer plenty of water to stay hydrated.

Celebrate the 4th of July with Friends and Festivities!

Independence Day is a wonderful time to come together in celebration of our nation's history—and it's a great opportunity for senior citizens to enjoy good company, patriotic spirit, and summertime fun. Whether you prefer relaxing with friends or getting a bit festive, there are many ways to make July 4th special, safe, and memorable.

Patriotic Sparkling Berry Refresher sugar-free

- 1 c fresh strawberries, sliced (or use frozen)
- $\frac{1}{2}$ c fresh blueberries
- ½ c coconut water or white grape-flavored sparkling water (unsweetened)
- 1 can (12 oz) sugar-free lemon-lime sparkling water (like LaCroix or Bubly)
- Ice cubes
- Fresh mint for garnish (optional)

Directions:

- 1. In a large pitcher or individual glasses, layer the strawberries and blueberries over ice.
- 2. Pour the coconut water (or flavored sparkling water) halfway up the glass.
- Top with sugar-free lemon-lime sparkling water.
- 3. Stir gently and garnish with a sprig of fresh mint or a small American flag toothpick for a festive touch.





Songs, Smiles and Sunday Spirit: The Pathfinders' Heartfelt Ministry



Every week, something special happens in our community. On

Thursdays, and again on Sundays, a little corner of our home is transformed—not by fancy decorations or grand gestures, but by the simple, steady presence of the Pathfinders from The United Methodist Church.

They gather in a space we call "The Living Room." At first glance, it's just that: a cozy room, a piano in one corner, a television above the fireplace. But once the Pathfinders arrive, carrying with them hearts full of kindness and faith, the ordinary becomes extraordinary. The room fills with music—old hymns that seem to reach right into the past, tugging loose memories and smiles. Even those who sometimes struggle to recall the details of their days often find themselves singing along, every word and note returning as if by miracle.

Laughter bubbles up between verses, and prayers are spoken with such sincerity that you can almost feel the air change. The Living Room becomes a sanctuary—a place where burdens are lightened, hope is rekindled, and God's love is present in ways both quiet and profound.

Jesus promised, "Where two or three gather in my name, there am I with them." (Matthew 18:20) The Pathfinders live out that promise each week, reminding us that true ministry isn't about numbers or spectacle, but about faithful hearts showing up with love to give.

To the Pathfinders: thank you. Thank you for your music, your prayers, your laughter, and your unwavering commitment to our residents. You are a blessing to our community, and we are deeply grateful for the light you bring.



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right: in some towns, folks we dress up pigs in patriotic ribbons and race them down Main Street. Prizes were given for the fastest (and best-dressed) pig. Nothing says "freedom" quite like a pig in a bowtie running for glory!







Carolyn Huckaby 🛸 May 2025 Winner

WARD "If anyone forces you to go one mile, go with them two miles." Matt. 5:41

Honoring Carolyn Knighton Huckaby, May 2025 Award Winner

Every once in a while, we

cross paths with someone whose kindness, dedication, and genuine warmth seem to touch everyone around them. For Legacy Village, that someone is Carolyn Knighton Huckaby.

Born and raised right here in Moultrie, Carolyn has been part of the Legacy Village family since 2005. For twenty years, she's brought her heart to work every single day, caring for residents and coworkers alike as if they were her own family. If you've ever met Carolyn, you know-her compassion is something you can truly feel. She greets each day (and each person) with a smile that lifts the entire room, and a positive outlook that encourages everyone around her.

Carolyn's story is woven with love and resilience. Raised by a devoted mother who worked tirelessly to provide for their little family of two, Carolyn learned early on what it means to sacrifice and care for others. Those same gualities shine in her today. When her nephew needed someone to step in, Carolyn opened her heart and her home, raising him from the age of nine. Now that he's grown, Carolyn pours that same nurturing

spirit into her work, showing up for residents and coworkers with unwavering love.

Her faith is the quiet strength behind everything she does. In times of trouble, Carolyn turns to God, and she's guick to share how that faith has turned even the hardest moments into unexpected blessings. She is a living testament to hope-and to the power of believing that better days are always possible.

For the families who trust us with their loved ones. Carolyn's impact is deeply felt. One family member called her a true "rockstar." When a resident was struggling in a local rehab-refusing to eat or get out of bed-it was Carolyn who went the extra mile. She visited, coaxed a smile, encouraged a few bites, and sat with her until she was up and in a chair for the first time in weeks. To Carolyn, these acts are just part of the job. To the rest of us, they are nothing short of extraordinary.

Carolyn, you inspire us. Your heart, your faith, your dedication, and your boundless compassion lift our entire community. We are so grateful for you, and we are beyond delighted to honor you as our May 2025 "Going the Extra Mile" award winner. Thank you for making Legacy Village a better, brighter place for all of us-every single dav.

Reliving Summer **Traditions**







A generous donation of fresh corn from Southern Valley Produce sparked a wonderful afternoon for our residents. As they gathered to shuck corn together, laughter and stories filled the room, with many reminiscing about summers spent with family and friends. The spirit of those old times came alive, and later everyone enjoyed a delicious meal featuring the corn they helped prepare—a true taste of tradition and togetherness.

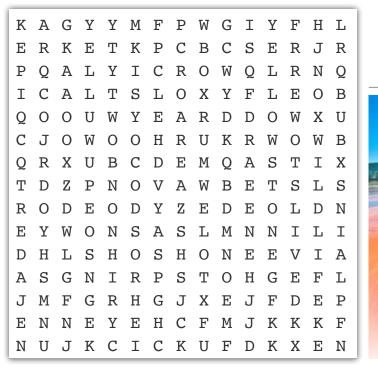


ACROSS

- 1. Often overheard in a library
- 3. Oregon Trail transportation
- 5. Get clean
- 7. Mineral yet to be processed
- 8. Pub orders
- 11. Withdrawal's opposite
- 14. Criteria
- 17. Caffeine source
- 19. Donations
- 20. Mole
- 22. Carried out
- 25. Heavenly host?
- 27. Integrated Drive Electronics, abbrev.
- 28. Made purchases
- 32. Like wool, to some
- 33. Distance gained by a football player
- 34. Small bite

DOWN

2. "I Want to Your Hand," by the Be	eatles	⊢
3. Cry softly		
4. In the United States, New England		33
5. Red + = purple		
6. He's a man of word		
9. Anguish, hardship	16. F	rai
10. Especially	18. V	ag
12. Lamb's mother	21. H	lip
13. Appropriate	23. G	ira
14. "When it, it pours!"	24. V	∕ir
15. Disagreements	26. E	qι



Submit your nominations in the lobby.

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ance's continent gue, as a memory opie's hangout aduate's headwear indsor, for one uipment

- 27. Machu Picchu group
- 29. "The loneliest number"
- 30. Brooch
- 31. Party favorites: chips and ___

Wyoming

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.

BISON CHEYENNE COAL COWBOYS **DEVILS TOWER** EQUALITY

GEYSER HOT SPRINGS JADE MEADOWLARK TROUT PLAINS ROCKY

RODEO SHOSHONE SNOWY WILDLIFE YELLOWSTONE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	y 2025 art of Summer!!!	10:45-Music 11:00- Devotion with Ricky 1:00- Exercise 2:00-Tasty Tuesday 3:30- Bingo	10:30- Self-Reflection 10:45- Music 11:00- Devotion w/ Ms. Hortman 1:00- Exercise w/ Kaylee 2:00- Piano w/ Parker 2:00- Empyrean Teresa/Floats 3:30- Bingo	10:45- Music 11:00-Dev. w/Stanley Norman 1:00- Exercise	10:45- Music	10:00- Self-Reflection 10:30- Music 11:00- Quiet time 2:00- Family Movie 3:30- Bingo
9:30- Pathfinders 11:00- Devotion 2:00- Family Movie 3:30- Bingo		10:45-Music 11:00- Devotion with Ricky 1:00- Exercise 2:00-Tasty Tuesday 3:30- Bingo	10:30- Self-Reflection 10:45- Music 11:00- Devotion w/ Ms. Hortman 1:00- Exercise w/ Kaylee 2:00- Art w/Debbie 3:30- Bingo	10:45- Music 11:00 – Dev. w/ Kelly & Michelle	10:30- Self-Reflection 11 10:45- Music 11:00- Dev. w/ Ms. Hortman 1:00- Exercise 2:00-Snacks & Conversation 3:30- Bingo	10:00- Self-Reflection 1 2 10:30- Music 11:00- Quiet time 2:00- Family Movie 3:30- Bingo
11:00- Devotion 2:00- Family Movie 3:30- Bingo	10:45- Music 11:00- Devotion w/ Ms. Hortman 1:00- Exercise	1:00- Exercise 2:00-Tasty Tuesday 3:30- Bingo	10:30- Self-Reflection 10:45- Music 11:00- Devotion w/ Ms. Hortman 1:00- Exercise w/Kaylee 2:00- Art w/Debbie 3:30- Bingo	11:00- Music w/ Christian friends 1:00- Exercise 2:00- Butter Bean Auction (1 st	10:45- Music 11:00- Dev. w/ Ms. Hortman 1:00- Exercise	10:00- Self-Reflection 1 10:30- Music 11:00- Quiet time 2:00- Family Movie 3:30- Bingo
9:30- Pathfinders 11:00- Devotion 2:00- Family Movie 3:30- Bingo	10:45- Music 11:00- Devotion w/ Ms. Hortman 1:00- Exercise	10:45-Music 11:00- Devotion with Ricky 1:00- Exercise 2:00-Tasty Tuesday 3:30- Bingo	10:45- Music 11:00- Devotion w/ Ms. Hortman 1:00- Exercise w/ Kaylee 2:00- Affinity B-day social/Kristy 3:30- Bingo	10:45- Music 11:00- Devotion w/ Joyce Myer 1:00- Exercise 2:00- Penny Pitching-Haylee	10:30- Self-Reflection 25 10:45- Music 11:00- Dev. w/ Ms. Hortman 1:00- Exercise 2:00- Cookie and M&M madness 3:30-Bingo	10:00- Self-Reflection 26 10:30- Music 11:00- Quiet time 2:00- Family Movie 3:30- Bingo
11:00- Devotion 2:00- Family Movie 3:30- Bingo	10:45- Music 11:00- Devotion w/ Ms. Hortman 1:00- Exercise 2:00- Bible study w/ Myra 3:30- Bingo	10:45-Music 11:00- Devotion with Ricky 1:00- Exercise 2:00-Tasty Tuesday 3:30- Bingo	10:45- Music 11:00- Devotion w/ Ms. Hortman 1:00- Exercise w/Kaylee 2:00- Resident Council 3:30- Bingo	30 10:30- Self-Reflection 31 10:45- Music 11:00- Dev. w/Joyce Myer 1:00- Exercise 2:00-Table top Bingo 3:30-Bingo		

Legacy Village at Park Regency/3000 Veterans Parkway South/ Moultrie, Ga 31788 | "Activities are subject to change"

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	July 2025	10:00- Moments of Praise 10:30- Yoga w/ Kaley 1 11:30- Music 12:00- Solo Cup Challenge 1:30- Beach Ball throw 3:30- Guess who 50's theme	10:00-Hymns & Hope 10:30-Green Oaks 11:30-Music 12:00- Cooking Station 1:30-Ball Toss 3:30- Memory Lane	3 9:30-Rise and Revive 10:00- Pathfinders 10:30- Wiggle and Wellness 11:30- Music 12:00- Laundry Station 2:00- Music with Andy 3:30- Who's that star 4:00- Memory Game	4 9:30- Mindful Morning 10:00- Praise Break 10:30- Move and Groove 11:30- Music 12:00-Kitchen Station 1:30- Art 3:30- Bingo 4:00- Memory Challenge Independence Day (US)	5 9:30-Morning meet up 10:00- Spirit Lift 10:30- Touch the sky 11:30- Music 12:00-Solo Cup challenge 2:30- Family Movie 3:30- Game on patio 4:00-Memory Trivia
9:30- Rise and Shine 10:00- Grace & Giggles 11:30- Music 12:00-Folding Station 2:00- Family Movie 3:30- Games	9:30- Happy Start 10:00- Hearts and Hymns 10:30- Sunrise Shakers 11:30- Piano w/ Janice 12:00-Baby Day Care station 1:30- Bubbles on porch 3:30- Sorting Games 4:00- Time Challenge	10:00- Moments of Praise 10:30- Yoga w/ Kaley 11:30- Music 12:00- Wood workstation 1:30- Wacky food combos 3:30- 70's Flashback	9 9:30-Graceful Morning 10:00-Hymns & Hope 10:30-Green Oaks 11:30-Music 12:00 Musical Instruments 1:30- I Spy Games 3:30- Memory Lane 4:00-Interesting Facts	10 9:30-Rise and Revive 10:00- Pathfinders 10:30- Wiggle and Wellness 11:30- Simple C 12:00- Cleaning station 1:30 - Popsicles on Porch 3:30- Puzzles 4:00- Guess that tune	11 9:30- Mindful Morning 10:00- Praise Break 10:30- Move and Groove 11:30- Music 12:00- Solo cup challenge 1:30- Balloon Toss 3:30- Bingo 4:00-Name that animal	12 9:30-Morning meet up 10:00- Spirit Lift 10:30- Touch the sky 11:30- Music 2:30- Family Movie 3:30- Game on patio
9:30- Rise and Shine 10:00- Grace & Giggles 11:30- Music 12:00- Stacking 2:00- Family Movie 3:30- Games	9:30- Happy Start 10:00- Hearts and Hymns 10:30- Sunrise Shakers 11:30- Piano w/ Janice 12:00- Career Station 1:30- Art w/Sarah 3:30- Poetry 4:00- Guess that Logo	9:30- Get up and Glow 10:00- Moments of Praise 10:30- Yoga w/ Kaley 12:00-Solo Cup Challenge 1:30- Fun w/ Colors 3:30- Guess that logo 4:00- Name that Location	9:30-Graceful Morning 10:00-Hymns & Hope 10:30-Green Oaks 11:30-Music 12:00-Kitchen Station	17 9:30-Rise and Revive 10:00- Pathfinders 10:30- Wiggle and Wellness 11:30- Music 12:00-Career Day 2:00- Music with Andy 3:30- Name that fruit 4:00- Guess that price		19 9:30-Morning meet up 10:00- Spirit Lift 10:30- Touch the sky 11:30- Music 2:30- Family Movie 3:30- Game on patio
20 9:30- Rise and Shine 10:00- Grace & Giggles 11:30- Music 2:00- Family Movie 3:30- Games	21 9:30- Happy Start 10:00- Hearts and Hymns 10:30- Sunrise Shakers 11:30- Piano w/ Janice 12:00- Let's talk Disney 1:30- Art w/Sarah 3:30- Poetry 4:00- Remember when Board	9:30- Get up and Glow 10:00- Moments of Praise 10:30- Yoga w/ Kaley 12:00-Cleaning Station 1:30- Aroma therapy 3:30- Picture Bingo 4:00-Interesting Facts	9:30-Graceful Morning 10:00-Hymns & Hope 10:30-Green Oaks 11:30-Music 12:00-Musical Instruments 1:30- I Spy Games 3:30- Memory Lane 4:00- Guess that Restaurant	24 9:30-Rise and Revive 10:00- Pathfinders 10:30- Wiggle and Wellness 11:30- Simple C 12:00- Let's talk potatoes 1:30- Popsicles on Porch 3:30- Patio Bowling 4:00-Hum that Tune	25 9:30- Mindful Morning 10:00- Praise Break 10:30- Move and Groove 11:30- Music	9:30-Morning meet up 10:00- Spirit Lift 10:30- Touch the sky 11:30- Music 2:30- Family Movie
27 9:30- Rise and Shine 10:00- Grace & Giggles 11:30- Music 2:00- Family Movie 3:30- Games	9:30- Happy Start 10:00- Hearts and Hymns 10:30- Sunrise Shakers 11:30- Piano w/ Janice 12:00-Magazine Day 1:30- Name that tune 50's- 60's 3:30- Painting 4:00- Time Travel	9:30- Get up and Glow 10:00- Moments of Praise 10:30- Yoga w/ Kaley 12:00- Decorate for race 1:30- Chair race 3:30- Guess that Flavor 4:00-Where does it grow board games	30 9:30-Graceful Morning 10:00-Hymns & Hope 10:30-Green Oaks 11:30-Music 12:00- Name that price 1:30-Ball Toss 3:30- Memory Lane 4:00- Interesting Facts	9:30-Rise and Revive 10:00- Pathfinders 10:30- Wiggle and Wellness 11:30- Music 12:00- Repeat the phrase 2:00- Music with Andy 3:30- Popsicles on Porch 4:00- Letter search	The Harbo Enjoying memories with fun, sun and lemonade!!!	Dr Aller

The Harbor at Legacy Village at Park Regency, 3000 Veterans Parkway S., Moultrie, Ga 31788 | Activities are subject to change.