



THE BEST EXPERIENCE IS HERE

Menú



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RELAXINGS

■ BÁSICS

CANDLE LIGHT MASSAGE
DEEP TISSUE MASSAGE
INTUITIVE MASSAGE
HOT STONES MASSAGE
BACK MASSAGE
TIRED LEGS MASSAGE

■ SPECIALIZED

LYMPHATIC DRAINAGE MASSAGE
SWEET AWAIT MASSAGE

SIGNATURE TREATMENTS
AND EXPERIENCES

PAMPERS & FACIALS

CANDLE LIGHT MASSAGE



60 minutes \$1,899 MXN
90 minutes \$2,699 MXN

ENJOY ALL IT INCLUDES:

Sauna, Steam room, Sensorial pool and comfort.

- A BETTER EXPERIENCE IS A FEELING OF PEACE -

If you feel physically and mentally tired, the solution is a candlelight massage.

Made with an aromatic candle accompanied by different manipulations with sedative effect that will provide your mind and body total rest. The lit candle is transformed into an aromatic oil that is poured directly on the skin, being a real pleasure for the body and a delight for the senses.

The pressure exerted by the therapist will be soft to medium.

Menú
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DEEP TISSUE MASSAGE

FLORA
SPA

60 minutes \$2,200 MXN
90 minutes \$2,899 MXN

ENJOY ALL IT INCLUDES:
Sauna, Steam room, Sensorial pool and comfort.

- A BETTER EXPERIENCE IS FEELING RELAX -

The deep tissue massage is a technic that combines the acupressure and deep pressure of different tissues to help decrease muscle contractures. It is accompanied by stretching to eliminate muscle tension, increasing their oxygenation and benefit the range of joints movements.

INTUITIVE MASSAGE



60 minutes \$2,399 MXN

90 minutes \$2,999 MXN

ENJOY ALL IT INCLUDES:

Sauna, Steam room, Sensorial pool and comfort.

Do you want a massage that is not gentle, but is not strong? What you need is an intuitive massage, where the therapist will exert the required pressure on the different areas of the body and intuitively perform activating and sedative manipulations and some stretching to release muscle tension.

Benefits: activates blood circulation, reduces stress and gives a feeling of lightness.

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HOT STONES MASSAGE

FLORA
SPA

90 minutes \$2,700 MXN

ENJOY ALL IT INCLUDES:
Sauna, Steam room, Sensorial pool and comfort.

- A BETTER EXPERIENCE IS A FEELING OF PEACE -

Enjoy and relax through a therapeutic technique which consists in a full synchronization of movements using hot obsidian stones. The muscles get stimulated through the heat of stones by giving them energy and inducing you into a deep feeling of inner peace..

BACK MASSAGE



30 minutes \$1,400 MXN

ENJOY ALL IT INCLUDES:
Sauna, Steam room, Sensorial pool and comfort.

- A BETTER EXPERIENCE IS FEELING FREE -

It is a medium pressure massage focused on losing the back, shoulders and glutes tension.

TIRED LEGS MASSAGE



30 minutes \$1,400 MXN

ENJOY ALL IT INCLUDES:
Sauna, Steam room, Sensorial pool and comfort.

- A BETTER EXPERIENCE IS WALKING LIGHT -

The tired legs massage is specific to release the feet and legs tension.

LYMPHATIC DRAINAGE MASSAGE



90 minutes \$2,700 MXN

ENJOY ALL IT INCLUDES:
Sauna, Steam room, Sensorial pool and comfort.

It is an effective treatment to eliminate fluids and toxins from the body, improves blood circulation and reduces stress and headaches, helps to improve digestion and cellulite appearance. Recommended during and after pregnancy and after surgery.

(Important to take several sessions for more optimal results)

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SWEET AWAIT MASSAGE

FLORA
SPA

60 minutes \$1,900 MXN

ENJOY ALL IT INCLUDES:
Sauna, Steam room, Sensorial pool and comfort.

- A BETTER EXPERIENCE IS GIVING LIFE -

It is a relaxing massage performed with subtlety and care focused on the areas of greatest tension during pregnancy such as legs and lower back, improves blood circulation and the immune system, increasing the well-being of the future mother.

Recommended from the fourth month.



SIGNATURE TREATMENTS AND EXPERIENCES

AMANKAYA MASSAGE

SWEET REST BODY EXFOLATION MASSAGE

RENEWED SKIN CORPORAL TREATMENT

CACAO EXPERIENCE MASSAGE

MESSAGE AND RITUAL
RELAXINGS

PAMPERS & FACIALS

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AMANKAYA MASSAGE



90 minutes \$3,000 MXN

ENJOY ALL IT INCLUDES:

Sauna, Steam room, Sensorial pool and comfort.

- A BETTER EXPERIENCE IS FEELING COMPLETELY RESTED -

Let yourself be pampered from head to feet with our signature massage Amankaya, which combines the aromatic and soothing properties of natural herbs with relaxing manipulations, light stretching and the pleasant heat of the hot stones that will oxygenate your muscles giving your body a total rest, reducing stress, physical and mental tension.

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SWEET REST BODY EXFOLIATION TREATMENT

FLORA
S P A

60 minutes \$1,900 MXN

ENJOY ALL IT INCLUDES:
Sauna, Steam room, Sensorial pool and comfort.

Enjoy the benefits of an aromatic body exfoliation recommended to eliminate dead cells that get accumulated on the skin surface, improving the process of cell renewal and oxygenation, activating blood microcirculation to reveal smoother and more uniform skin.

Recommended before or after a trip or before applying body nourishing products.

Alternative to a relaxing massage

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RENEWED SKIN CORPORAL TREATMENT

FLORA
SPA

ENJOY ALL IT INCLUDES:

Sauna, Steam room, Sensorial pool and comfort.

90 minutes \$3,499 MXN



It is a full experience to pamper your skin from head to toes and consists on a body exfoliation to eliminate dead cells, preparing your skin for a nourishing body mask, ending with a hydrating facial that will result in a clean and silky skin.

Options: Angel Foam (moisturizes and relaxes) or Clay (relieves sunburn, mosquito bites, improves skin function)

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CACAO EXPERIENCE

FLORA
SPA

90 minutes \$3,299 MXN

ENJOY ALL IT INCLUDES:
Sauna, Steam room, Sensorial pool and comfort.

Live a unique, sensitive and energetic experience thanks to the nourishing, moisturizing and protective properties that cocoa brings to your skin.

The experience consists of an exfoliation, followed by a mask made from natural cocoa, ending with a 30 minutes back massage.



PAMPERS AND FACIALS REJUVENATION

DEEP DETOX FACIAL CLEANING

BALANCING FACIAL

GEMA FACIAL

VITAMIN C LUMINOUS

DEEP HYDRATION FACIAL

REGENERATING FACIAL

FACIAL FOR MEN

DAY SPA

SIGNATURE
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DEEP DETOX CLEANSING FACIAL

FLORA
SPA

80 minutes \$3,000 MXN

ENJOY ALL IT INCLUDES:
Sauna, Steam room, Sensorial pool and comfort.

- A BETTER EXPERIENCE IS HAVING A CLEAR SKIN -

The Deep Cleansing Facial restores and purifies asphyxiated skin from visible damage caused by the environment. It neutralizes free radicals and beautifies the appearance of the skin, restoring all its tone and radiance

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BALANCING FACIAL

FLORA
SPA

80 minutes \$2,599 MXN

ENJOY ALL IT INCLUDES:
Sauna, Steam room, Sensorial pool and comfort.

- A BETTER EXPERIENCE IS HAVING A BALANCED SKIN -

The Balancing Facial is a recommended treatment for oily skin.

Balances and normalizes the oily levels, eliminates clogged pores and reduces bacterial proliferation. Provides a shine-free appearance and a pleasant sensation of freshness.

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GEM MINERALIZING FACIAL



80 minutes \$3,399 MXN

ENJOY ALL IT INCLUDES:
Sauna, Steam room, Sensorial pool and comfort.

- A BETTER EXPERIENCE IS HAVING A REGENERATED SKIN -

Facial with exclusive ingredients, which combat globally the consequences that pollution and overexposure to blue light (screens, smartphones, tablets, etc.) cause on our skin, reinforcing its defenses to prevent and stop the process towards premature aging.

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VITAMIN C LUMINOUS FACIAL

FLORA
S P A

80 minutes \$3,199 MXN

ENJOY ALL IT INCLUDES:
Sauna, Steam room, Sensorial pool and comfort.

- A BETTER EXPERIENCE IS HAVING A RADIANT SKIN -

The vitamin c luminous facial treatment has the powerful antioxidant action of vitamin C. It's recommended for skins without: vitality, luminosity, discoloured or exhausted.

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Spa

DEEP HYDRATION FACIAL

FLORA
S P A

80 minutes \$2,999 MXN

ENJOY ALL IT INCLUDES:
Sauna, Steam room, Sensorial pool and comfort.

- A BETTER EXPERIENCE IS HAVING A TONED UP SKIN -
- It is a treatment that helps to recover, balance and maintain optimal hydration levels in the skin, increasing the retention capacity and reserve of water inside the cells, protecting it from inclement weather.



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REGENERATING FACIAL

FLORA
SPA



80 minutes \$3,000 MXN

ENJOY ALL IT INCLUDES:
Sauna, Steam room, Sensorial pool and comfort.

Powerful moisturizing and rejuvenating facial, ideal for devitalized skin with loss of elasticity. This facial uses regenerating rosehip oil and a rose extracts mask with nourishing, regenerating, healing and soothing properties, resulting in a skin with greater vitality.

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FACIAL FOR MEN

FLORA
SPA

80 minutes \$3,299MXN

ENJOY ALL IT INCLUDES:
Sauna, Steam room, Sensorial pool and comfort.

- A BETTER EXPERIENCE IS HAVING A SPOTLESS SKIN -

The high performance cosmetic facial for him is a treatment exclusively created to give an answer for the needs and care of male skin.

Restores lost energy and vitality to male skin, while eliminating accumulated toxins.

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Spa

DAY SPA

FLORA
SPA

60 minutes \$600 MXN



ENJOY ALL IT INCLUDES:
Sauna, Steam room, Sensorial pool and comfort.

Enjoy all the benefits of the SPA in company of your lovely ones or alone. Includes use of the installations: Sauna, steam room, pool, relaxing hall, dressing rooms, lockers and towels.



HEALTH PROTOCOLS AND SANITIZATION

The best experience must contemplate in first place your safety and health. We always have been professionals with our standards of immaculacy. Now we implement new and reinforced protocols of sanitization that will allow you to enjoy our installations and into a safe stay. Likewise our trustful home service will take care of you, your relatives and ourselves.



Professional and qualified workers.



Protected and capable staff on the sanity rules.

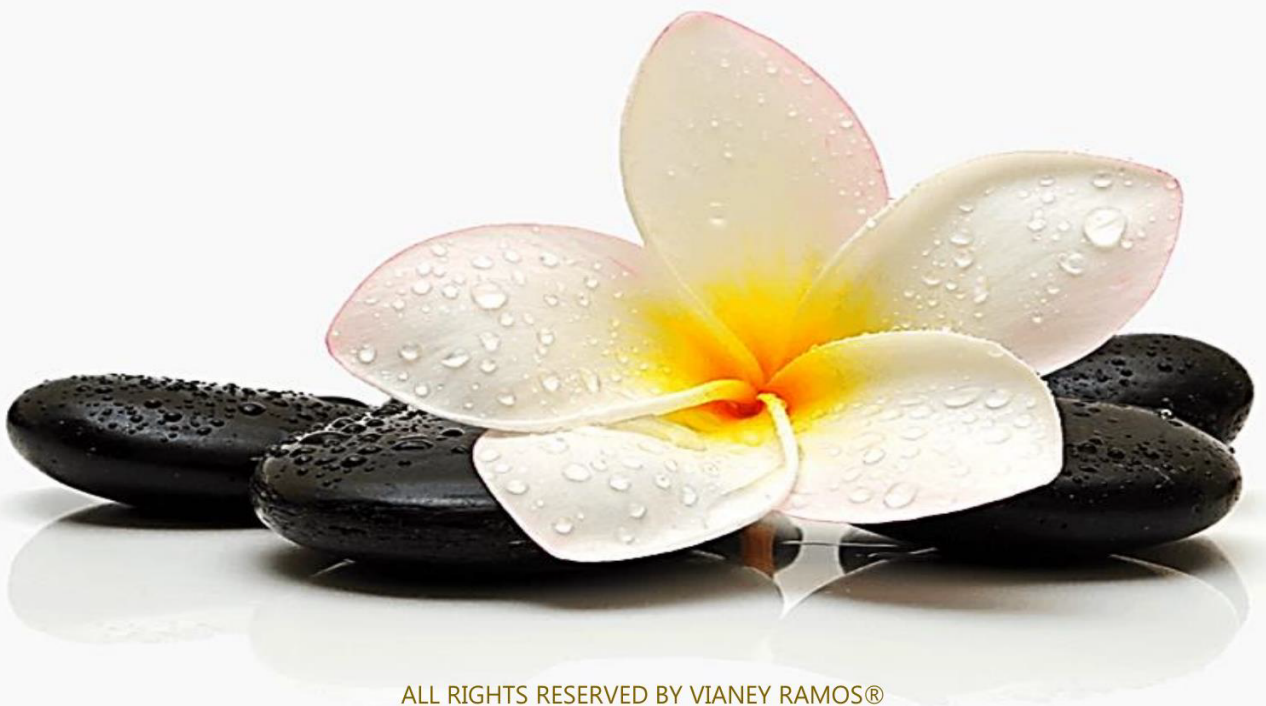


Sanitization on established time by indicated and certificated providers.



Daily disinfection in spa, swimming pool and halls that are kept clean and safe.

FLORA
SPA



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