

Resource & Provider Directory

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perinatal preparation classes



CHILDBIRTH EDUCATION CLASSES

[Intimate Connections Doula](#)

[South Shore Hospital](#)

[Beth Israel Hospital](#)

[Spinning Babies](#)

[Body Ready Method](#)

NEWBORN PREP CLASSES

[The Apiary](#)

[South Shore Hospital](#)

[Over the Moon Parenting](#)

[Nurture by NAPS](#)

[Boston Area Doulas](#)

INFANT FEEDING CLASSES

[Lynne Ricardo, IBCLC](#)

[Stanton Lactation](#)

[Made of Gold Lactation](#)

[Over the Moon Parenting](#)

[Latched at First Sight](#)

perinatal providers & support professionals



MIDWIVES

[The Midwives at South Shore Hospital](#)

[Crown Obstetrics & Gynecology](#)

[South Shore Home Birth](#)

[Birth Matters Midwifery Care](#)

[Roots Midwifery](#)

BIRTH DOULAS

[Intimate Connections Doula](#)

[Safe Harbor Doula](#)

[Eden Birth Services](#)

[Boston Area Doulas](#)

[Boston Birth Villiage](#)

[Cape Cod Babies](#)

[Doulas of the Dispota](#)

[Boston Doula Circle](#)

[Entera Doula](#)

[Doula Match](#), [Dona](#), & [CAPPA](#)

lactation support professionals



INFANT FEEDING SPECIALISTS

[Invisible Thread Perinatal x The Apiary](#)

[Charlene Fraser](#)

[Over the Moon Parenting Breastfeeding Support Group](#)

[Feeding with Katie](#)

[Latched at First Sight](#)

[South Shore Hospital Breastfeeding Support Group](#)

[Lynne Ricardo](#)

[Rachel O'Brien](#)

[The Lactation Network](#)

[Made of Gold Lactation](#)

[Shelly Taft](#)

[Lactation Hub](#)

[The Boobie Mama](#)

[Flourish Feeding](#)

[Nurture by NAPS](#)

in home postpartum support



POSTPARTUM DOULAS

[Invisible Thread Perinatal](#)

[Safe Harbor Doula](#)

[Cape Cod Baby](#)

[Eden Birth Services](#)

[Village Birth and Beyond](#)

[Boston Area Doulas](#)

[Entera Doula](#)

[Charlene Fraser](#)

[Doulas of the Dispore](#)

[Boston Birth Villiage](#)

[Boston Doula Circle](#)

OVERNIGHT NEWBORN CARE

[South Shore Sleepers](#)

[Boston NAPS](#)

[Sarahs Sweet Sleepers](#)

[Infant Night Solutions](#)

perinatal mental health and wellness



MENTAL HEALTH RESOURCES

[SOLEO Wellness](#)

[Root and Rise Perinatal](#)

[Alexandra Casamassima](#)

[Perinatal SHORE Program](#)

[The Leggett Group](#)

[Postpartum Support International](#)

SUPPORT GROUPS

[The Apiary](#)

[SOLEO Wellness](#)

[Root and Rise Perinatal](#)

[Beyond the Manuals Parenting](#)

[Feeding with Katie](#)

[The Newly Mom](#)

[Lightwork Therapy & Recovery](#)

[Boston NAPS](#)

related service providers



PEDIATRICIANS

[Scituate Pediatrics](#)

[Cohasset Family Practice](#)

[Beacon Pediatrics](#)

[Milton Pediatrics](#)

[Quincy Pediatrics](#)

PEDIATRIC & ADULT BODYWORKERS

[Talia Fenoglietto, DC](#)

[Seaside Chiropractic](#)

[Noth River Family Chiropractor](#)

[Wholesome Healing Chiropractic](#)

[Body Blueprint Wellness](#)

[The Enlightened Dawn](#)

[Perry Family Chiropractic](#)

[Johnston Family Acupuncture](#)

[The Modern Acupuncturist](#)

related service providers



PELVIC FLOOR PHYSICAL THERAPY

[Peak Physical Therapy](#)

[Skylark Pelvic Health](#)

[FitPartum](#)

[Foundations Pelvic Health](#)

[Momlife Health](#)

[She Thrives Therapy](#)

PERSONAL TRAINING

[FitPartum](#)

[Lifted](#)

[Ari Kissick](#)

[Your Fit Mom YFM—Kayla Mehr](#)

[Ab Rehab](#)

NUTRITION/FITNESS

[East Coast Women's Fitness](#)

[New Moon RD](#)

[Coord Health](#)

related service providers



SPEECH/MYO/FEEDING THERAPY

[Myo Speech & Feeding Center](#)

[Little Snackers Therapies](#)

[South Shore Therapies](#)

[Leading Therapy Home](#)

[Speech Language Pathology Center](#)

[Free to Feed—Virtual \(Allergy Specific\)](#)

PEDIATRIC OCCUPATIONAL/PHYSICAL THERAPY

[South Shore Therapies](#)

[Leading Therapies Home](#)

[Speech Language Pathology Center](#)

[Peak Physical Therapy](#)

[Baby Matters OT](#)

PEDIATRIC SLEEP CONSULTANTS

[Big Picture Sleep](#)

[Lynne Ricardo](#)

[Baby O and I](#)

[Beautiful Dreamer Baby](#)

[Sleep Shore](#)

[Slumberly Sleep Coaching](#)

allied businesses I love



[Hold My Hand Parenting](#)

[Sign and Script](#)

[Balance Studio](#)

[Colleen Marie Healing](#)

[Happy Hearts Playspace](#)

[Studio143](#)

[Scituate Salt Caves](#)

[Clayton Learning Lab](#)

[The Office South Shore](#)

[Aesthetic by Cara Audrey](#)

[Danielle Robertson Photography](#)

[Buttonwood Books & Toys](#)

[Safe Harbor Photography](#)

[Meri Lee Photography](#)

[Sea Salt Mercantile](#)

[Kelly Hurley Photography](#)

[Hilary Moore Photography](#)

[Dalby Farm](#)

[Christina Runnals Photography](#)

[Jenni with an Eye Photography](#)

safety resources for all



CHILD PASSENGER SAFETY TECHS

HOW TO FIND A "CAR SEAT TECH"

Scituate PD (2 CPSTs on staff)

Norwell PD (1 CPST on staff)

OTHER AREAS OF SAFETY

988—Suicide and Crisis Line

1.800.944.4773—PSI Warm Line

1.833.852.6262—National Maternal
Mental Health Hotline

WIC Nutrition Program

WIC Breastfeeding Program

1.800.799.7233—Domestic Abuse
Hotline

National Center on Substance Abuse
and Child Welfare

March of Dimes