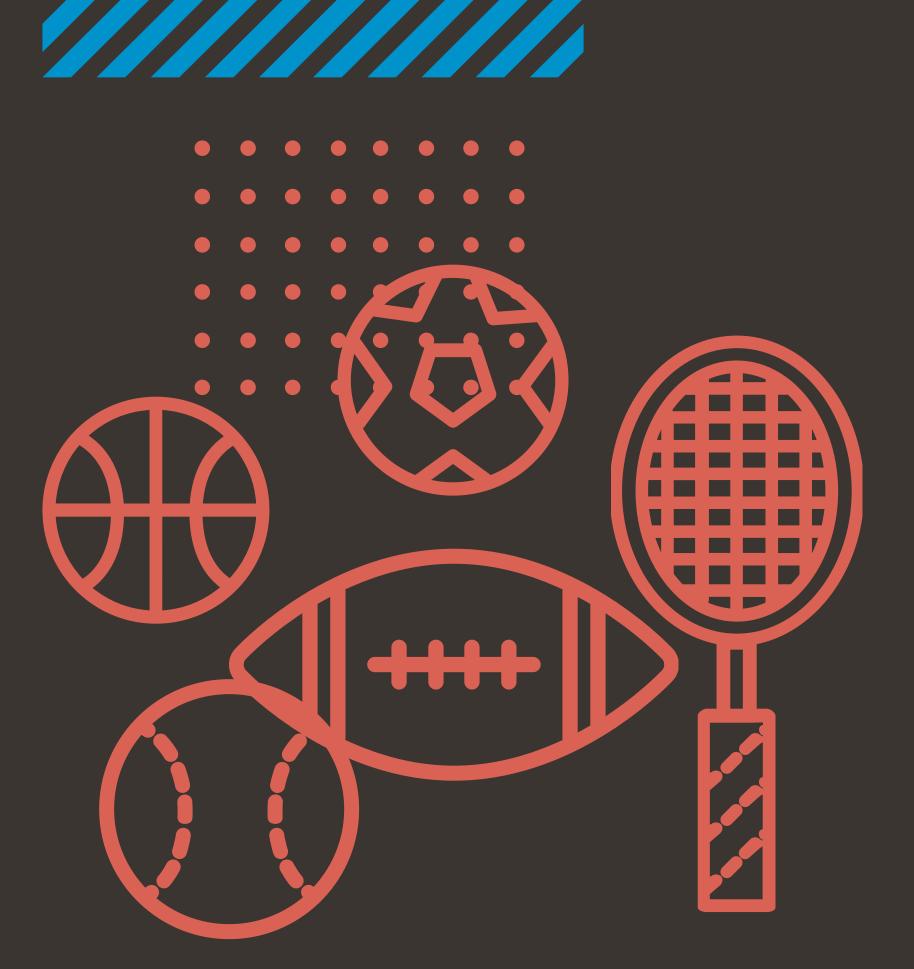


## POWER CAMP

POWER CAMP IS A
MULTI-SPORTS DAY
CAMP FOR 3RD-6TH
GRADE ATHLETES. THAT
INCLUDES BEING
ENCOURAGED IN THEIR
FAITH THROUGH
WORSHIP, GUEST
SPEAKERS, AND HUDDLES
WITH LEADERS.

8
AAAA

1 PM



WHEN: OCTOBER 11-13

WHERE: CARSON MIDDLE

SCHOOL

WHO: 3RD-6TH GRADES



## Daily Schedule Example:

8:00-8:30 Drop Off & Check In

8:30-9:00 Warm Up (Daily Theme Intro, Group

Stretch/Exercise, Worship Pump Up)

\*On first day, this will include

rules/instructions/etc.

9:00-9:30 Huddle

9:30-10:30 Competition #1

10:30-10:45 Snack/Break

10:45-11:45 Competition #2

11:45-12:15 Chapel

12:15-12:30 Huddle

12:30-1:00 Lunch

1:00 Departure



\*\*\* Breakfast and lunch will be provided each day.

Note: Please pack a lunch & snack if camper has a food allergy or special diet requirement.

## REGISTER AT:

lakeoconeefca.org/lakecountypowercamp
For questions or to apply for
scholarship, please email:
jmcbay@fca.org