



## GREEK SALAD

6 cups lettuce, rinsed, dried and chopped

1 red onion, thinly sliced

1 jar (250 mL) Kalamata olives

2 large tomatoes, cut into wedges (or use cherry tomatoes, halved)

1 cucumber, sliced

1 cup feta cheese, crumbled

¼ cup chopped parsley, (optional)

### Greek Salad Dressing

1 Tbsp. **Mediterranean Greek Seasoning Blend**

2 tsp. **Italian Rustico Seasoning Blend**

1/3 cup olive oil

¼ cup red wine vinegar

In a large salad bowl, combine lettuce, onion, olives, tomatoes, cucumber and feta cheese.

Whisk seasonings with olive oil and red wine vinegar, drizzle over salad and toss



- **Mediterranean Greek Seasoning Blend**
- **Italian Rustico Seasoning Blend**