



4 large red bell peppers, cut in half, ribs and seeds removed ½ lb ground turkey

1 large onion, chopped

1-3 Tbsp. YGY Easy Eats™ Salsa Mix

2 cups cooked rice (leftover rice works well in this recipe)

1 (15 oz) can black beans, rinsed and drained

Cheddar cheese, grated to top peppers

Preheat oven to 375°F. Place peppers in casserole dish and drizzle lightly with melted butter or ghee. Bake for 20 minutes or until tender. Cook ground

turkey in large pan over medium high heat until browned and cooked through. Add in onion and cook until tender. Stir in YGY Easy EatsTM Salsa Mix, rice, and beans. Remove peppers from oven and allow to cool enough to handle. Scoop turkey mixture into peppers. Return to oven and bake 20 minutes. Top with grated cheese and place in oven to melt cheese.

