



3 or 4 ripe avocado

1 Tbsp. Oh! So Onion

1 Tbsp. Oh! So Garlic

1-2 Tbsp. fresh lime juice

 $2 \ tsp.$ The Perfect Blend Seasoning

1 tomato, seeded and chopped

Red pepper flakes - optional

Place avocados in a bowl and mash with a fork, add all other ingredients and mix well. Serve with tortilla chips.

